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MK NEWS

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MILTON KEYNES COUNCIL

Safer Communities

The Safer Communities Unit is a Partnership involving Milton Keynes Council, Thames Valley Police, Bucks Fire & Rescue Service and the Primary Care Trust.

Take pride in Milton Keynes: put an end to fly-tipping now!

It's a shame that some residents in Milton Keynes are still illegally dumping rubbish despite the council offering one of the widest number of ways for household waste to be collected free of charge in the country.

This has left council Enforcement Officers frustrated at residents in the borough who are continuing to illegally dump household waste when legal disposal is so simple.

Milton Keynes Council is one of the few local authorities that collect household waste and recycling every week from houses in the area.

Many other local councils have opted to collect waste and recycling on alternate weeks.

By using a simple pink and black bag collection method, rather than wheelie bins, other restrictions - such as limiting the amount of refuse that you can dispose of to one wheelie bin every other week - do not apply.

Enforcement officers are trying to keep Milton Keynes clean

In Milton Keynes you can put out as many pink sacks containing recycling as you wish every week as well as there being no limit to the number of black bags containing everyday waste that can be placed out on your collection day.

In addition there are three Community Recycling Centres where residents can take excess rubbish, DIY waste, grass cuttings, etc free of charge.

These are located at:

- North Crawley Road, Newport Pagnell
- Chesney Wold, Bleak Hall
- Newport Road, New Bradwell.

The Centres are open 7 days a week and they open late (till 8pm) during the summer months to make it even more convenient for their customers – the majority of waste is recycled.

Also the council, unlike the majority of councils in the country, still runs a free special collection for most bulky items upon request.

Council enforcement coordinator, Shaun Greig, said: "It is hard to understand, when it is so easy to dispose of rubbish responsibly, why people throw their unwanted property over their back fence, in a lay-by and in our parks and open spaces.

"It surely must take more effort to do that than just use one of the many free services we offer."

"That is why Milton Keynes Council will always take enforcement action against the few individuals that are unwilling to dispose of their rubbish responsibly."

Councillor Chris Williams added: "With our community sites open until 8pm during the summer as well as accepting commercial waste for a reasonable charge, why fly-tip? Fly-tipping is unsightly, anti-social and illegal – look at what happens when you get caught!"

For advice on recycling, to find out when your collection day is or to book a special collection contact Environment Services Helpline on 01908 252570 email envservices@milton-keynes.gov.uk or visit www.milton-keynes.gov.uk/waste

Dump your rubbish at your peril

A FLY-tipper is counting the cost of his actions after receiving more than £2,000 in fines.

Enforcement officers from the Safer Communities Unit are working hard to make our community a cleaner and better place to live.

Throughout the last 12 months they have taken action by bringing to court irresponsible residents who have dropped litter and fly-tipped ruining the area we all share.

One case involved a driver of a van who, last summer, was seen pulling up in Downs Barn.

The driver got out of the vehicle, opened up the rear doors and threw out three black sacks of rubbish. He got back into the vehicle and drove away.

Enforcement officers from the Safer Communities Unit, traced the vehicle and interviewed the owner.

He was convicted at Milton Keynes Magistrates Court where they fined him for the crime. Those three dumped sacks cost the man more than £2,000.

Enforcement co-ordinator Shaun Greig explained: "If he had driven a couple of miles down the road, he could have left his waste, legally, at Bleak Hall, Newport Pagnell or New Bradwell Community Recycling Centres!

"It would have cost him about 50p worth of fuel and 15 minutes of his time.

"Instead, he has a whopping fine and a criminal record."

Unfortunately, this is not an isolated case. Enforcement officers investigate many offences of illegal dumping and files are regularly submitted to the council's Legal Team to prosecute.

Fly-tipping is a criminal offence for which offenders can receive fines of up to £50,000 and could face a custodial sentence of up to five years.

Illegal dumping can mean throwing away anything from a carrier bag of rubbish to a sofa or fridge, up to a lorry load of rubble and beyond, and it doesn't matter if it is in the middle of the countryside or over a back fence – the offence remains the same.

Make sure to keep all refuse and bulky waste for collection on your property within your boundary.

www.milton-keynes.gov.uk/waste | Report a fly tipper – 01908 252400

Bargain hunters beware sting in the tail

How many of us have had people knock on our door asking us if we want our waste taken away at a reasonable price? Or received a leaflet through the door advertising 'man and a van'?

Yes, we might all have been tempted by a too good to be true bargain price to dispose of our garden or household rubbish, but this one could come with a costly sting in the tail.

If you've taken "advantage" of these competitive prices when disposing of waste, it may be worth reflecting for a moment.

Where is the waste going to end up? Unfortunately, you can't shrug your shoulders in the belief that it is not your responsibility any more.

It remains your waste and, as a householder, you have a duty to take reasonable steps to ensure that your waste is removed by either the council, its contractors or another legally authorised person.

It is not enough to hand over £10 and take their word for it that it is going to the Community Recycling Centre.

If your waste gets dumped, you could be liable to a criminal conviction and a fine of up to £5,000, even if you didn't fly- tip the items yourself!

To avoid this problem always do the following:

- Ask for a Waste Carrier's Registration Number and make a note of it
- Check the number with the Environment Agency on their website at www.environment-agency.gov.uk/publicregisters or 08708 506506
- Obtain a receipt from the Waste Carrier and ensure that their name and address is on the receipt
- Ask them where they will be taking the waste and, if you are in any doubt, don't use them!

If you have any concerns about a Waste Carrier contact the Safer Communities Unit on 01908 252400.

Tough times are no excuse for dumping waste

The retail sector is facing tough times

BUSINESS owners may be facing tougher times as the threat of recession looms but cutting costs on waste disposal may end up costing much more.

The pressures on businesses to save money are growing now, and many economic experts are predicting, at the very least, a slowdown in spending with many predicting a worldwide recession.

Enforcement officers working for the council-backed Safer Communities Unit are reminding businesses of their duty of care when disposing of commercial waste.

It isn't only householders that have a duty of care imposed on them by law. Businesses have much stricter controls on them.

Before employing a company to remove their waste, they must make sure that they are an Authorised Person or Registered Waste Carrier.

All firms must ensure that a written description of their waste accompanies it from handover to disposal.

Copies of these descriptions, or Waste Transfer Notes as they are known, must be kept for two years and Local Authorities can require their production at any point.

Any business that fails to produce its Waste Transfer Notes can find themselves facing a £300 Fixed Penalty Notice.

Businesses, and responsible employees, who fail to look after their waste properly face fines of up to £5,000.

This can include allowing their waste to escape from bins and placing waste outside their bins as well as having their waste dumped by an unscrupulous trader.

Safer Communities Manager, Pete Roberts, said: "We understand that many firms and the people that run them are always under pressure to save money but even during these tougher times some savings are false economies.

"There is never any excuse for breaking the law."

If you need any advice on the disposal of commercial waste please see www.milton-keynes.gov.uk/recycleatwork

Businesses face tough penalites for not controlling their waste

Don't let your old car cost you money after it's gone!

ANY car registered in your name may come back to haunt you if you do not dispose of it correctly at the end of its life.

If your car has reached the end of its useful life and you want peace of mind that it was disposed of properly, Milton Keynes Council can give it to you.

Under its Dial a Wreck scheme, for £20 the council will remove and destroy your old vehicle and ensure that a Certificate of Destruction is issued, ensuring no comeback on you.

Many people are finding that they are getting letters from the DVLA saying they will be fined if they can not produce a Certificate of Destruction.

Failing to inform the DVLA can result in a penalty payment of £80 and, if going to court, could lead to a £1,000 maximum fine.

Ensure you don't get fined by using the Dial a Wreck scheme

Two million cars are scrapped in the UK every year. Recent legislation requires that they are treated in an environmentally friendly way, and that efforts are made to recycle as much of the vehicle as possible. Vehicles that have reached the end of their life have to be taken to an authorised treatment facility where this can be done.

Shaun Greig, enforcement co-ordinator with the Safer Communities Unit, said: "All vehicles dealt with under this scheme will be destroyed with around 85% of each one being recycled and the public can rest assured that all the paperwork will be done and a Certificate of Destruction issued.

"There can be nothing worse than receiving a letter from the DVLA or to find a parking ticket issued to you on a car that was written off many months ago."

For further information, call Milton Keynes Council Abandoned Vehicles on 01908 252277 or see our website www.milton-keynes.gov.uk/abandonedvehicles

Don't be a doggie mess pest!

photo courtesy of Encams

Complaints about irresponsible dog owners who allow their pets to foul pavements, parks and open spaces are on the rise.

According to enforcement officers within the Safer Communities Unit there has been a 10% increase in complaints about dog fouling.

This unpleasant form of litter can generate a lot of bad feeling towards dog owners, especially if you have just walked the mess into your car, home or office.

So council officers are calling on all dog owners to make sure they take a few simple steps when out walking with their pets.

The first step is to always make sure you carry a supply of tidy bags or a poop scooper.

Pete Roberts, Safer Communities Manager, advised: "It doesn't take much to carry a bag and clear up after your dog.

"You can dispose of the mess in dog bins, litter bins or take it home and place it in your domestic refuse.

"Safer Communities Officers are being tasked to patrol areas where this offence is happening on a regular basis, with instructions to issue Fixed Penalty Notices to those who break the law."

Enforcement Officers are issuing £50 Fixed Penalty Notices to those who fail to clear up after their dog. Those that don't pay this notice can go to court and receive a fine of up to £1,000.

Also there are health risks linked to dog mess that can cause blindness through the presence of a worm in the dog faeces causing a disease called Toxocariasis - in the UK 120 cases were reported last year.

To report incidents of dog fouling problems please contact the Safer Communities Unit on 01908 252400 or email safercommunities@milton-keynes.gov.uk

Don't enter our Top Ten Hall of Grime

1

A Milton Keynes Landlord was convicted of fly-tipping and was ordered to pay nearly £2,000.

Despite warnings about previous incidents from Enforcement Officers, he continued to place household and garden waste outside in public areas.

This proved to be an expensive breach of the law and the landlord now has a criminal conviction to boot.

2

During a CCTV operation at local recycling banks, a woman was witnessed dumping bags and bags of non-recyclable household waste next to the banks.

She was prosecuted at Milton Keynes Magistrates Court and given a conditional discharge as well as having to pay hundreds of pounds in legal costs.

Recycling banks are there for recycling only – excess household waste should be taken to one of the three Community Recycling Centres around MK. Areas surrounding recycling banks are regular dumping hotspots where MK Council is deploying cameras to catch offenders.

3

Another example of fly-tipping at recycling banks occurred in Emerson Valley. A man was captured on CCTV dumping household waste outside the bins and was ordered to pay fines and costs totalling £250.

4

Builders have fallen foul of Safer Communities Enforcement Officers as well. One man was ordered to pay more than £1,000 when he dumped a load of builder's waste in a country lane in Newport Pagnell. A building company was fined more than £3,000 when they were seen to dump a ton of tarmac on waste ground on the outskirts of Newport Pagnell.

5

A Stacey Bushes man was arrested when he failed to appear at Milton Keynes Magistrates Court having been summonsed to appear before them for dumping his old kitchen on his neighbour's driveway. As well as a morning in the cells, he was ordered to pay more than £700 in fines and costs.

6

Three Stantonbury residents received criminal records when caught dumping household, DIY and garden waste outside their properties. They had to pay a total of more than £1,200 in fines and costs.

7

A mother received a conditional discharge and was ordered to pay hundreds of pounds when she was witnessed helping her son dump bundles of undelivered newspapers in Greenleys.

8

A woman from Heelands kept putting her bin bags out on the highway days before her collection day despite several warnings. She failed to pay the Fixed Penalty Notice and the Safer Communities Unit took her to court where she had to pay more then £700. Similar cases were brought against a woman from Fishermead and two women from the Lakes Estate.

9

A leisure centre manager was found guilty of allowing staff to repeatedly leave waste outside their skip, despite warnings given to him. He had to pay more than £900 in fines and costs.

10

A Bletchley businessman was ordered to pay more than £500 in fines and costs for breaching his duty of care.

Not only did he leave a commercial-sized freezer on the pavement outside his premises, but when told to get rid of it legitimately, he dropped it off at a Community Recycling Centre and avoided paying for it as commercial waste. It ended up costing him a lot more.

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See MK Recruitment pages inside

Olympic athlete joins city charity run

PAGE 15

There was a party in the Park on Sunday night when Jools Holland and his band came to MK.
The charismatic performer thrilled the crowds in Campbell Park along with his special guests Ruby Turner and Marc Almond.

■ For more pictures and action from Proms in the Park see pages 6 and 7

Former Soft Cell frontman Marc Almond joins Jools Holland on stage in Campbell Park on Sunday

Fast-track funerals

Crematorium services are being speeded up to cope with demand on busiest days

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

THE city's crematorium is so 'overburdened' by bodies funeral services are being speeded up.

On three days a week Crownhill Crematorium funeral service times have been cut to half-an-hour from 45 minutes, often meaning there is no time for tributes.

Lay minister and conservative leader at Milton Keynes Council, Andrew Geary believes the situation could get worse.

Speaking at a cabinet meeting last week, he said: "To try to do justice to someone's life in half-an-hour is simply not possible."

He told MK NEWS that there is often little time for tributes when people are trying to cram two hymns and a prayer into 30 minutes.

And a city counselling executive said that proper funerals are vital to the grieving process and this 'production line' approach may impede some people's recovery.

Milton Keynes Council has agreed to put the Crownhill Crematorium extension out to tender, when the current facility will be doubled in size, but this is not likely to be in place until 2012.

A recent consultants' report recommends further facilities are in place by 2009 because existing facilities of a single chapel and two cremators will 'reach capacity' by 2011. More than £1.5million will be used to fund the extension.

Cllr Geary added: "The main reason we are so overburdened is that the nearest crematorium in the south is in Amersham. We are bringing a lot of cremations up here from Aylesbury.

"Up until 2012 we are going to struggle. We have an ageing population and a growing population so it doesn't look like it's going to get better."

Diana Savage, chief executive of the city counselling centre, which runs the bereavement service, said: "I would support Andrew Geary's view on people being valued. From my point of view I think its important for relatives to be able to say what they feel. It does have implications for their recovery, though obviously it's not the same for everybody.

"For some people it's very hard if they don't feel they have honoured the people they love. I know it is only fifteen minutes but it has a production line feel about it.

"The counter issue if they don't cut it down is that people have got longer to wait for the funeral which is a problem.

"The council is between a rock and a hard place."

A council spokesman confirmed there are around 1,800 cremations annually and this number is increasing at a rate of 90 each year.

INTERNET
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Confusion over parking tickets

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

DRIVERS are getting parking tickets in bays in the city centre despite Milton Keynes Council having no power to give them.

Fixed penalty notices are being given to cars parked in the lay-bys next to thehub:mk, on Avebury Boulevard and Witan Gate, even though there are no signs, road markings or pay and display machines.

Yellow lines run along the road but not actually in the bays which are intended for the emergency services or vehicles loading and unloading.

MK NEWS understands wardens continue to ticket in the area.

While at the scene this newspaper witnessed one car parked in the bay with a ticket.

An off-duty police officer told this newspaper that a warden from parking contractor NCP said they knew giving out tickets there was wrong and that anyone who appeals the fines is guaranteed a refund.

The officer said: "NCP appears to be hoping to cash in on people who don't bother to query tickets once they've been issued.

"It's a pity wardens don't exercise an element of discretion when ticketing, concentrating instead on cars parked illegally in disabled bays or causing an obstruction to other motorists."

Theo Chalmers, chairman of Urban Eden, the group which aims to preserve the original vision of Milton Keynes said: "It is outrageous – all those ticketed ought to be paid compensation.

"I think NCP and Milton Keynes Council ought to be punished."

A council spokesman said: "The bays are actually governed by the double yellow lines, even though they are set back from them. As with normal double yellow lines, drivers can legitimately park their vehicles there if they are loading and off-loading.

"However we had a number of complaints, mainly from the emergency services, about people leaving their cars there, and we did put some warning notices on the vehicles parked there.

"The bays in Avebury Boulevard have not yet been 'adopted' by the council, so we have no powers to ticket cars there, and we're not aware that this has actually happened.

"However, as always, if we have issued a parking ticket incorrectly it will be refunded but we do need evidence to do this."

Dons fan loses his wedding ring applauding a favourite

AN MK Dons fan paid the ultimate penalty while celebrating at a match – he lost his wedding ring

Tom Carrie joined the rest of the Cowshed to give Paul Mitchell a standing ovation at Saturday's friendly against Reading but his wedding band flew from his finger when he jumped up from his seat.

As the final whistle blew the 52-year-old supporter searched desperately for the ring, along with his daughter, Charlotte, and grandsons, Chad and Niall.

Soon a full-scale search by the Dons' stewards had begun but no one could find it and Mr Carrie went home ringless to break the news to his wife of 30 years, Miriam.

Mr Carrie, from Redwood Gate, Shenley Lodge, said: "She was upset about it but she said accidents can happen.

"Paul Mitchell had been out injured for 18 months and I jumped up to applaud him.

"I've lost three stone in the last three months so the ring was a bit looser.

"The ring just shot off my finger.

"My daughter heard it hit the ground and the lady behind us said she saw it ricochet forward.

Fans' fickle finger of fate: Dons boss Roberto Di Matteo laments the loss of Tom Carrie's wedding ring along with Tom's wife, Miriam

"We couldn't find it anywhere."

Yesterday even Roberto Di Matteo heard the news and posed for this photo, to offer some small consolation to the loyal fan.

A spokesman for MK Dons said: "It's an unfortunate incident and we'll be doing everything we can to help Mr Carrie find the ring."

At last night's friendly against Sheffield Wednesday the club made several appeals over the public announcement system requesting that supporters help with the search.

Mr Carrie said: "It's 15 days until my 31st wedding anniversary and I would love to have it back - it's irreplaceable."

The ring is a large gold wedding band, size Z4.

■ If you have found it please call the newsdesk on 01908 689595.

Seven years for stabbing teenager

Jailed: David John Gowing

A 20-YEAR-OLD man has been sentenced to seven years in prison after stabbing a teenager following an argument.

David John Gowing from Bedlemead, Netherfield, pleaded guilty to wounding with intent at Aylesbury Crown Court on Friday.

Gowing was involved in a confrontation at the home address of the victim on Sunday, April 20.

He stormed out of the house and armed himself with a knife, before returning and stabbing the 18-year-old.

The victim sustained serious injuries to his liver, colon and pancreas and remained in hospital for two months.

Sergeant Tim Pollard, who led the investigation, said: "This was an extremely serious incident.

"The victim was close to losing his life and was only saved by the fact he had his mobile phone with him and was able to call for help.

"The fact Mr Gowing left the house and returned later armed with knife shows this was a cold, calculated act.

"The severity of this sentence will hopefully send out a strong message to people that if they use a knife against another person they can expect to spend a long time in prison."

Julia Charles with Dragon James Caan and two of her dancers

Julia dances away with Dragons' cash

AN entrepreneur entered the Dragons' Den on Monday night – and came out on top.

Julia Charles, 27, from Wolverton captivated the 'Dragons' on the hit BBC2 programme with her unique business Dance 4 Me, which provides innovative entertainment, such as people dressed as tables and human tables.

Ms Charles, originally from Newport Pagnell, set up the company seven years ago after bringing her creativity to the entertainment market.

On Monday's Dragon's Den, filmed six weeks ago, she was offered £75,000 for 40 per cent of her business by two pairs of multi-millionaires – Theo Paphitis and Peter Jones or James Caan and Duncan Bannatyne.

Ms Charles, who chose the latter's expertise, said: "They've been working with us heavily already.

"When they showed it last night I had all my family round and James phoned me and told me not to get too drunk.

"They've been to our Mount Farm offices lots."

Just eight minutes of her hour-and-a-half experience was aired on Monday night and the company has already been commissioned to provide entertainment at one of Rod Stewart's events.

The former Radcliffe School student added: "Giving them 20 per cent each of our company is nothing compared to what their name and expertise has given us."

Tidy-up crusader a fly-tip offender

Eco queen? Lisa Banks has a conviction for fly-tipping

BY JESSICA CUNNIFFE

jessica.cunniffe@mk-news.co.uk

A PARISH councillor who set up a campaign to rid her estate of rats is a convicted fly-tipper.

Lisa Banks, of Daniels Welch, Coffee Hall, pleaded guilty to fly-tipping in October last year.

Last week she told MK NEWS that the council needs to tidy up Coffee Hall because rats are rife on the estate.

She blames the rodents' daily presence in her garden on the communal areas of the estate being unkempt and dirty.

However, this newspaper has discovered that the Woughton Parish Council representative and chairman of the Coffee Hall Residents' Association dumped a bag of rubbish next to a recycling bin in Duncombe Street, Bletchley in April 2007.

Ms Banks was sent a fixed penalty notice for £75 but despite receiving a reminder she failed to pay and was eventually fined £120 and ordered to pay costs of £200 at Milton Keynes Magistrates' Court.

After the court case Safer Communities Unit Manager Pete Roberts warned against fly-tipping because it 'encourages others to behave in an anti social manner and poses an environmental health risk'.

Ms Banks said she was made a scapegoat and is in fact an 'eco queen'.

"I'm always doing eco stuff," she said. "I thought I was doing the right thing. I was walking around with my friend's son's nappy. But that was a troubled spot which I didn't know. I was just unfortunate."

The single mum is currently running a petition to lobby the council for action on the rats.

No eagles or albatrosses, just snakes

GOLFERS are used to seeing eagles, birdies and sometimes even albatrosses on the greens of Milton Keynes but now they are on the lookout for snakes.

A poisonous adder was spotted by a professional golfer at Wavendon Golf Club and staff have been keeping an eye out for the serpent.

Employees at the club have searched the course since the sighting in June but have not found any more snakes.

Assistant manager at Wavendon Golf Club, Peter Brooks said: "We've been searching around but our staff haven't seen it again.

"If someone has seen any more then they need to report it to us so we can do something about it.

"It was one of my pro's who spotted it. He saw it on one of the far parts of the course. We are being very vigilant. If there are more my staff will find them."

It is the first time a snake has been seen at the course, on Lower End Road, Wavendon.

Although adders are Britain's only venomous reptile, they are not aggressive and will only attack if harassed or threatened.

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MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Identity crisis

SIR – regarding last week's story 'Anger at school food fingerprints'.

I am a student at Ousedale and there has been a great reception to it. Ousedale has had very few complaints about it.

It helps to stop bullying.

There was a minority of complaints and majority of acceptance.

I was bullied for my card and lost over £100 when it was bullied off me. I think that some students need to wake up and smell the coffee.

Paul Tibble
sent by e-mail

■ SIR – In response to your recent article regarding the fingerprinting of children at Ousedale school.

I am very surprised that some of the complaints are anonymous, I am fully prepared to put my name to the list of people complaining.

I am absolutely furious with the school that this has gone ahead with no consultation with parents whatsoever and I wonder how many other parents would also complain but are totally unaware that it has even happened.

The school only sent out a notice with the pupils the day before fingerprinting was due to take place.

It is my belief this process is totally unacceptable as it goes against any recommendations from a civil rights groups leading barrister who said: "It is the opinion of counsel that, even under existing legislation, schools that take biometrics such as fingerprints from children without seeking prior express informed written parental consent are already skating on very thin ice." as well as the Children's Act 1989 (parental responsibility) or even the DfES recommendation that schools should inform parents and get consent.

Mr R Lawrence
Newport Pagnell

■ SIR – I am writing to confirm that our son's school, St Paul's Catholic School, is also introducing fingerprint digital imaging from the start of the new school year in September.

They say that this is being introduced because a payment card system was less secure, this system is also going to be used for purchasing food from the canteen which means that if a child has insufficient credit on that account then they will not be able to eat at school.

The way to top thisaccount up is by cheque sent to the school, credit or debit card via on-line payment or by pay-point at some local shops.

We are also led to believe that this system will also include a picture of the child as well as their fingerprint and that it is also going to be used for registration at lessons.

It appears to me that there is less security in prisons to keep track of prisoners. Do the words 'big brother is watching' ring any bells?

Graham Gravestock

■ SIR – I live in Olney and have three school age children, my eldest son is due to transfer to the Ousedale annex in September.

We were informed at the new parents evening about the introduction of this scheme for use in the canteen.

This was slipped in just after a speech about how the school would like us to promote our children's independence but are considered incapable of looking after a plastic card.

Olney middle school introduced this system some time ago for use of the library, and I refused to allow my son to take part in this scheme.

I am totally opposed to the principle of using this kind of biometric system on schoolchildren.

I wonder how many parents are opposed to the introduction of national identity cards with all of their details stored on them.

If the children of today get used to giving up their fingerprints and other biometeric data for such trivial matters as school library use and school canteen use, it makes it all the easier for future governments to introduce national compulsory ID cards, DNA, fingerprint and retinal scan databases, then I think a good few more people would be concerned about the use of this technology if they stopped to consider where this kind of thing could possibly lead to.

The biometric information stored in these schools systems my be worthless or unusable today, but what about tomorrow?

The schools claim that this will save parents money and stop bullying, How?

How many text books and how much equipment could the school have bought with the money it has spent on this, quite frankly unnecessary scheme? According to the information we received from Ousedale, parents only need to replace the lunch cards should your child lose them - how many lunch cards would have to be lost before this scheme paid for itself?

Also how does it deter bullying? What is to stop the bully from getting your child to buy something for them (I would presume that this is what would happen with the plastic card) or does the fingerprint scanner know if your child has been bullied into buying a particular item.

The whole thing is a bit too 'Big Brother', unnecessary and a pointless waste of money.

I am sure that the schools themselves have no sinister agendas in mind, but it all just seems a little bit over the top for the use of a school library or canteen and may well be the thin end of an Orwellian wedge.

Mrs Liza-Jane McGinn

Last post?

SIR – On July 8, Weston Underwood Post Office was named on the list of offices facing closure due to 'network changes within the organisation'.

Only two weeks ago the village pulled together to raise £8,500 at the bi-annual Fete for the church. It is hoped that voices of support during the six week consultation period could help to save this valuable asset.

The Post Office has been described as, and possibly is, the prettiest one in the country. It has been run by the Covington family for over 110 years it was started by the current John Covington's grandfather, also John. He ran it until his death in 1915 when it was taken over by his daughter Kate. She ran it for 18 years before it being taken over by Charles Walter Covington.

It was initially in what is now Vine Cottage with the blacksmith's forge next door. This was run by the family in conjunction with the Post Office.

Charles Walter Covington used to deliver the mail before a day's work in the forge.

In 1934 the P O moved to the current location where it was run by Elizabeth May Covington, wife of C W after his death in 1951.

In 1976 the current postmistress took over running it with the help of her husband and son.

Today it is the only remaining office in the group of four villages Weston Underwood, Ravenstone, Stoke Goldington and Gayhurst, known as the Gate Group.

Each village used to have its own Post Office.

Despite services being taken away from the PO it has seen a steady increase in mail work, the core service of the Post Office after all, and acts as a welcome relief for customers from nearby Olney where they would be facing lengthy queues.

History might not count for much but the powers that be should not be allowed to asset strip the basic services from rural communities when we are sure there is a workable solution to keeping them going.

Pat, John and Mark Covington

■ SIR – Our post mistress, Margaret Corrall, came back from a lovely day out from London having attended a garden party at Buckingham Place yesterday with her son Paul, knowing that today she had to tell her customers about the threat to our village Post Office.

So once again there is a threat to rural life in our area.

Our Post Offices are threatened or are to be closed.

Stoke Hammond's is, for the moment, open and I urge local people to use it.

The Post Office has asked us all to write to them concerning our views for their plan for the area as a whole and about the access to future Post Office services including the availability of public transport and alternative access to key services and relevant local demographics and the impact on services.

I don't understand why the elderly, infirm, etc, have to write.

The Post Office managers can get all the information they need from the Internet and other sources available to the rest of us who have access to it.

In addition they must know who uses their services - they only have to speak to the people running the local Post Office or check their own computers.

As far as I can make out, most services, if not all, are logged.

They must know we need and value our village post offices.

By closing the village Post Offices the company will only be cutting its own throat as local business customers find other means to send correspondence.

As usual those who will lose out are the elderly, the disabled, the single parent families, and individuals who use the post office for forms, British Forces Post Office services, stamps, and sending parcels.

I think it's about time a very large protest was mounted, because if we have to queue at Milton Keynes or Bletchley Post Offices for hours on end with heavy parcels and packages the staff there are not going to be well treated when customers eventually reach the counters.

Villagers and townsfolk affected by these threatened closures must write to Laura Tarling, Network Development, Freepost consultation team and no doubt some letters will scorch the paper they are written on!

Hazel Tuner
Church Road, Stoke Hammond

Anywhere, any time – taxi operations explained

SIR – Re the 'Cab confusion' letter from Ron parsons printed on July 2.

We wish to reassure the public that it is legal for private hire vehicles which is licensed by South Northamptonshire Council to drive anywhere outside of their district.

A private hire driver is permitted to drive anywhere in the country, provided the same council has issued their driver's licence and vehicle licence. They must also work for an operator who is also licensed by the same council.

There is no restriction on where the journey starts or ends and the driver does not need to pass through South Northamptonshire at any point.

Any journey taken by a private hire vehicle must be pre-booked through the licensed operator.

Hackney carriage/taxi legislation is different but there is still no restriction on where the journey starts or ends.

If the council find drivers acting outside the terms of their licence we will always act to make sure the public is never put at unnecessary risk.

If anyone requires further information on whether a driver is legal or not, then please contact the licensing department at South Northamptonshire Council on 01327 322192.

Cllr Andrew Grant
Portfolio holder for Safer and Stronger Communities
South Northants Council

LETTERS POLICY

Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

Write to: Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU. E-mail: letters@mk-news.co.uk

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Seized explosive powder not part of a terrorist plot

BY ROB GIBSON
rob.gibson@mk-news.co.uk

A HOME-MADE explosive powder found during a police stop-and-search was not part of a terrorist plot.

Seven men were arrested after a car was searched in Wolverton last Tuesday and two have since been charged with possession of explosive substances for unlawful purposes.

Police in Milton Keynes are concerned about rumours circulating in the community that a bomb and firearms were found.

Chief Inspector Andy Standen told MK NEWS: "We want to reassure the whole community of Wolverton that this is a criminal investigation and not anything more sinister or on a larger scale.

"In no way, shape or form was it a bomb but it is worrying that someone was carrying it in a public place. We're treating this as criminal activity involving drugs, not a counter terrorist operation."

Police at Church Street, Wolverton

He said that police found a knife, illegal drugs and a small quantity of unidentified powder in a car on Aylesbury Street, and arrested the five occupants.

On Wednesday and Thursday, specialist units searched five addresses in Wolverton, including homes in Church Street, Trinity Road, Stacey Avenue, Victoria Street and St Georges Way. They also searched two homes in Greenleys.

Two more suspects were arrested but four men were released without charge.

One man was released with a caution for possession of class A and class B drugs.

Adil Rehman, 19, of Victoria Street, Wolverton, and David Crosby, 30, of Wainers Croft, Greenleys, were charged under the Explosive Substances Act and will appear at Aylesbury Crown Court in August.

A 15-year-old boy, not from Milton Keynes, was charged with possession of a knife.

Initial reports suggested that the incident was related to an ongoing dispute between several families in Wolverton but CI Standen rejected those claims.

"There is no evidence of race-related issues or links with any ongoing local dispute currently evident," he said. This operation involves white men as well as Pakistani men. That puts in doubt the link to the ongoing dispute (in the Pakistani community).

"We've been working quite hard to make sure there is no scope for people to go onto the street and take their feelings out on people. We will keep the peace on the streets of Wolverton."

A Post Office closed for three years may reopen

A POST Office which has been shut for three years may be reopened as others across the city face closure.

This is what councillors and members of the public were told in a meeting with senior Post Office staff organised by Milton Keynes Council on Monday night.

Dozens of people from across Milton Keynes attended the council's external scrutiny panel to protest against the plans to close six branches: Fishermead, Conniburrow, Little Brickhill, Weston Underwood, Water Eaton and Fenny Stratford.

An eight-week consultation began on Tuesday, July 8 as part of the national 'network change programme'.

During the meeting Laura Tarling, network development manager for Post Office Ltd, confirmed that Willen Post Office, which has been closed for three years, is set to reopen.

"Discussions are currently taking place but we can't give any firm time scales," she said.

In response to Cllr Philip Gerrella's question why it could not be left closed to save existing Post Offices she said certain branches need to remain open under the Post Office's access criteria.

The Post Office was also criticised for using population figures for the city from the 2001 Census to help decide which branches would close.

Akudo Ukachukwu, external relations manager for Post Office, said the figures had been used nationally to ensure every area was looked at on equal terms.

Cllr Jenni Ferrans said: "This is the fastest-growing area in the entire country. Seven-year-old data is useless."

Other key concerns raised were the overloading of Crown Walk, CMK and Bletchley Post Offices as rural branches close around them.

Keith Ely, chairman of Bletchley and Fenny Stratford Town Council, said: "Many people go into Bletchley Post Office only to come back out again as the queues are already to the door."

Alison Packer, chairman of Little Brickhill Residents' Association, said the closures would mean nearly a 50 per cent increase in visits to Bletchley Post Office, taking it from 5,000 a year to 7,000.

The council has commissioned a £30,000 business case to consider whether it, or parish councils, could take over the branches or set up mobile post offices.

Consultants for the council are now due to meet Post Office staff privately to discuss its proposals to save one or more of the city's six threatened branches.

■ **To take part in the consultation, write to National Consultation Team, Post Office Ltd, FREEPOST**

Extra homes to be built in plan changes

THOUSANDS more homes are planned for an area which thought it had escaped expansion.

Last week the Government planning inspector recommended that 5,600 extra homes be built and that these should be in the Moulsoe and Newport Pagnell area.

The inspector's amendments to the South East plan also confirm major developments in Wavendon and Newton Longville.

Council leader, Isobel McCall, said the Government is exceeding the 70,000 houses planned for the city by 2031 'by stealth'.

"The Government has ignored the views of Milton Keynes Council, Milton Keynes Partnership, rural parish councils including Moulsoe, many local people and even its own independent panel of experts, set up to review the South East Plan," she said.

Alan Francis, Green Party candidate for Milton Keynes North, fears that more countryside will be concreted over.

"Facilities in Milton Keynes were designed for a population of about 250,000. They will not be able to cope with the 400,000-plus population proposed," he said.

MP Mark Lancaster, whose half of Milton Keynes is earmarked for the extra homes, said: "To face yet more houses in Milton Keynes when we are struggling to build those we've already been allocated appears to be fantasy-land politics."

The Government is consulting on its proposals until October 24.

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Saturday and Sunday fun

From Beethoven to Big Band, Campbell Park was host to an eclectic weekend of music.

On Saturday there was all the usual pomp and patriotism of Proms in the Park.

The London Gala Orchestra and soprano Julliette Pochin put on a fantastic show to the hundreds of picnic eating flag wavers ending in a spectacular laser and fireworks display.

While on Sunday it was the turn of Jools Holland and his famous Rhythm and Blues Orchestra complete with special guest vocalists former Soft Cell frontman Marc Almond and bluies and gospel legend Ruby Turner.

SATURDAY

Flags fly as proms goers get in the spirit on Saturday. Bottom left: Crowning glory, Babs and Roy Western from the Isle of Wight. Opposite page, centre left: Wishing he'd come earlier. Centre right: Terry and Linda Rogers are proud to be Brits. Bottom row from left The London Gala Orchestra with soloists Juliette Pochin and Lynton Atkinson

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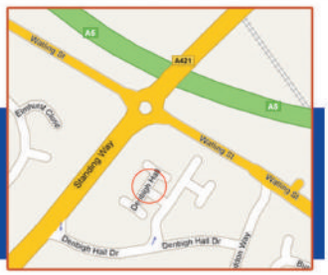

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SATURDAY

SUNDAY

Above: Jools belts out a song. Top right: Soul legend Ruby Turner turns it on. Right: An animated Marc Almond on stage with Jools and his Rhythm and Blues Orchestra

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Hanged teenager 'wasn't found in time'

Anthony Cole, who had a 'very enquiring mind' and was 'very inquisitive' was found by his father hanged, with his army cadet shirt tied round his neck

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

HE told his family that he loved them all as he walked upstairs.

Later that day 15-year-old Anthony Cole was found hanged, with his army cadet shirt tied round his neck and round his bedroom door handle.

Last Wednesday Coroner Rodney Corner decided the teenager, who suffered from attention deficit hyperactivity disorder (ADHD), probably acted on impulse – one of the main symptoms of his condition.

He recorded an open verdict after hearing how the Gatehouse School pupil had been chastised by his father in their Conniburrow home, on Conniburrow Boulevard, after making a hoax 999 call on March 8. After that he caused an electrical fire and went to his room before being found by his father.

Gatehouse headmistress Suzanne Bell said: "He had a great future ahead of him and a great brain, a very enquiring mind, very inquisitive.

She said he was 'extremely sensitive' and recalled one occasion when he cried after accidentally breaking the rules by entering the staff room.

"I know that if he was in any trouble he would take that very seriously, he would be very very upset."

Anthony, who would have taken his GCSEs this year, attended workshops at grammar school Royal Latin in Buckingham. He could have gone on to university.

But he was also troubled, taking the drug Ritalin and seeing a child psychiatrist for more than five years.

His father, Colin Cole, said his son had asked about making a will and was bullied at school, but Mrs Bell said there was no record of this.

In his summing up Coroner Corner said the death might have been Anthony over-reacting.

"I'm not certain when he went upstairs he intended to snuff his life out," he said.

"He was making an impulsive gesture.

"If that was the case he would expect to be found but he wasn't found in time.

"That's the tragedy of this case."

MP highlights fostering fears facing grandparents

MP Mark Lancaster

GRANDPARENTS are being forced to put their grandchildren in care before they can formally foster them.

City MP Mark Lancaster raised the issue in Parliament after learning two of his constituents who look after their grandchild, can only become foster parents by putting their grandchild into care with the local authority.

Many grandparents are opting not to do this, he says, because of the concerns it may have on the children but are then unable to claim the financial support that foster parent status would bring.

Harriet Harman, leader of the Commons, responded by saying that she will bring the issue to the attention of the Secretary of State for Children, Schools and Families.

Afterwards Mr Lancaster said: "It seems ludicrous to force children into care in order for their grandparents to become foster parents. They should be able to enjoy the legal and financial protection that fostering brings without children being forced through this.

"The Government seems to acknowledge there are problems in this area and I will continue to press for changes to be made."

Fishermead paedophile jailed

A PAEDOPHILE from Fishermead has been jailed for sexually assaulting a child under 13.

Stephen Spalding, 45, from Bossiney Place, was sentenced to serve an indeterminate sentence in prison for the public protection at Aylesbury Crown Court on Friday, July 11.

He pleaded guilty to a total of twelve charges, including sexually assaulting a child under 13 and causing or inciting a child under 13 to engage in sexual activity.

The offences took place between July 1, 2007 and February 12, 2008.

He will serve a minimum term of two years in prison.

A spokesman for Thames Valley Police said: "We are pleased that Spalding has now been sentenced and that he is no longer a threat.

"The sentence he received reflects the seriousness of the offences he committed which have had an immeasurable impact of the lives of his young victim and the family.

"Officers from the Child Abuse Investigation Unit in Milton Keynes worked tirelessly to ensure that the offender was brought to justice."

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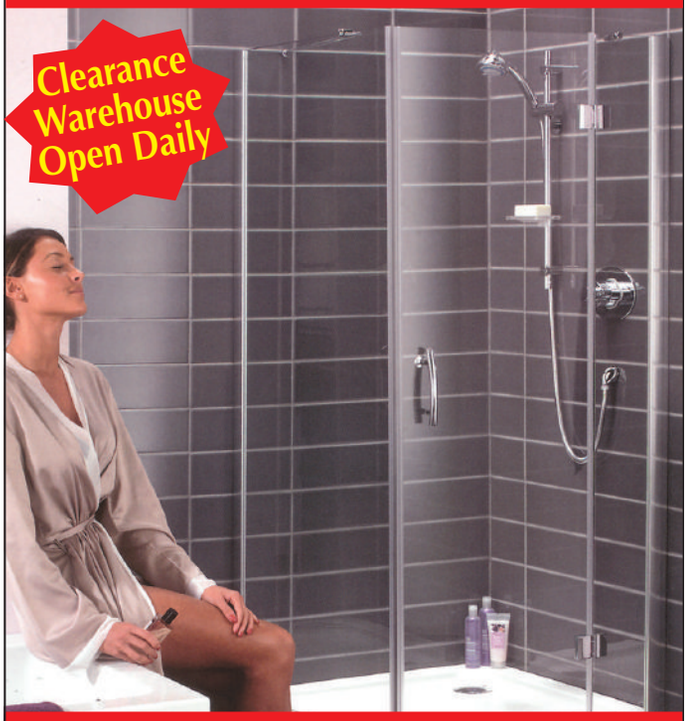
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COMPETITION

Win a spray tan or a designer haircut

LOOK good this summer by winning yourself a tan or a designer haircut.

Headonist, Milton Keynes' newest uni-sex hair and beauty salon situated at thehub:mk has announced the appointment of beauty therapist Lorraine O'Flaherty, who comes back down to earth having worked for 10 years as senior on-board therapist with Virgin Atlantic Upper Class.

"Lorraine will be a great addition to the team," says Irene Edwards, co-owner of Headonist. "She has superb experience having worked with Virgin Atlantic, a company renowned for customer focus."

With spacious and comfortable treatment rooms, beauty therapy at Headonist is a unique experience.

In addition to manicures, pedicures and express facial treatments, Lorraine will be offering a wide range of treatments for both men and women including waxing, spray tanning, prescription facials and massage. Headonist is also offering a complimentary Dermalogica Face Mapping where skin is analysed and specific treatments and home care regimes prescribed. And if that alone doesn't perk you up, enjoy

a complimentary glass of bubbly with your treatment!

Headonist offers a range of product lines – Jessica Nails, Eve Taylor Essential Massage oils, Sienna X spray tan and extensive retail ranges.

"We want all our clients to look good and feel good," says Irene. "Headonist is a place to rejuvenate, relax and refresh." Reflexology, osteopathy, homeopathy, aromatherapy and personal development coaching will all be on offer in the coming months making Headonist a one-stop-shop."

For details of offers call 01908 609898

MK NEWS has teamed up with Headonist to give 20 lucky readers a flying start to make sure they not only look great but turn heads this summer! We have 10 spray tans worth £25 each and 10 designer cut and finish worth £40 each to give away.

HOW TO ENTER

Just answer the following question: Where is Headonist situated?

Answers on a postcard to MK NEWS, Headonist comp, 1 Diamond Court, Fox Milne, MK15 ODU or by e-mail to competitions@mk-news.co.uk. Please specify whether you want to be entered into the tan or haircut draw. The first 20 correct answers drawn out of the hat win. The editor's decision is final. Closing date July 31.

Lucky 13 shortlisted for Restaurant of the Year

AFTER three months of public voting, 13 restaurants have been shortlisted for this year's Restaurant of the Year award.

The competition has been particularly fierce, with more than 30,000 voting cards being distributed across restaurants in the Milton Keynes area, as well as large numbers of votes being received on-line.

Organisers MK NEWS, Kimbells and MK Web have been counting and analysing votes to draw up a list of the top venues judged by the public to be worthy of recognition.

The competition is sponsored by Savills.

Shortlisted restaurants fall into three main categories:

Sheba Suresh sorts out some of the thousands of entries for Restaurant of the Year

BEST BUSINESS LUNCH

Brasserie Blanc
Crooked Billet
Dragon Boat
Taipan

BEST SERVICE

Cafe Ganges
Dipalee
Dragon Boat
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Las Iguanas
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Wagamamas
Naidni
Plough at Wavendon

The next stage is for final selections to be made by a judging panel who will visit each restaurant on a 'mystery shopper' basis.

Judges have a wealth of expertise in the food industry, including one currently working for a food manufacturer in development, having originally trained as a chef. Another has been in the industry for 35 years, was head chef at Cranfield School of Management, as well as running restaurants in 4 and 5 star hotels.

Voters have been scoring restaurants on the standard of food, service, atmosphere and value, and judges will be scrutinising each of these criteria when they dine at these venues.

As well as selecting a winner in each category, they will judge an overall winner to take the title of Milton Keynes Restaurant of Year.

■ Results will be announced during September.

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Messages flood in on knife crime

Youngsters e-mail and write on weapons culture after campaigner asks for their views

BY ROB GIBSON
rob.gibson@mk-news.co.uk

Cherie Blair and Alex Holmes after the TV debate on knife crime

AN anti-bullying campaigner has been flooded with letters of support from young people after speaking at a debate on knife crime.

Twenty-year-old Alex Holmes, from Stony Stratford, was praised by Cherie Booth QC, the wife of former Prime Minister Tony Blair, at a television debate last Sunday involving the Street Weapons Commision.

Alex made an appeal in last week's MK NEWS for young people to send him their views on the subject and has since been inundated with e-mails and letters.

"Lots of young people have come up to me to tell me their opinion," Alex said.

"I think a lot of these young people feel they know a lot about me through the paper.

"It seems that the majority of young people in MK are dead set against this sort of violence and are keen for strict laws to be put in place to discourage it."

Alex is planning to pass the comments on to the Street Weapons Commission.

One 14-year-old boy wrote: "I think if u r caught with a knife or gun you should be just sent to jail without trial."

A 12-year-old girl said: "I think that teenagers use gun crime because they think its makes them look cool, except it doesn't.

"It should be immediately stopped and anyone found with a gun or knife should be put in a prison."

An 18-year-old girl said: "I believe the message going out to young people about weapons needs to be changed urgently.

"Schools need to take on the responsibility of changing the image of carrying a weapon from 'cool' to 'ignorant and dangerous'."

Alex began his 'Heads High' campaign at Kingsbrook Business and Enterprise College in Deanshanger three years ago after he was bullied at the age of 15.

Over the last year Alex has toured schools around Milton Keynes, offering encouragement and words of advice to youngsters who feel threatened.

■ Send your views to heads_high@hotmail.co.uk

City again tops TV licence dodgers league

MILTON Keynes still has the most TV licence dodgers in the region.

The city has again topped the licence-dodgers' league of shame for the South East, according to figures released this week by TV Licensing.

The city also made first place in the league last year.

Nearly 1,150 people were caught watching TV without a licence in Milton Keynes during the first six months of 2008. This means that more evaders were caught in the town than anywhere else in the region outside London.

Anyone caught watching TV without a licence risks prosecution and a fine of up to £1,000.

Joanna Pearce, TV Licensing spokesman, said: "No town wants to appear in TV Licensing's league of shame. Buying a TV licence is simple and can be done in minutes online, so there's no excuse for licence-dodgers in Milton Keynes letting the side down.

"TV Licensing's powerful database shows precisely which properties are unlicensed, meaning enquiry officers can target addresses where they suspect people are watching TV illegally but we would much rather people buy a licence rather than risk prosecution and a fine."

COMPETITION

Win a table for two at The Living Room

WIN a reserved table for two in the bar area of the city's swankiest new venue.

The Living Room at thehub:mk is the perfect place to eat, drink and listen to some quality live music.

MK NEWS has teamed up with the The Living Room to offer one lucky reader a reserved table for two in the bar with a bottle of wine to its next exclusive performance.

On August 2 the popular venue plays host to singer/songwriter and piano man Drew De Four.

Detroit-born Drew is considered a true indie artist whose live renditions of modern rock, blues, stride and soul have led him to be likened to Jerry Lee Lewis meets Liberace!

Performing a host of original tracks and covers Drew has enlivened audiences the world over with his upbeat piano playing and powerful vocal presence.

HOW TO ENTER

SEND your name, address and daytime telephone number by e-mail to competitions@mk-news.co.uk or by postcard to Living Room competition, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes, MK15 ODU.

Entries to be received by July 30. First drawn out of the hat wins. Editor's decision is final.

COMPETITION

Win a top gift from John Lewis

WIN one of five top gift ideas from John Lewis.

John Lewis Milton Keynes has opened a 'Gifts for all occasions' service point for all Gift List enquiries on the ground floor next to its Linen department.

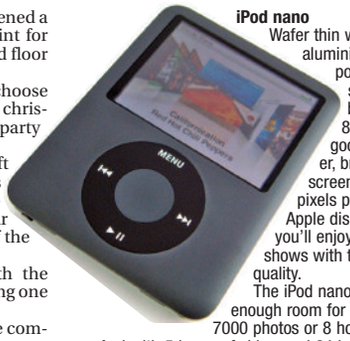
The service point will help you choose those gift presents be it a wedding, christening or simply a house warming party you are attending.

It will also be able to print any Gift List and will advise you through its large assortment to find that perfect present, just bring along your gift list invitation card or details of the listholders.

MK NEWS has teamed up with the store to give you a chance of winning one of the top five gift ideas.

All you have to do is complete the competition form below.

TOP FIVE GIFT IDEAS



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Siemens Steel Jug kettle
The Siemens Porsche cordless jug kettle, in matt aluminium with black detailing, is not just a designer kettle - it's powerful enough to heat water to 100∞C in less than two minutes. Nevertheless there are some good looking features: the lid opens gently when you press the button; switch the TW911P2 on to boil water and a smart blue LED comes on; and there's a neat storage under the kettle for any excess cord. Safety features include cool-touch handle and lid, and automatic steam stop. It only switches on once the lid is firmly closed. £79.95

Week 1- Win an ipod nano. (Closing date: Tues 29th August 08 @6.00pm)
Drop this coupon into the entry box at "Gift List" on the ground floor of John Lewis Milton Keynes near the escalators.

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Public Health Report 2007

Poor's life expectancy unchanged

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

CITY death rates from cancer, heart disease and strokes have fallen below the national average for the first time in nine years.

But challenges to the health service include high rates of infant mortality and respiratory diseases and rising numbers of cases of TB.

This is according to a report published last week by the director of public health for Milton Keynes, Dr Nicholas Hicks.

The Public Health Annual Report 2007 is an independent assessment of the health of the people of Milton Keynes. It includes recommendations for action on how to improve the health of the population.

"The overall health of Milton Keynes is improving, death rates are down and expectation of life is up," said Dr Hicks.

However, big gaps between the life expectancy of those in affluent and more deprived areas have remained largely unchanged.

"These inequalities need to be tackled more rigorously," he added.

"In the background there are other areas where we need to make sure services stay up to scratch, such as coping with the rising number of cases of tuberculosis and high birth rates."

And despite the fall in death rates circulatory diseases and cancer are the leading causes of death in Milton Keynes, each accounting for around a quarter of all deaths.

Further details of the report can be found on www.miltonkeynes.nhs.uk

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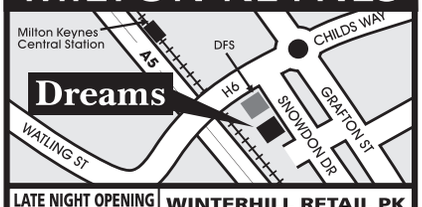

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Feet of endurance for cash-raising runners

HUNDREDS of runners took part in Sunday's National Society for the prevention of Cruelty to Children's MK half marathon.

Around 1,500 ran the race, now in its tenth year, which began at Bury Lawn School.

The race also featured Liz Yelling who will be competing for Great Britain at the Olympics in the 10,000m cross country.

The 33-year-old was the first woman home after setting a new course record of 1:11:33, smashing the previous by two minutes. She was greeted by the mayor Jan Lloyd.

In second place was Kate Brown with a time of 1:24:00 followed by Kathy Ulliott (1:31:37).

There were excellent conditions on the day for runners, volunteers and supporters alike and it is hoped that with all their support the event will reach the target of £250,000 raised over the past 10 years - this money has helped fund services such as the NSPCC's Milton Keynes Schools Team.

LB NEWS editor Craig Lewis grinds out the miles

The overall male winner was Marcin Fudaley with a time of 1:11:24, some six minutes outside the course record of 1:05:20 set two years ago. In second place was Mark Tuckett with a time of 1:12:27 and in third place was Antonio Tempo 1:12:45.

The team challenge was won by 'Harvey Ingram', just ahead of 'A Step Ahead-Kimbells' in second and 'Milton Keynes Partnership' who were third.

Full results are available from the website www.mkhalfmarathon.org.uk

MK Mayor jan Lloyd congratulates record-breaking women's race winner, Olympic hopeful Liz Yelling

Have your say on transport in the city

MILTON Keynes Council has launched a public consultation to take place over the next two months into what transport should look and feel like in 10 to 20 years time.

The Milton Keynes Citizens' Advisory Group on Transport (CAGoT), comprising 22 randomly selected residents from across Milton Keynes, will compile the findings and report back to the council by the end of the year.

Mo Shapiro, of INFORM Training & Communication, the independent company arranging the consultation said: "We have set up focus groups at five schools to get the views of children and young people and consultations will take place with groups representing all sectors of the community such as Age Concern, Sheltered Housing, Centre for Integrated Living, CMK Partnership, the shopping centre and the Chamber of Commerce and we will also be conducting a telephone survey with 1000 citizens."

Geoff Snelson, corporate director of strategy, governance and performance, at the council said:

"Growth across the borough brings with it both exciting opportunities and challenges for transport. The debate has been dominated by interest groups. The Citizens' Advisory Group will hear expert evidence but will draw its own conclusions – those of ordinary residents of Milton Keynes. Who better to advise on our transport strategies for the future than those who live, work and play here".

The group is being advised by Garrett Emmerson, a member of the Government's Commission for Integrated Transport and chairman of the Milton Keynes & South Midlands Strategic Transport Board and technical consultant Wayne Perdue.

■ Anyone wishing to have their say can do so on-line by visiting MK Web at http://www.mkweb.co.uk/localnews/home.asp or complete a questionnaire available at the city library display between July 26 and August 2.

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New range at JD
The new clothing range from K-Swiss is inspired by the iconic '5 stripe' design from their footwear. Now the fresh collection of clothing includes tees, polo shirts and shorts for the guys and figure hugging tees and vests for the girls. Visit JD on Silbury Arcade.

Vouchers from Sainsbury's
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Heritage on the cheap is history

Council plans to spend more on museums and Living Archive

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

A LACK of funding for museums and archives in the city is perpetuating the myth that Milton Keynes has no history.

A council report shows that money spent on heritage in Milton Keynes is in some cases less than one-tenth of that spent on similar-sized cities.

Just 30p per head of population was spent on provisions for museums in Milton Keynes in 2006/7 – compared to £3.04 in Reading.

And while 47p was spent per person on archiving in Milton Keynes that year, Oxfordshire spent 78p per person.

Milton Keynes Heritage Strategy 2008-13 says 'Milton Keynes Council provides an extremely low level of funding for its residents compared to other counties and neighbouring local authorities'.

The report adds that this reinforces 'the erroneous view that the borough has no heritage'.

No longer flogging a dead horse: Milton Keynes Museum

Mel Jeavons, project co-director of the Living Archive, which sets out to compile the history of all the communities in Milton Keynes, said: "I think it seems ridiculous that a city like Milton Keynes doesn't have a central museum. Most cities have a civic building and it does seem a bit ridiculous we don't."

She added that she is pleased the council is working hard to rectify this.

Cllr Vanessa McPake, cabinet member for community, spoke on the issue at last week's cabinet meeting.

Afterwards she said: "I wanted to bring to the attention of the cabinet that at present Milton Keynes Council appears to pay less per head into heritage than other similar councils.

"We're having some further investigation work done to check out these facts."

As a result, the heritage strategy was approved and the draft funding plan, which proposes that more is spent here on archives than comparable boroughs, was adopted.

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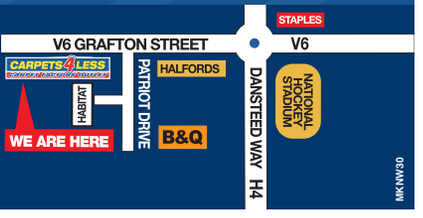

ADVERTISEMENT FEATURE

BELLA'S BLOG

THE MORNING AFTER THE WEEK BEFORE!

Hi honeys

Yes Bella returns!!! Just loving my second week as Xscape's roving columnist. Had a great response from so many "well wishers" last week, in fact one sauce pot has asked me on a date, will keep you posted on that one!!! Managed to cram a lot in, in 7 days, got a call from Steve the marketing guru who got me this little gig, and I told him he doesn't need to rush back....

I did manage to catch "Livezone" at SNO!zone on Saturday night which certainly was not a dead zone!! The place was ramming with lots of trendy snowboard and ski types, I arrived early with my ACCESS ALL AREAS official pass and anchored myself to the bar and didn't move all night!!! Needless to say I didn't get to see any snow but did enjoy the après ski buzz!!! I was slightly worse for wear on Sunday morning and emptied my bag to find a list of mobile numbers scribbled on a beer mat, don't remember anything!!!

They asked me to do a photoshoot on the inside beach, to promote the summer event, but when I turned up there was only some sand and some fencing dumped in the middle with a palm tree...

I said "What's this???" I discovered I was a week early and that Steve will be back on Saturday to kick it all off, so I won't be needed!!!! Cheek!!!! Still, whilst I was there I did manage to check out OK magazine at the Kiosk, to see if I was featured in a spread from the Mamma Mia premiere at Xscape... I nervously fingered my way to the feature page....only to find that I had been airbrushed....out of the magazine completely!!! I called Lisa at the picture desk and gave her such a mouth full I can't tell you...

Oh by the way...Tracey who I told you about last week still has not found her passport. But, every cloud during a wet british summer has a silver lining!!! I discovered that Tracey can spend 3 weeks in Xscape for free with loads of summer stuff to do....

No passport required!!!!

Watch this space campers!!!!

Bxx

www.xscape.co.uk

Bletchley SureSart to add to existing thirteen childrens' projects

Work starts on new under-fives centre

BUILDING work has started on a centre that will bring improved services to children and families.

A SureStart Children's Centre is being created at Abbeys Primary School on Melrose Avenue, Bletchley, to provide support for children under five years old and their parents in the West Bletchley and Granby area.

The centre, which is set to open at the end of this year, will give families access to a range of activities and services such as drop-in advice for parents, healthy eating workshops, music, play, and fun learning sessions for the whole family.

The centre joins a growing network of children's centres across Milton Keynes, with 13 already in place or nearing completion and a further seven to be developed over the next two years.

Children's Centres are funded by the government's SureStart programme and supported by Milton Keynes Council.

Cllr Sandra Clark, lead member for children and chairman of the Milton Keynes Children's Trust, said: "The centre will provide welcome assistance to parents and families in the area, giving them better access to health and support services.

"Children's centres make a valuable contribution to the development of young children and sow the seeds for children to flourish when they get to school. The fact that most of our centres, like this one, are on school sites means we have a real opportunity for joined-up services for older children too through extended school services such as breakfast and after school clubs.

"We hope the school will become the hub of the community to make sure that every child in the area gets the best start in life."

Royal visit: Mark Lancaster with the Olney Queen and Princesses on the terrace of the House of Commons

'Royals' visit Westminster

CITY MP Mark Lancaster has welcomed royalty to Parliament – in the shape of the Olney Floral Queen and Princesses.

Olney Queen, Victoria Jenner was accompanied by Princesses, Esme Lord, Roisin McElroy and Bethany Heron during their day trip to Westminster which has now become an annual fixture in the Queens Fiesta diary.†

Their visit included a tour of the House of Lords and Commons and drinks with Mr Lancaster on the terrace.

The Queen and Princesses are elected annually to represent the town.

Mr Lancaster said: "It's always a pleasure to host the Olney Queen and Princesses and especially nice to see them in full costume, they never fail to turn heads and always bring a smile to many faces here in Westminster."

Some like it hot – in the park

FANCY watching a film in the open air?

Well, thanks to The Parks Trust you can do just that.

The city's first ever outdoor cinema takes place in Campbell Parkon August 15 when the classic comedy Some Like It Hot will be shown.

Film-lovers will have the opportunity to see the highly acclaimed comedy classic starring Marilyn Monroe, Jack Lemmon and Tony Curtis on a giant 35x15 ft screen.

The film starts at 7.30pm, has universal certification and is free for all. Simply bring a picnic, some friends, a date or the whole family and enjoy this one-night only screening.

Nominated for 7 Academy Awards, the film is the quintessential farce and follows the misfortunes of Chicago musicians (Tony Curtis and Jack Lemmon) as they flee a crime scene and dress up in drag to join an all-girl jazz band featuring lovelorn singer Marilyn Monroe.

David Foster, The Parks Trust, Chief Executive, said: "Young or old this film never fails to enchant. Forget your hard day at the office, immerse yourself in the silver screen and be prepared for a seriously glamorous evening in the beautiful setting of Campbell Park."

WIND FARM GO-AHEAD
SEE PAGE 21

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Fly-away falcon found after two-day 150-mile freedom flight

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

Owner Tim Lester with local falconer Steve Eales with Cosh

A LOST falcon which strayed more than 150 miles from home has been returned to its owner with the help of a city falconer.

The bird of prey, which went missing from Dorset on Monday, July 14 turned up two days later in Turvey, Bedfordshire.

The Altai Saker falcon, named Kosh, is owned by NBC Bird and Pest Solutions and was being flown to scare away seagulls on a landfill site near Wareham, Dorset when it made its break for freedom.

Tim Lester, area manager for NBC's franchise in Poole who has owned the three-year-old bird for three months, said it went straight up into the air at around 2pm and did not stop.

He tried to find it using an electronic tracking system but it appears to have been faulty.

The bird, which is capable of flying at up to 60mph, was spotted in the drive of Pet Supplies and AJ Fencing and Landscaping Ltd on Newton Lane, Turvey on Wednesday evening and again on Thursday morning.

Owners Rachel Abra and Andy Jane called Bradville falconer Steve Eales who owns Hawk on the Wild Side.

Mr Eales coaxed the bird with food, caught it and called a phone number he found on its ankle.

"I called the number expecting it to be a local bird owner and I was very surprised when I found out they were from Dorset," he said.

"It is very unusual. In the wild falcons would easily fly those distances, as they are migrating birds, but this bird would not normally fly that far."

Mr Lester, who travelled from Dorset on Thursday to collect the £750 bird praised the local business owners for reporting the sighting: "We rely on people like this," he said.

Mr Eales added: "If you see a bird and it has equipment or a bell on its ankle you should not disturb it but call for help. Do not try to approach it as you may frighten it away."

He advised people to call the RSPCA, local police station or a vet.

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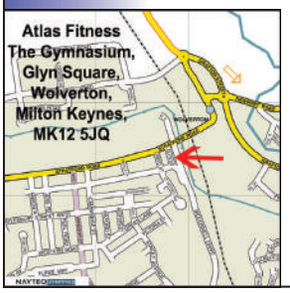

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Outdoor Bear survives indoor record attempt

BY ROB GIBSON
rob.gibson@mk-news.co.uk

THE adventurer Bear Grylls has flown into the world record books in Milton Keynes.

Bear has been involved in several solo and team based feats in the name of charity or record breaking but his latest attempt took place at the Airkix indoor skydiving tunnel in the city centre.

On Friday Bear, 34, broke the Guinness World Record for the longest indoor freefall by 'flying' for 97 minutes.

His indoor flying team included double amputee Al Hodgson and Scotsman Freddy MacDonald.

Each minute of indoor body-flying is the equivalent of one skydive, and the whole 97 minutes is the same as falling 242 miles continuously or the distance from Milton Keynes to Newcastle.

Speaking after his achievement Bear, who is also the youngest Briton to climb Everest, said: "I've never had to concentrate so much in my whole life.

"It required digging a lot deeper than I expected and has been one of the most intense records I have ever broken.

"I'm really proud to have done this and to set a new World Record."

Bear's passion and enthusiasm for the outdoors became clear in his television documentary 'Born Survivor: Bear Grylls'.

Don't look down: Bear Grylls, Al Hodgson and Freddy MacDonald

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Wind farm protest is thrown out by judge

Building to go ahead after High Court ruling – but protesters vow to carry on

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE battle against plans to build a wind farm at Emberton has been blown out of the water after the proposals received the backing of London's High Court.

But local campaign group Bucks Lacks Enough Wind (BLEW) says it is not defeated and will appeal against the judge's decision.

Plans for a seven-turbine wind farm won the backing of the High Court on Thursday, July 17 despite claims by a local landowner that the area does not have enough wind to justify the harm it would do to the landscape.

In January Milton Keynes Council granted planning permission for the wind farm, with turbines up to 125 metres high, on land at Petsoe Manor Farm, Emberton, Olney.

But Andrew Finn-Kelcey, a member of BLEW, who owns land north of the site including Shepherd's Hovel, Top Farm and Clifton Pastures, had sought to persuade High Court judge Mr Justice Andrew Collins to quash the planning permission and order the council to reconsider the matter.

The judge rejected Mr Finn-Kelcey's challenge, saying that the council's decision made it clear they formed the view that there would be 'no detrimental impact on the landscape'.

"It is obvious that MK Wind Farm Ltd would not have pursued the application unless satisfied that it would provide value for money and be economically viable," Mr Justice Collins added.

The judge admitted that the council had failed in some of its statutory duties but rejected BLEW's arguement that information was not made available to the public.

James Townsend, Your Energy's senior development manager, said: "Milton Keynes councillors twice voted to approve the wind farm and now a judge has confirmed their decision.

"We are now eager to start building the wind farm."

Peter Geary, member of BLEW and councillor for Olney ward, said: ""Milton Keynes Council failed in its statutory duty when dealing with the case and didn't provide all the information to objectors.

"We are also very disappointed with the result especially as it was not dismissed on a point of law but on the judge's discretion.

"As a result we will be appealing the judgement."

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Uni Centre crucial in halting 'brain drain'

THE new University Centre for Milton Keynes (UCMK) is being hailed as a crucial development in stopping the city from suffering 'brain drain'.

Business people are welcoming the new centre as an excellent addition to the economic well being and future prosperity of the area.

Rita Spada, chief executive of Milton Keynes and North Bucks Chamber of Commerce said: "What we are seeing at present is many of our young people going to university in other parts of the UK then choosing to settle there for work; it means we are losing our most talented young adults to other cities across Britain, who are benefiting from their education and expertise.

"We are excited that we are now in a position to nurture our own home grown talent and that's what the University Centre Milton Keynes will do."

The new UCMK building in Silbury Boulevard was provided by Milton Keynes Partnership (MKP) at a cost of £7.3m.

John Lewis, chief executive of MKP, says it is a major part of the city's strategic growth programme.

'Bringing first class 21st century higher education to the city': John Lewis, chief operating officer for Milton Keynes Partnerships

John said: "It is important for a vibrant young city like ours to have an enthusiastic student population who will achieve the skills to take our city forward. Together with Milton Keynes College and our other partners we look forward to progressing the centre and bringing first class 21st century higher education to the city so that we can benefit local businesses and support a thriving economy."

UCMK will offer a wide range of courses including art, design and media, business management and marketing, accountancy and finance, computing and information purchasing, supply and logistics. Other routes include teacher training, social science and psychology, counselling, health, nursing and social care and sport.

Rob Badcock, principal and chief executive of MK College said: "We are working with local businesses to ensure that we are providing courses that are relevant. For instance, we have a strong creative sector in Milton Keynes and the new University Centre will play a pivotal role in encouraging and developing new talent to drive that forward. UCMK will also offer high-end computer training – another growth sector that is important to our growing city."

At present UCMK works in partnership with other universities to deliver foundation degrees. This means that students can study towards their degree locally for two years.

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Poker hopeful flops in Vegas

A YOUNG poker player who dreamed of winning a $1million at a world poker tournament in Las Vegas has returned home empty handed.

Twenty-one-year-old Kourosh Radfar, from Newport Pagnell, crashed out of the 39th annual World Series of Poker (WSOP) last week.

Kourosh made it through to day two of the biggest event in the poker calendar, surviving a gruelling 10 hours at the poker table on day one.

Kourosh was one of a team sponsored by Ladbrokes.

The starting field attracted over 6,800 players, to compete for a first prize of over $9million (£4.5million).

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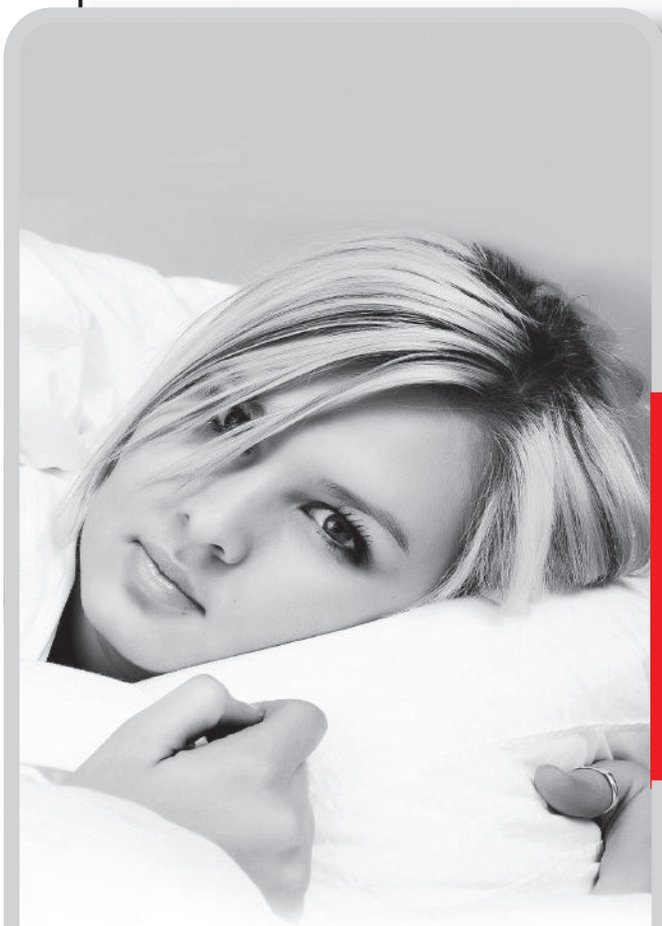

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New fire recruit is not to be sniffed at

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A NEW furry friend is to help sniff the trails left by arsonists in Milton Keynes.

Suitably named Ember, a 20-month-old Labrador, has joined Buckinghamshire Fire & Rescue Service as a fire investigation dog.

The dog, which has recently completed its training at the International Fire College in Preston, will be called in to help investigate fires which are believed to have been started deliberately.

Ember is fire investigation dog handler Kerry Burns' second canine recruit.

Ms Burns has been working with Barney, a black collie cross, since November 2006.

"Initially, Ember will work alongside Barney to build on the knowledge she has gained while training," said Kerry.

"Eventually she will take over from him as he is now seven and likely to retire next year."

Fire investigation dogs are trained to sniff out anything that an arsonist might use to start a fire, such as petrol or lighter fluid.

Ms Burns added: "They can search a large area quickly and efficiently without disturbing other important evidence, and reduce both the time an investigator spends on excavating and sampling fire debris and the number of samples required for expensive forensic testing."

Fire investigation dogs also search the homes, vehicles and clothing of suspected arsonists.

Ember and Barney are sponsored by Reading-based Aquadoggies, a hydrotherapy pool for dogs, and supermarket chain Tesco.

As well as investigating suspicious fires in Milton Keynes and Buckinghamshire, the team, whose call sign is Kilo 9, or K9 for short, also work in Berkshire and Oxfordshire when requested.

Paws for thought: Fire investigation dog handler Kerry Burns with new recruit Ember, left, and old hand Barney

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Blooming fabulous

GREEN experts visited the city last week to judge Milton Keynes' bid to win Britain in Bloom.

This year Milton Keynes is going for gold in pursuit of the Britain's Best Large City award.

The competition judges visited the city on Thursday, July 17 and examined flower displays, parks and landscaped areas.

They paid special attention to permanent landscaping, community involvement, cleanliness and sustainability.

This year's judging route took in the Open University, Caldecotte Business Centre, Woughton On the Green, Willen Lake, Newport Pagnell, Meads Close Community Garden, Wolverton, the Theatre District and Campbell Park.

David Foster, chief executive of The Parks Trust, said: "We're confident that after today's visit the judges will agree that Milton Keynes' magnificent parks and green spaces make the city unique and a great place to live and visit."

Judges from Britain in Bloom visit the Temple Gardens at Willen

Cops seek orange getaway car

POLICE investigating a high-value burglary are on the look out for a 'shocking orange' car with the interior stained with red dye.

Bedfordshire police are appealing for garages and residents across the region to report if they have seen the vehicle, following a burglary at 11pm on Thursday, July 10 at the Co-op in Mill Road, Cranfield.

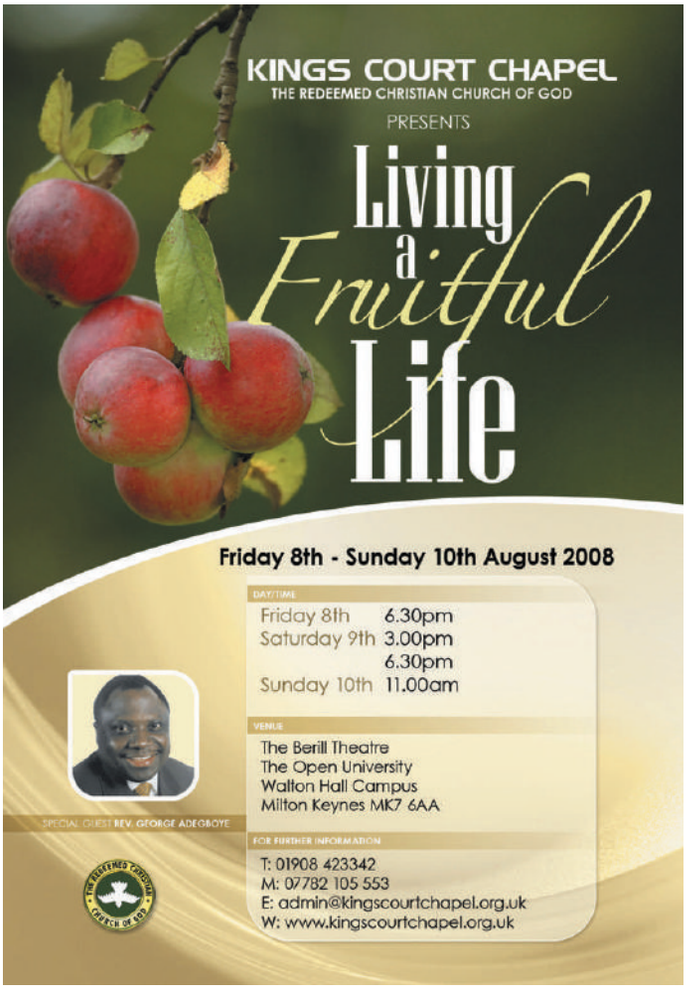
Three offenders forced the rear doors of the shop before attacking a cash machine and grabbing the money box inside.

They made their escape in an orange Ford Focus ST along the High Street towards Salford. The cash box automatically released a red security dye which would have stained the money and the interior of the vehicle.

PC Richard Jones is keen to speak to any garages approached to work on the car or any valeters asked to clean it.

He also wants to hear from anyone who has seen the car in their street, dumped in a garage area, or being worked on. This car would have looked quite a sight with red smoke pouring from the windows and we need to locate anyone who saw it on the night, or has seen it since," he said.

■ Anyone with information can contact police, in confidence, on 01234 841212 or Crimestoppers, anonymously, on 0800 555 111.



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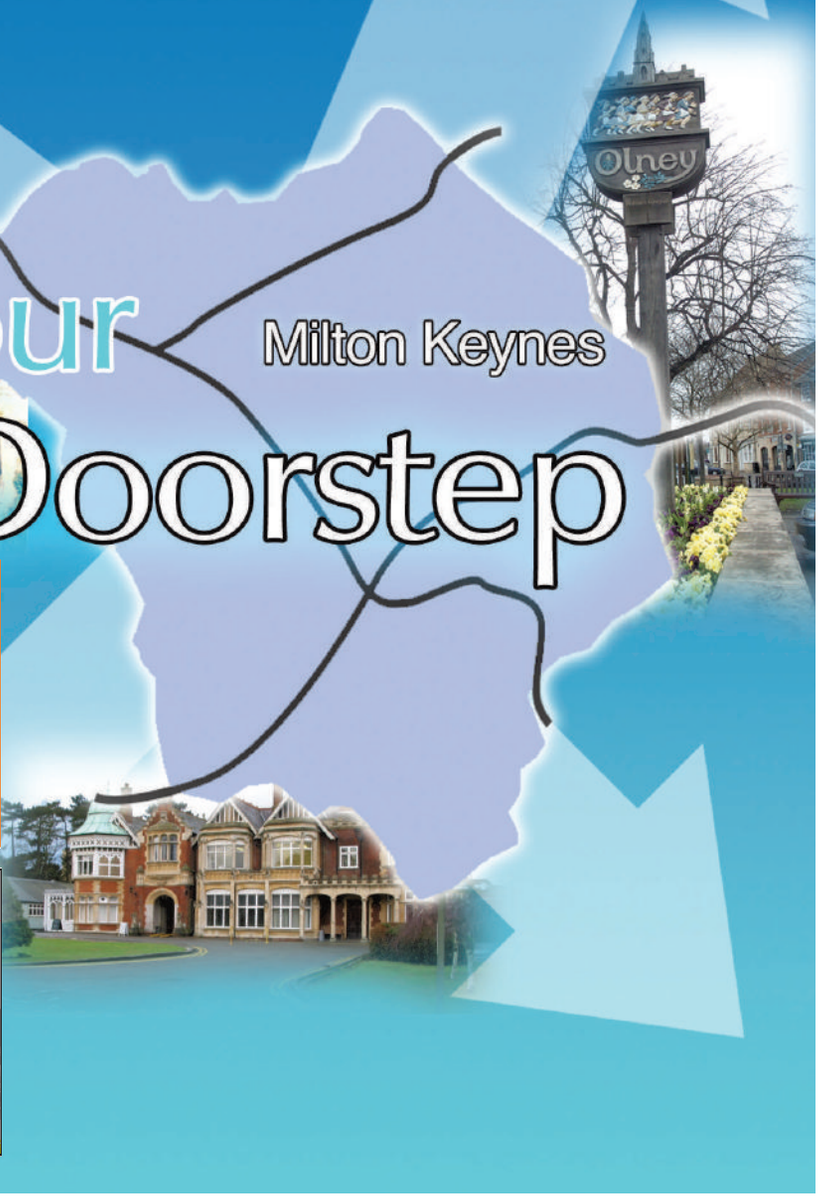

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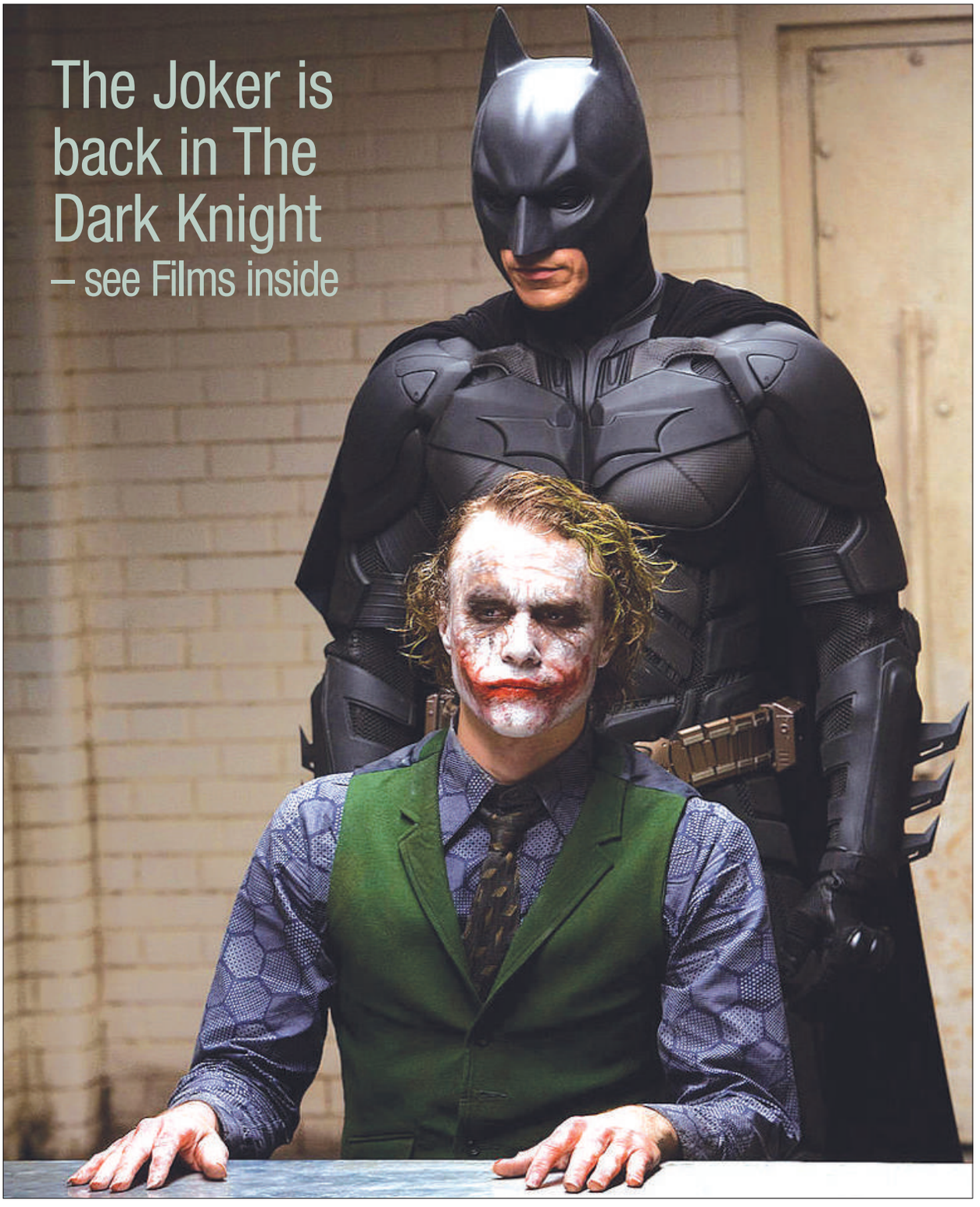
MK LIFE

YOUR GUIDE TO LEISURE IN YOUR CITY



Leisure or events news? e-mail **leisure@mk-news.co.uk** | phone **01908 689595**

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WEDNESDAY
July 23

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Escape to the Country (R/T) (Followed by BBC News; Weather) **11.00** Homes under the Hammer (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Step Up to the Plate (T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **My Family** Sitcom about a dentist and his family. (T)
7.57 **BBC News and Regional News**
8.00 **Celebrity MasterChef** Chef and restaurateur John Torode and food writer and ingredients expert Gregg Wallace search for the country's top celebrity chef. (T)
9.00 **Cars, Cops and Criminals** Three-part series examining the changing face of car theft, narrated by Jamie Theakston. (T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **The National Lottery Draws** (T)
10.45 **The Visit** Comedy set in the visiting room of HMP Radford. (T)
11.15 **FILM: Dirty Pretty Things** (2003) Acclaimed drama. A Nigerian doctor and a Turkish maid are caught up in a scam selling human body parts in London. Should they try to make some money - or expose the crooks and risk deportation? Stars Chiwetel Ejiofor, Audrey Tautou and Sergi Lopez. (T)
12.45 Weatherview (T) **12.50** Sign Zone: Mary Queen of Shops (R/T) **1.50** Tribal Wives (R/T) **2.50** A Taste of My Life (R/T) **3.20** Bargain Hunt (R/T) **4.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.20 FILM: Road to Rio** (1947) Musical comedy starring Bing Crosby, Bob Hope and Dorothy Lamour. (T) **1.00** Out Of The Blue (T) **1.25** Coast (T) **1.30** Working Lunch (T) **2.00** Lifeline (R/T) **2.10** Animal Park (R/T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Eating with the Enemy (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Eggheads (R/T) **6.30** Animal Park (R/T)

7.00 **Top Gear** Jeremy and James show off the ageing but massive luxury cars they bought for the price of a new Ford Mondeo. (R/T)
8.00 **Des Lynam: Sport Mastermind** Des Lynam hosts a spin off series of the classic quiz. (T)
8.30 **Francesco's Mediterranean Voyage** Architect and historian Francesco da Mosto embarks on a journey across the Mediterranean sea. (T)
9.00 **Burn Up** The head of Arrow Oil suddenly retires and Tom McConnell is asked to replace him. (T)
10.30 **Newsnight** Comprehensive coverage of today's important national and international news stories. (T)
11.20 **Long Way Round** Ewan McGregor and Charley Boorman's extraordinary round-the-world journey by motorbike. The first of two films tonight focuses on their preparation, including a trial run in Australia, where Ewan fears his off-road skills may not be up to scratch. Back in England, the duo set up HQ, map out the trip, work on their fitness and swot up on kidnap avoidance and first aid. Meanwhile, the production team prepare to capture the marathon journey, and problems arise over the bikes and visas. (R/T)
12.00 Long Way Round (T) **12.40** Des Lynam: Sport Mastermind (T) **1.10** Joins BBC News (T) **4.05** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Lisa notices Sam's growing affection for Jo. (T)
7.30 **Coronation Street** Is Rosie going to get her fingers burnt by teasing John? Teresa acts as Jerry's nurse - much to Mel's dismay. (T)
8.00 **The Bill** When a fire is set off at Brendan Moody's house, DC Mickey Webb is sent to investigate. He is surprised to recognise Brendan's name from an observation years before, and the case is turned on its head when he hears a desperate message of Brendan's from the previous night. (T)
9.00 **Marco's Great British Feast** Marco Pierre White's gastronomic road trip of the British Isles reaches its climax, but there's one dish missing from his all-British menu - the pudding. (T)
10.00 **News at Ten and Weather** (T)
10.40 **Six Degrees** Whitney's dad tries to raze a local landmark which holds particular significance to Laura and her late husband. (T)
11.40 **iTunes Festival** Peaches Geldof and Dave Berry present all that's best in contemporary music at London's month-long festival, with 62 bands performing over 31 days. (T)
12.10 Bingo Night Live **1.15** Hack (T) **2.00** Quincy, ME (R/T) **2.55** Loose Women (T) **3.45** The Jeremy Kyle Show (R/T) **4.40** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Friends (R/T) **9.30** Friends (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.45** Eating For Britain (R/T) **12.00** News at Noon (T) **12.30** 3 Minute Wonder (R/T) **12.35** The Class (T) **1.00** Will & Grace (R/T) **1.25** Supporting Acts (R/T) **1.45** Desperate Housewives (R/T) **2.35** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **Location, Location, Location** Phil Spencer and Kirstie Allsopp catch up with two former househunters from Sheffield. Justin and Deborah wanted a development project on a tight budget. Artie and Andy had the pick of the high-end property market but could not agree on what they were looking for. (T)
9.00 **Personal Services Required** This week, Thomas Hughes, a marketing director from Buckinghamshire with two teenage daughters, needs someone to supervise his au pair. (T)
10.00 **Big Brother** Today's highlights from the Big Brother house. (T)
11.05 **Wife Swap USA** American version of the hit reality show, in which two wives swap their husbands, children and homes for up to two weeks. A cheerleading coach who believes winning is everything swaps places with an internet addict whose son has a fridge in his bedroom for uninterrupted computer-gaming. (T)
12.05 4music: Adele: 20 (T) **12.35** 4music: Road To V 2008 (T) **12.50** 4music: Relentless Wakestock Festival: Music (T) **1.20** Big Brother Live **4.25** Dispatches: The Jab That Can Stop Cancer (R/T) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home (R/T) **3.05 FILM: Stolen Women** (1997) Period drama starring Janine Turner, Jean Louisa Kelly and Patrick Bergin. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T)

7.00 **five news** National and international news. (T)
7.30 **Massive Speed** Documentary series in which Chris Barrie examines the evolution of machines designed for speed. (R/T) (Followed by five news update)
8.00 **Britain's Closest Encounters** Documentary series examining the most astonishing and baffling UFO stories from around the UK. (T) (Followed by five news at 9)
9.00 **The Rainman Twins: Extraordinary People** Series of absorbing documentaries exploring remarkable stories of human experience from all over the world. Savantism is a rare disorder in which sufferers of developmental disabilities, often autism, are capable of acts of genius that far outstrip their expected level of ability. (T)
10.00 **Who Killed Marilyn Monroe?** Documentary focusing on the mystery surrounding Marilyn Monroe's death. (R/T)
11.05 **CCTV Cities** Series revealing real-life footage of urban crime, presented by Donal MacIntyre. With unique access to control rooms and police forces across the UK, the programme reveals how operators and police combine around the clock to catch criminals in the act. (R/T)
12.05 PartyPoker.com World Open IV **1.35** Major League Baseball **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am The Dog Whisperer **7.00** Brainiac: Science Abuse **8.00** Lion Man **8.30** Lion Man **9.00** Zoo Story **9.30** Zoo Story **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Stargate SG-1 **3.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Don't Forget The Lyrics **9.00 FILM:** Star Trek: Generations **11.15** Inside: Miami Vice **12.15am** Road Wars **1.15** Road Wars **2.05** Stargate Atlantis **2.55** Airline **3.20** Las Vegas **4.10** Rescue Me **5.00** Bite Size Brainiac **5.10** Guilty!

ITV2

6.00am Emmerdale: Bye Bye Baby **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale: Bye Bye Baby **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale: Bye Bye Baby **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Holiday Homes From Hell **9.00 FILM:** Bird on a Wire **11.10** iTunes Festival 2008 **11.40** Coronation Street **12.10am FILM:** Undercover Brother **1.50** Teleshopping **4.50** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Make My Body Younger **9.00 FILM:** Cold Creek Manor **10.50** Family Guy **11.15** Family Guy **11.40** Summer Heights High **12.10am** Snog Marry Avoid? **12.40** Make My Body Younger **1.35** Touch Me, I'm Karen Taylor **2.05** Sasha: Beauty Queen at 11 **3.05** Snog Marry Avoid? **3.35** Britain's Missing Top Model **4.35** Close

BBC4

7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** Sahara with Michael Palin **9.00** The Thirties in Colour **10.00** Storyville: The Chuck Show **11.00** Truth, Lies, Oil and Scotland **12.00am** Coal House **12.30** The Thirties in Colour **1.30** Storyville: The Chuck Show **2.30** The Thirties in Colour **3.30** Close

MKNEWS
Local news EVERY DAY of the week
www.mk-news.co.uk

Milton Keynes Gallery
Richard Woods
Flora & Fauna
28 June – 21 September

This summer, be among the first to see Richard Woods' first solo show in a UK public gallery.

Outside, see his amazing hand printed artwork, *Flora & Fauna*, cloaking the gallery in imaginary, brightly coloured logos. Inside, enjoy new marquetry paintings, light sculptures, ceramic works, and a striking yellow and green woodcut floor flowing through the entire exhibition spaces.

Join us at one of the talks, workshops or activities accompanying the exhibition. Something for all ages and everyone welcome. Ring **01908 676 900** for details or visit **www.mk-g.org**

Milton Keynes Gallery
900 Midsummer Boulevard
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Admission free

MUSIC REVIEWS

SUMMERTIME
New Kids On The Block

I TOLD you, didn't I? All these bands you thought had been consigned to the dumper forever have managed to crawl back out, just like Lando Calrissian in Return Of The Jedi.

It's enough to make you wonder who's next – I'm going for Ned's Atomic Dustbin myself. No other reason than the name.

Now then, for a band that had their first hit in 1989, surely it's pushing the borders of reality to breaking point for them to be referring themselves not only as New, but also Kids. Mind you, I doubt they ever thought they'd still be recording together today, and unfortunately, considering how pedestrian this comeback effort is, I'm wondering myself why they're still recording today.

It's pleasant enough, but that's all it is. This song is the musical equivalent of having a puppy lick your face in perpetuity. It's nice to begin with, but rapidly loses its appeal.

I'm hoping they've got better songs in the locker, but if the Backstreet Boys comeback is anything to go by you've got to fear for them, haven't you?

21ST CENTURY LIFE
Sam Sparrow

PERHAPS I read too much into what people are singing about. See what you reckon. Sam Sparro starts off by singing about how, when he was a boy 'living in the last century', he dreamed about living in the future, and then sings 'I turned around and the future was now'.

Hang on, sorry – WHAT?

How long does it take Sam Sparro to turn round? At least eight years, by the sound of things – there are fully-laden oil tankers that have a faster turning circle than Mr Sparro.

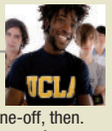
But, as is the norm for me, I digress. Apparently, the future for Sam has turned out to be nothing like he imagined. 'It was nothing like I imagined', he says. It confounded him too, not just slightly, but totally. 'It was totally confounding', says our humble narrator.

Well, it would be, wouldn't it? Before he decided to re-orientate himself a mobile phone would make phone calls, do text messages and if you had a colour screen you were well off. Now look at us, we're living in a technological wonderland compared to the dark ages of the 20th century. Dot matrix printers, video cassette recorders, Juliet Bravo – the prosecution rests.

On top of all this, he's also complaining that he's got 21,000 things that have to be done today – stands to reason really, if you've not bothered doing anything for the business end of a decade you're going to have something of a backlog of jobs to sort out.

Anyway, believe it or not, there is actually a tune to accompany this, and it's not bad.

MERCURY
Bloc Party



LOOKS like Flux wasn't a one-off, then. There's a dancey feel to this one too, although this time it's far less pronounced.

It sounds like something Adam and the Ants might have put together if the equipment to do it existed in 1981. It's driven by the vocals (which get slowed down in places for effect) and the drums and not a great deal else, at least not until the very end when a bloke with a trumpet's given a few bars to show what he can do. If you remember The Prayer, then this is that after a night out clubbing.

This is great, it really is. It may be minimal, but it works. **SIMON DARNELL**

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

THE DARK KNIGHT (12A)
Christian Bale, Michael Caine, Morgan Freeman, Heath Ledger, Gary Oldman
From Friday
BATMAN (Bale) hopes to hang up his cape and hand over crime-fighting duties to District Attorney Harvey Dent (Eckhart). But the arrival of clown-faced master criminal The Joker (Ledger) forces the masked vigilante to question everything he stands for.

ANGUS, THONGS AND PERFECT SNOGGING
Georgia Groome, Eleanor Tomlinson, Karen Taylor, Alan Davies, Aaron Johnson, Sean Bourke
From Friday
SHACKED up with her snooping parents, Georgia Nicolson (Groome) is a typically insecure14 year-old who wants to grow up, and fast. When new boy Robbie (Johnson) moves to her south coast school, she falls in love - but its path never did run smooth...

BABY MAMA (12A)
Tina Fey, Amy Poehler, Dax Shepard, Erica Berg, Greg Kinnear, Sigourney Weaver
From Friday
TOLD that she cannot have children, successful 37 year-old health food executive Kate (Fey) employs a surrogate in the form of mouthy white trash Angie (Poehler). When Angie moves into Kate's apartment, the road to motherhood proves very bumpy.

WALL-E (U)
Ben Burtt, Sigourney Weaver, Jeff Garlin, Kathy Najimy
Now showing
HUMANS have abandoned Earth, leaving a fleet of robots to clear up their mess. The only one of those robots remaining is WALL-E (Burtt), who has developed a fascination with our rubbish. That fascination finds a new target when shapely super-robot EVE (Weaver) touches down.

MEET DAVE
Eddie Murphy, Elizabeth Banks, Gabrielle Union, Brandon Molale, Ed Helms
Now showing
A CREW of tiny aliens try to save their planet with the use of their humanoid spaceship . However the aliens find themselves in trouble when their ship becomes besoted with an earth woman.

PUFFBALL
Kelly Reilly, Miranda Richardson
Now showing
Powerful supernatural forces are unleashed when a young architect (Kelly Reilly) becomes pregnant.

STANDARD OPERATING PROCEDURE (15)
Christopher Bradley, Sarah Denning, Joshua Feinman
Now showing
IN 2003, photographs leaked from Abu Ghraib prison showing US military personnel abusing Iraqi detainees. This documentary examines the scandal of photographs that represent both exposÈ and cover-up of US interrogation techniques used in the War On Terror.

DARK RAGE
Christopher Dunne, Christopher Dane, Helen Millar
Now showing
NED Harris is a fifty-something everyman. Doting father. Loyal colleague. Compassionate landlord. Serial killer...

MAMMA MIA! (PG)
Meryl Streep, Pierce Brosnan, Colin Firth, Amanda Seyfried, Stellan Skarsgard, Julie Walters, Christine Baranski
Now showing
SOPHIE (Seyfried) invites three men (Brosnan, Firth, Skarsgard) who could be her father to her wedding in Greece, unbeknownst to her single mother Donna (Streep). Shock reunions, confusions and Abba's greatest hits ensue.

THE FORBIDDEN KINGDOM (12A)
Jet Li, Jackie Chan, Michael Angarano, Collin Chou, Yifei Liu
Now showing
KUNG fu-obsessed Jason Tripitikas (Angarano) falls off a roof while holding a Chinese fighting staff, and is somehow transported to ancient China. There, he is tasked with freeing the powerful Monkey King with the help of drunk immortal Lu Yan (Chan) and Silent Monk (Jet Li).

JOURNEY TO THE CENTRE OF THE EARTH 3D (PG)
Brendan Fraser, Josh Hutcherson, Anita Briem
Now showing
SCIENTIST Trevor Anderson (Brendan Fraser) and his nephew Sean (Josh Hutcherson) travel to Iceland, following Sean's long-missing father. With guide Hannah (Anita Briem), they are trapped in a cave and forced to follow Jules Verne's perilous route into the centre of the Earth.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to giveaway.

Answer this simple question: Who plays The Joker in The Dark Knight?

Answers by e-mail to competitions@mk-news.co.uk please include your name, address and daytime telephone number.

Closing date Tuesday, July 28.

WALL-E THE FILM

MANY years ago in the dark years of the early 1980s I went to the Electra cinema in Newport Pagnell with my younger brother.

The Electra cinema (alas now no longer with us) was like something from the 1930s and had old ladies selling sweets in a small kiosk and showing you to your seat with torches.

Everyone smoked in the cinema too, which now seems very odd, oh, and they played the national anthem at the start of a piece of film of the Queen sitting on a horse looking all grand and royal.

We went to see a film which at the time we knew nothing about called Raiders of the Lost Ark.

We were pleasantly surprised, of course, and declared it our all-time favourite film, well for a while at least. Anyway the main point here is that when the film ended people actually applauded.

The film was just that good that people forgot to be all 'British' about it and clapped themselves silly. Now this was the only time I had experienced that in a cinema until I went to see WALL-E at the weekend.

This being the new animated movie I am sure you have heard plenty about with the cute robot cleaning up Earth and falling in love with another cute robot.

I really didn't think cute robots would do it for me but basically WALL-E is as good as everyone says it is. They clapped at the end, and that only happens twice in twenty five years – well to me anyway. **PAUL STEPHENSON**

THURSDAY
July 24

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Escape to the Country (R/T) (Followed by BBC News; Weather) **11.00** Homes under the Hammer (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Step Up to the Plate (T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Tanya and Jack are stunned by Max's surprise guest. (T)

7.57 **BBC News and Regional News** National and regional news bulletin from the BBC. (T)

8.00 **Celebrity MasterChef** Chef and restaurateur John Torode and food writer and ingredients expert Gregg Wallace search for the country's top celebrity chef. (T)

9.00 **John Barrowman: The Making of Me** Series in which three famous people ask why they are the way they are. (T)

10.00 **BBC News** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **One Foot in the Grave** (T)
11.05 **FILM: Unfaithful** (2002) Thriller. When a suburban wife meets a Manhattan book dealer and begins an affair, her husband begins to suspect something and hires a detective. Soon learning the truth, the husband takes matters into his own hands and decides to confront his wife's lover. Stars Diane Lane, Richard Gere and Olivier Martinez. (T)

12.15 Weatherview (T) **1.05** Weatherview (T) **1.10** Sign Zone: Panorama (R/T) **1.40** River Police (R/T) **2.10** Countryfile (R/T) **3.05** A Taste of My Life (R/T) **3.35** Bargain Hunt (R/T) **4.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.00** **FILM: The Bad News Bears Go to Japan** (1978) Drama starring Tony Curtis and Jackie Earle Haley. (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (T) **1.30** Living in the Sun (R/T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Eating with the Enemy (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Eggheads (R/T) **6.30** Animal Park (R/T)

7.00 **Unknown Africa: Central African Republic** Documentary series. Saba Douglas-Hamilton, who grew up in Kenya's wilderness, travels off the beaten path to discover 'unknown' Africa. (T)

7.30 **Return To... Airport** Jeremy Spake and his fellow Heathrow residents take us back to the early days of the 'fly on the tarmac' series about the world's busiest airport. (T)

8.00 **Return To... Airport** (T)
8.30 **RHS Tatton Park Flower Show 2008** Coverage of the 10th anniversary of the RHS Flower Show at Tatton Park. (T)

9.00 **Mock the Week** Two teams of comedians take a satirical swipe at the news and world events. (T)

9.30 **Lab Rats** (T)
10.00 **Still Game** The oldest cruisers in town, Jack and Victor, have got themselves a set of wheels. However, the open road turns into a highway to hell for Victor when his pal forces him to do all the driving. (R/T)
10.30 **Newsnight** (T)
11.20 **The Culture Show** Lauren Laverne and Mark Kermode present a mix of cinema, super-size sculpture and great music. Mark takes director Terence Davies back to his native Liverpool. (T)

12.05 Two Pints of Lager and a Packet of Crisps (R/T) **12.35** How I Met Your Mother (T) **1.00** How I Met Your Mother (T) **1.25** Joins BBC News (T) **4.15** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Brenda refuses to leave the Dingles until Gennie comes too. (T)

7.30 **Coastal Ways** A portrait of the pretty Dorset harbour village of West Bay, featuring one of the UK's youngest harbour masters. (T)

8.00 **The Bill** PCs Sally Armstrong and Ben Gayle are called to the scene of a hit and run, where a frantic Kim Yates recalls the car which hit the girl as they stepped out of a cafe together. (T)

9.00 **Harley Street** Tensions are running high at 195 Harley Street as the bid for Dr Cost's business intensifies, and Martha wonders whether she can rely on Robert. (T)

10.00 **News at Ten and Weather** (T)
10.40 **Sky High** Series of helicopter journeys following major transport routes through the Midlands and east of England, presented by Richard Mervyn. (T)

11.10 **Coastal Kitchen with Chris Coubrough** Today, he serves pudding at Great Yarmouth Races ladies night - but first he has to brave a hive full of bees. (R/T)

11.40 **Bouncers** Grub Smith narrates a series following nightclub bouncers. (R/T)

12.10 Bingo Night Live **1.15** Motorsport UK (T) **1.40** Hack (T) **2.30** Loose Women (T) **3.20** The Jeremy Kyle Show (R/T) **4.10** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Friends (R/T) **10.00** ER (R/T) **10.55** Without a Trace (R/T) **11.45** Grudge Match (R/T) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Will & Grace (R/T) **1.25** In Your Dreams (R/T) **1.40** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)

8.00 **Gok's Fashion Fix** Gok scours the high street for this week's working girl theme, but he is up against an executive class collection. He also goes shopping with pop princess Dannii Minogue and delves into her laundry to find any fashion faux-pas. Plus, the search for a UK style icon continues in Newcastle. (T)

9.00 **Big Brother** Today's highlights from the Big Brother house. (T)

10.00 **The Charlotte Church Show** The Welsh pop and classical singer presents her own show, featuring a mix of celebrity guests, sketches, candid camera stunts, audience fun and music. This week's guests include singer Adele, who will be performing with Charlotte, and Jonathan Ross. (T)

10.45 **My Name is Earl** Earl wakes up from his coma and tries to find Billie, who he has decided is his soul mate. (T)

11.15 **The Sunday Night Project** Will Young joins presenters Justin Lee Collins and Alan Carr for the usual mix of sketches, news and audience interaction. (R/T)

12.20 4music Presents... Goldfrapp (R/T) **12.50** 4music: Road To V 2008 (R/T) **1.05** Big Brother Live **4.00** **FILM: The Arsenal Stadium Mystery** (1939) Vintage British thriller starring Leslie Banks. (T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home (R/T) **3.05** five news update (T) **3.10** **FILM: Mother Knows Best** (1997) Chilling story starring Joanna Kerns, Christine Elise and Grant Show. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **Rough Guide to Off the Beaten Track** Travel series presented by Julia Bradbury and Toby Amies. Julia and Toby explore holiday destinations that take visitors away from the usual tourist trails. (R/T) (Followed by five news update)

8.00 **How to Build a New Life in the Country** Property series giving practical advice on how to create the perfect rural lifestyle. (T) (Followed by five news at 9)

9.00 **The Hotel Inspector** Series in which failing hotels and bed and breakfast establishments are reformed. (T)

10.00 **Grey's Anatomy** Izzie wakes up on the morning after the night before; Cristina makes a decision about her future with Burke; and it is interview day for the chief-of-surgery hopefuls. (T)

11.05 **Cathouse** Series painting an intimate portrait of life inside one of America's largest and best-known legal brothels, the Moonlite Bunny Ranch in Nevada. (R/T)

12.05 Quiz Call **4.00** Major League Soccer **4.45** Nick's Quest (R/T) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am The Dog Whisperer **7.00** Brainiac: Science Abuse **8.00** Lion Man **8.30** Lion Man **9.00** Zoo Vet at Large **9.30** Zoo Vet at Large **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Stargate SG-1 **3.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Bones **10.00** Bones **11.00** Empire **12.00am** Road Wars **1.00** Road Wars **1.50** Stargate Atlantis **2.40** Airline **3.05** Airline **3.30** Las Vegas **4.20** Rescue Me **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Coronation Street **12.30** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Too Fat to Toddle **9.00** Bionic Woman **10.00** Gossip Girl **11.00** The Fratellis Live at IndigO2 **11.30** **FILM:** Undercover Brother **1.10am** iTunes Festival 2008 **1.40** 101 Sexiest Celebrity Bodies **2.25** Teleshopping **5.25** ITV2 Nightscreen

BBC3

7.00pm The Real Hustle **7.30** Snog Marry Avoid? **8.00** Britain's Missing Top Model **9.00** Addicted to Boob Jobs **10.00** EastEnders **10.30** Touch Me, I'm Karen Taylor **11.00** Family Guy **11.25** Family Guy **11.50** Summer Heights High **12.20am** Summer Heights High **12.50** Summer Heights High **1.20** Summer Heights High **1.50** Summer Heights High **2.20** Summer Heights High **2.45** Summer Heights High **3.10** Touch Me, I'm Karen Taylor **3.40** Make My Body Younger **4.40** Close

BBC4

7.00pm World News Today **7.30** Born to Be Wild **8.00** The Way We Travelled **9.00** Travellers' Century **10.00** Journeys into the Ring of Fire **11.00** BBC Four Sessions **12.00am** Born to Be Wild **12.30** Travellers' Century **1.30** Journeys into the Ring of Fire **2.30** Born to Be Wild **3.00** Travellers' Century **4.00** Close

CLUBS AND PUBS

OCEANA
Xscape 670976
THE city's biggest nightclub is undergoing a multi-million pound refubishment. Set to open late August, the refurbishment will create a new VIP lounge, VIP suites and booths. Due to the refurbishment, Oceana is currently restricted to Oceana Bar and New York Disco. Student night on Mondays. Dress code is smart casual.

THE LIVING ROOM
thehub:mk 608643
A SWANKY new bar at thehub:mk features an upmarket restaurant and piano bar with an outdoor terrace overlooking the central piazza. Food from midday until late.Each evening one of The Living Room's resident musician's perform live on a baby grand.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday Madness: Indie to beat driven house. Tuesday: Two-for-one on 56 cocktails. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: Deep house, electro and Ibiza anthems with different promoters each week. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code smart casual.

OPUS
Theatre District john@opusmk.com
A BOUTIQUE bar with live DJs playing over two floors. Monday: I love 80s and 90s .Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: Honey Trap - RnB and funky house. Fridays and Saturdays: Chart and funky house. Sunday: Salsa. Dresscasual cool. Food until 9pm. Cocktails. Two for one offer on Tuesday nights.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE
Theatre District info@buddhablue.co.uk
DJs spin RnB tunes into the early hours. Dress code is smart.

SHOUT
Station Square 233430
FORMERLY Chicagos. On Friday and Saturday party until 2pm. Entry is £18 on the door - but for that you can drink all you want. Monday: Sabotage - student rock night, cheap drinks 9pm-2am. Entry £2.

MOOD
Xscape 251060
DANCE and chart music until 3am on Fridays and Saturdays - small entry fee before 10pm. Upfront house, dance, chart and RnB.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJs and live bands at the weekend, pool tables, and a big screen TV for matches. Casual dress and food is available.

SLUG AND LETTUCE
Theatre District 395147
BAR that offers wide range of bottled and drought beers from around the world, quality wines and classic cocktails. Outdoor seating.

ALL BAR ONE
Midsummer Boulevard 397216
COSMOPOLITAN bar aimed at people who enjoy great drinks and food in a contemporary environment.

FOX & HOUNDS
Stony Stratford 563307
PUB showcasing live bands on some nights.

THE SONG LOFT
Stony Stratford 566407
FOLK and country music special on alternate Friday nights. Dress as you please.

THE PLOUGH
Water Eaton 373118
PUB with a late licence and live rock bands on Saturdays.

THE CANNON
Newport Pagnell 211495
PUB with open mic night every Thursday. Free entry. To play just turn up with your instrument.

CRAUFORD ARMS
Wolverton 313864
Friday: Faceless Joker, Cut to the Chase, Smoke and Strobe Party. £4. Doors open at 7.30pm.

THE PITZ 660392

TESSERACT
Supports Last Stop China Town, Aortic Dissection and Beneath the Bleeding
Friday, July 25
THE very best in exciting new rock metal music with TesseracT who began life as a solo project in a dark, cluttered room inhabited by local lad Acle Kahney.

The initial idea was to create heavy music that moves you, embraces and enhances you and then takes you somewhere totally unexpected.

The band creates ripples of musical realities and unseen (or in this case unheard of) sonic dimensions.

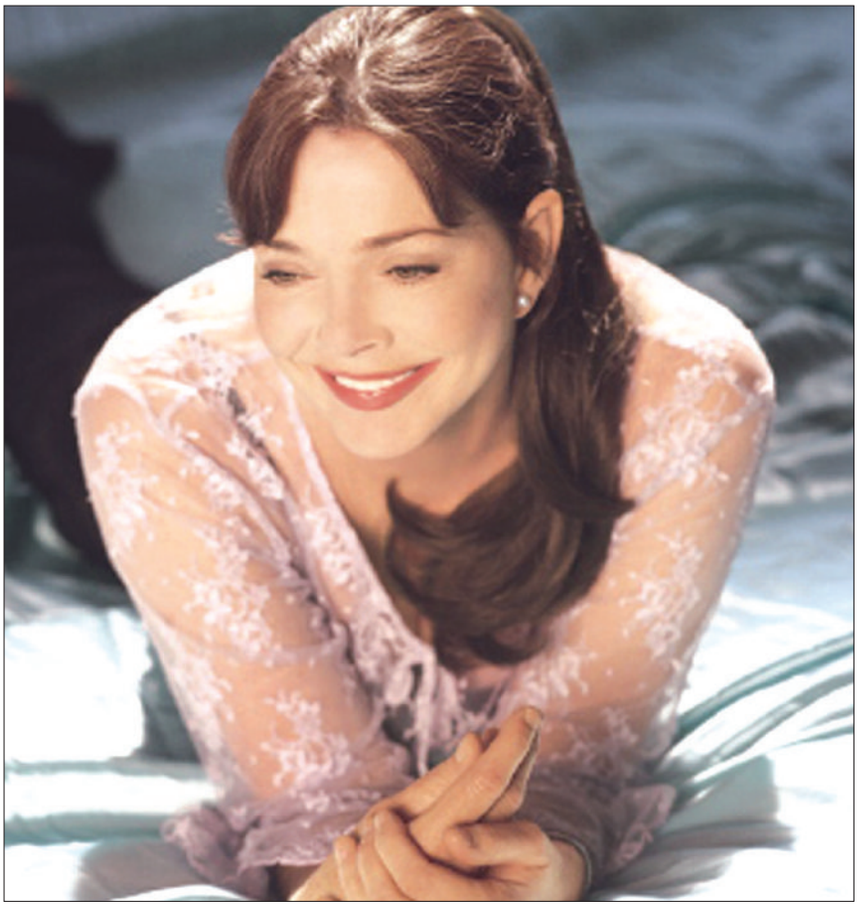
Just as matter and energy change into each other, musical elements transform and move into each other to create a constantly evolving soundscape.

Whilst beginning in the virtual world of the studio in a box, by utilising the possibilities of modern technology, TesseracT are able to bring the dark and dense multi faceted sound of their recordings to the stage uncompromised and in full.

Combining a highly energetic exciting sound with the symphony of audio elements has given TesseracT a reputation as outstanding and unbelievable act in the flesh.

Tickets £6. Doors 7.30pm

THE STABLES 280800



ANDY FAIRWEATHER LOW
Friday, July 2, 8pm.
A WORLD tour as musical director with Roger Waters' band followed by a European tour with Bill Wyman's Rhythm Kings might be difficult to top for most people, but not for Andy. He just segues smoothly to a solo tour with some of the world's finest musicians in his band – Geraint Watkins, Dave Bronze and Paul Beavis complete the line-up.

Tickets £21.50

NANCI GRIFFITH
Saturday, July 26, 8pm.
Grammy Award-winning Nanci Griffith swept Nashville off its collective feet with her unique form of folkabilly music – merging country with folk and pop music. She has penned some of country music's most enduring compositions, and her most recent album Ruby's Torch, is an intriguing experiment bringing together both Griffith originals and material from some of her favourite writers.

Tickets £32.50

THE PLOUGH, WAVENDON

A MILTON Keynes restaurant has celebrated its first birthday by winning a food award.

The Plough in Wavendon has picked up The Foodie Square Guide award for Buckinghamshire Restaurant of the Year 2008.

Owner, Jonathan Todd, said: "We are extremely proud of The Plough's latest award. It is a testament to the commitment and ideals our restaurant offers diners.

"Our chef, Grant Hawthorne, is passionate about the food and service we deliver.

"His support for local businesses and, in turn, the local economy allows him to further enhance his position as one of the region's leading chefs: This is something that I, as a successful Milton Keynes businessman, fully appreciate and support. He can justifiably be proud of this award, it is voted for by the public and is a glowing confirmation of their support in what he does."

Grant said: "It's been my ambition to become the best restaurant here at The Plough.

"I have been given an amazing opportunity to do so and I'm extremely grateful for the support of Jon in helping me to achieve this. Our restaurant is where my passion and demonstration of the art and craft of cooking is to be found. I'm humbled by the guest's recognition and respectful of the honour that goes with this award."

MK THEATRE BOX OFFICE 0870 060 6652

TREASURE ISLAND
Until Saturday
A SWASHBUCKLING adventure filled with treasure maps, buried gold and fearless seafaring pirates as Robert Louis Stevenson's classic story is brought vividly to life on stage.

When young Jim Hawkins discovers a treasure map in The Admiral Benbow Inn, he hands it over to Squire Trelawney.

Seized with excitement, Trelawney sets sail with Jim in search of the island. They are joined on the ship by the hand-picked crew and the ship's cook, Long John Silver.

But the one-legged Silver has a shocking secret in store and when they reach their destination, Jim faces the most dangerous and exciting adventure of his life.

ALL YOU NEED IS LOVE
Tuesday, July 29 – Saturday, August 2
DIRECT from New York, All You Need Is Love is the ultimate musical celebration of the swinging sixties.

The Fab Four and friends are back so hang on to your seats, the party's about to begin.

Join this magical mystery tour to the 1960's, where peace, love and flower power ruled the day.

Featuring the greatest hits from The Beatles and other 60's icons including; The Kinks,

The Rolling Stones, The Beach Boys, Sonny and Cher, The Monkees, Bob Dylan, Mamas and Papas and many more!

With a cast of fabulous dancers and singers, this smash-hit sixties celebration is guaranteed to have you 'twisting and shouting' all the way home.

FRIDAY
July 25

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Escape to the Country (R/T) (Followed by BBC News; Weather) **11.00** Homes under the Hammer (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Step Up to the Plate (T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **Sky Cops** (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** Max does his best to cause problems for Tanya and Jack. (T)
8.30 **Celebrity MasterChef** Chef and restaurateur John Torode and food writer and ingredients expert Gregg Wallace search for the country's top celebrity chef. (T)
9.00 **Would I Lie to You?** Comedy panel show hosted by Angus Deayton. (T)
9.30 **The Two Ronnies Sketchbook** (T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather**
10.33 **BBC Weather** (T)
10.35 **Comedy Connections** The series charting the history of the best of British comedy. (T)
11.15 **National Lottery Euromillions Draw** (T)
11.20 **FILM: The Rainmaker** (1997) Legal drama adapted from the John Grisham novel about a young law-school graduate whose first case is the pursuit of a major insurance company accused of stalling on a leukaemia victim's health claim. Stars Matt Damon. (T)

1.30 Weatherview (T) **1.35** Sign Zone: Top Gear (R/T) **2.35** Francesco's Mediterranean Voyage (R/T) **3.05** Francesco's Mediterranean Voyage (R/T) **3.35** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.55 FILM: Escape to Witch Mountain** (1975) Fantasy adventure starring Eddie Albert, Ray Milland and Donald Pleasence. (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (R/T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Eating with the Enemy (T) **5.15** Cash in the Celebrity Attic (T)

6.00 **Athletics: London Grand Prix** Live action from Crystal Palace as the world's elite athletes put their final preparation together ahead of the Olympic Games. (T)
8.30 **RHS Tatton Park Flower Show 2008** Coverage of the 10th anniversary of the RHS Flower Show at Tatton Park as the Gardeners World Team lead the celebrations. (T)
9.00 **Burn Up** At a climate change conference in Calgary Tom realises that his best friends are his enemies and that they will stop at nothing to preserve their interests. With a race to the finish Tom has to decide what to do with the kind of information that kills people. (T)
10.30 **Newsnight** (T)
11.00 **Newsnight Review** Round table arts and culture discussion programme with Kirsty Wark. (T) (Followed by Weather)
11.35 **Originals: Dinah Washington - Evil Gal Blues** Documentary about American jazz and blues singer Dinah Washington, featuring contributions from people who knew her well and singers who love her work. (T)

12.35 Star Trek: The Next Generation (T) **1.20** Star Trek: The Next Generation (T) **2.05 FILM: Terror** (1978) Horror tale starring John Nolan, James Aubrey and Glynis Barber. (T) **3.25** How I Met Your Mother (R/T) **3.50** How I Met Your Mother (R/T) **4.15** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Heartbeat (R/T) **5.00** Goldenballs (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Anna assures Carl that she isn't interested in Jimmy. (T)
7.30 **Coronation Street** Kevin warns John to stay away from Rosie. (T)
8.00 **Country Lives** Chris Beardshaw clears out a stewpond in the grounds of an 800-year-old haunted priory in Sussex. (T)
8.30 **Coronation Street** Molly turns the tables on Tyrone. Fiz has a go at John for using Chesney. Harry is torn between Clarissa and Liz. (T)
9.00 **A Touch of Frost** When an environmental health officer disappears and a dismembered arm is washed up on the shore of the Humber Estuary, Frost is called in to investigate. Suspecting foul play he links the murder to a meat factory the health officer had been looking into. Frost also has troubles on the home front with the arrival of his new lodger and his uninvited dog. (R/T)
11.00 **The Late News and Weather** (T)
11.45 **Bingo Night Live** Anthony Crank, Jayne Sharp and Nichola Dixon present the free bingo show with thousands of pounds waiting to be won.

12.55 Hack (T) (Followed By ITV News Headlines) **1.45 FILM: Splitting Heirs** (1992) Comedy starring Rick Moranis. (T) **3.10** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.30** Big Brother's Little Brother (T) **8.00** Big Brother (R/T) **9.00** Friends (R/T) **9.30** Friends (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.45** Small Railway Journeys (R/T) **12.00** News at Noon (T) **12.30** 3 Minute Wonder (R/T) **12.35** The Class (T) **1.00** Will & Grace (R/T) **1.25** Supporting Acts (R/T) **1.45** Desperate Housewives (R/T) **2.35** Desperate Housewives (R/T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (R/T)
8.00 **A Place in the Sun: Home or Away** Jonnie and Jasmine are called in to help Norfolk-based business owners Nick and Lisa Aston find the perfect holiday home. (T)
9.00 **Big Brother** Davina McCall announces the eviction results live and direct to the house in a special eviction night show. Plus highlights from the past 24 hours in the Big Brother house. (T)
10.00 **The Kevin Bishop Show (New)** The Kevin Bishop Show offers up six hilarious episodes in a roller coaster ride of over 40 sketches in a bid to make light of all that is called "celebrity". (T)
10.35 **Big Brother** The evicted housemate leaves the compound and returns to the outside world. (T)
11.05 **Gordon Ramsay's F Word** Gordon meets supermodel Erin O'Connor to find out what models really eat, and Janet Street-Porter spit roasts one of the veal calves she has raised in a field near her home. (R/T)

12.10 4music: T-Mobile Transmission (T) **1.10** Goalissimo (T) **2.00** Bullrun: Cops, Cars And Superstars (T) **2.30** Big Brother Live **4.35** Transworld Sport (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home (R/T) **3.05** five news update (T) **3.10 FILM: A Step toward Tomorrow** (1996) Heartwarming drama starring Judith Light, Brad Dourif and Tom Irwin. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)
7.30 **Brits Who Made the Modern World** The documentary series looking at the untold stories of British scientific innovations here focuses on the development of Britain's mobile-phone network. (T) (Followed by five news update)
8.00 **Superstars** Athletes from a range of disciplines compete against each other in a series of sporting challenges. (T) (Followed by five news at 9)
9.00 **NCIS** Tony goes undercover to help a prisoner escape from a military detention camp in order to recover millions of dollars worth of Iraqi art. (R/T)
10.00 **Shark** An up-and-coming songstress is murdered shortly after attending a party at the Playboy Mansion. Suspicion initially falls on a sleazy record producer who was having an affair with the girl. (T)
11.00 **Law and Order** Briscoe and Green think that the murder of a businessman was a professional hit, and fingers point to the wife and her lover. (R/T)

12.00 Quiz Call **4.30** Lemur Island (R/T) **5.10** House Doctor (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am The Dog Whisperer **7.00** Brainiac: Science Abuse **8.00** Lion Man **8.30** Lion Man **9.00** Zoo Vet at Large **9.30** Zoo Vet at Large **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Stargate SG-1 **3.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Don't Forget The Lyrics **10.00** Don't Forget The Lyrics **11.00** Gladiators **12.00am** Road Wars **1.00** Road Wars **1.50** Stargate Atlantis **2.40** Airline **3.05** Airline **3.30** Las Vegas **4.20** Rescue Me **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** Airline USA **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Judge Judy **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **12.30** Planet's Funniest Animals **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Pushing Daisies **9.00** America's Got Talent **10.15** Bionic Woman **11.15** Benicassim 2008 **12.15am** Coronation Street **12.45** Coronation Street **1.15** iTunes Festival 2008 **1.40 FILM:** The Skulls **3.25** Teleshopping **5.55** ITV2 Nightscreen

BBC3

7.00pm Top Gear **8.00** The Real Hustle **8.30 FILM:** Freaky Friday **10.00** EastEnders **10.30** Two Pints of Lager and a Packet of Crisps **11.00** Two Pints of Lager and a Packet of Crisps **11.30** Family Guy **11.55** Family Guy **12.20am** Touch Me, I'm Karen Taylor **12.50** Trexx and Flipside **1.20** Snog Marry Avoid? **1.50** Two Pints of Lager and a Packet of Crisps **2.20** Two Pints of Lager and a Packet of Crisps **2.50** The Real Hustle **3.20** Touch Me, I'm Karen Taylor **3.50** Trexx and Flipside **4.20** Snog Marry Avoid? **4.50** Close

BBC4

7.00pm World News Today **7.30** A Seaside Parish **8.00** Classic Brittania **9.00** Respect Yourself: The Stax Records Story **10.55** Stax Volt Tour Of Norway 1967 **11.55** The Avengers **12.45am** The Avengers **1.35** Charles Wheeler: Edge of Frame **2.25** Charles Wheeler: Shadow over Europe **3.05** Classic Brittania **4.05** Close

MKANNOUNCEMENTS

Congratulations

JAMES HUDSON

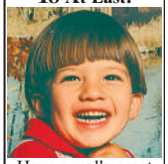
Congratulations in achieving a first class degree in BSc (Hons) Computer Aided Product Design and for your 21st birthday on 23rd July 2008.

Best wishes for your future career from all your family.

Happy 18th Birthday
ASHLEY WILTSHIRE
22nd July 2008
Lots of love Mum, Dad, Kayleigh, Nonni and all the family xxxx

Never forgetting Uncle Mario who would be so proud of you.

JAY DEFEO
18 At Last!



Have a really great Birthday
Lots of love Mum, Dad and all the family xxx

SHAUN QUINN
Happy 21st Birthday 22nd July

Love from all your family and friends

SUMMER-LILLY SAINT
Happy 1st Birthday on 21st July 2008

Lots of love from Mummy, Daddy and all the family xxx

REBECCA COLLINS
'Becs'
Happy 18th Birthday 18th July

Lots of love Mum, Dad, Clare & Grandad xxx
You're finally old enough!

Look who's 50 KATH FRY

Happy Birthday.
Love Mum and family xxx

PAULINE BEESON
Happy 60th Birthday on 23rd July 2008

All our love Derek, Mark, Claire, Alex & Cassie xxxxx

CHRIS WATT
Happy 18th Birthday Today!

Love from Mum, Dad, Rachael & Richard

Look who's 18 on the 21st July
LORENZO POMPA

Love from Mum, Dad & Cristina

Births

CHRIS & ISOBEL

Are delighted to announce the birth of

AMELIE CECILIA ELIZA CONNEELY

Born 9th July 2008 weighing 8lbs.

Thank you to everyone for all the lovely gifts.

MORGAN POOLEY
Our Little Prince
Happy 1st Birthday Darling
27th July 2008

Lots of love Mummy, Daddy, Albert, Crystal & Sinead xxx

SORCHA BRESLIN
Happy 21st Birthday
22nd July 2008
Love always, Mum, Dad, Sam, Charlotte, Louise & David xxxxxx

Happy 18th Birthday
LIANA
"Barbie"
24th July 2008
Loadza love Mum, Dad, Callum and Alfie, Nannie and Grandad, Grandma and Grandad, Big Davyd and Rachel and Your Tommy xxx

Anniversaries

To my beautiful wife

URSULA

on our Anniversary.

With all my love always, your husband Steve

In Memoriam

MARK WILLIAMS
24th July 2005
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Our Hearts Still Ache
But Smiles Of Your Memory
Still Take Over
Loved and Missed Always, Diana, Kevin, Joanna and Clare XXXX

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SATURDAY
July 26

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen Best Bites (R/T) **11.30** Celebrity MasterChef (R/T) **12.00** BBC News (T) **12.10** Rugby League Challenge Cup Semi-Final (T) **2.30** Athletics: London Grand Prix (T) **5.40** BBC News (T) **6.00** Weakest Link Special (T)

6.55 **Last Choir Standing** Myleene Klass and Nick Knowles host the search for Britain's best choir. Another five of the final 15 choirs battle it out in the second studio heat. But which choir will most impress judges Russell Watson, Sharon D Clarke and Suzi Digby? (T)

8.05 **The National Lottery: This Time Tomorrow** Tess Daly hosts the National Lottery show where being a winner tonight means being somewhere fabulous tomorrow. (T)

8.55 **Casualty** Snezana's secret almost has fatal consequences and Jeff threatens to blow the whistle. Jessica turns her back on Adam whilst Marilyn forces Zoe to make a terrible choice. (T)

9.45 **BBC News** (T) (Followed by National Lottery Update)

10.05 **FILM: Flightplan** (2005) Mystery drama. When a woman's six-year-old daughter inexplicably vanishes during a transatlantic flight, she struggles to convince the cabin crew that she is telling the truth about the disappearance. Stars Jodie Foster, Sean Bean and Peter Sarsgaard. (T)

11.45 **FILM: Eurotrip** (2004) Teen comedy about an American high-school graduate who, after learning that his girlfriend has been cheating on him, embarks on a trip across Europe with his friends in search of his stunning German penpal. Stars Michelle Trachtenberg, Scott Mechlowicz and Jacob Pitts. (T)

1.15 Weatherview (T) **1.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** The Slammer (R/T) **10.55** Prank Patrol Pocketsize (R/T) **11.00** The Story of Tracy Beaker (R/T) **11.30** Eliot Kid (R/T) **11.45** Sportsround (T) **12.00** Animal Park (R/T) **12.30 FILM: The Seven Year Itch** (1955) Classic comedy starring Marilyn Monroe. (T) **2.15** Racing from Ascot (T) **4.45** Flog It! (R/T) **5.45** Coast: Dover to Isle of Wight (T)

6.45 **BBC Proms 2008** We celebrate violinist Nigel Kennedy's return to the BBC Proms after an absence of 21 years. (T)

8.30 **Dad's Army** Mainwaring the bank manager calls in Corporal Jones to explain why his account is always in the red. (R/T)

9.00 **Have I Got Old News for You** Comedy quiz show that grills celebrity contestants on the week's news. (R/T)

9.30 **Mock the Week** Two teams of comedians take a satirical swipe at the news and world events. (R/T)

10.00 **Comics Britannia** Armando Iannucci presents a series which explores the history of British comics. He looks at boys' and girls' adventure comics of the 1950s, 60s and 70s, from the Eagle and Bunty through to Jackie and Commando. (T)

11.00 **Comedy Connections** (T)

11.40 **FILM: Spider** (2002) Ralph Feinnes stars in this critically acclaimed film by David Cronenberg. Released from a mental institution, a disturbed man revisits his childhood and recalls unsettling events involving his father, mother and the woman who replaced her in the family home. Stars Ralph Fiennes, Miranda Richardson and Gabriel Byrne. (T)

1.15 Arrested Development (T) **1.40** Arrested Development (T) **2.00 FILM: Emile** (2003) Drama starring Ian McKellen, Deborah Kara Unger and Tygh Runyan. (T) **3.35** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.40** Captain Mack (T) **9.55** Captain Mack (T) **10.10** Supernormal **10.25** Drake and Josh (R/T) **10.55** Finger Tips (R/T) **11.10** Tricky Quickies (R/T) **11.15** The Crocodile Hunter Diaries (R/T) **12.15** ITV News and Weather (T) **12.25** Regional News and Weather **12.30 FILM: 633 Squadron** (1964) World War II action-drama starring Cliff Robertson. (T) **2.15 FILM: MacArthur** (1977) Biopic of General Douglas MacArthur starring Gregory Peck. (T) **4.45** Regional News and Weather **5.00** ITV News and Weather (T) **5.20 FILM: Liar Liar** (1997) Comedy starring Jim Carrey. (T)

6.55 **You've Been Framed!** Harry Hill delves into the archive to present a special edition of the programme, featuring the funniest, cleverest, naughtiest and cheekiest children from the last 17 series of the home video show. (R/T)

7.55 **Who Dares Sings!** Denise Van Outen and Ben Shephard host the ultimate singing gameshow - a TV karaoke party with a 50,000 pound cash prize. Members of the audience must sing against the super computer SAM. (T)

8.55 **Foyle's War** An unexploded bomb at a busy shipyard leads to a startling discovery in a complex story of greed and politics. (R/T)

10.55 **ITV News and Weather** (T)

11.10 **Benidorm** Janice tries to convince Madge not to agree to a wedding to a man they have only known for five minutes. (R/T)

11.40 **Benidorm** Everyone, apart from The Oracle and Telle (who strike up an unlikely friendship), heads off on a free trip to a bullfight. (R/T)

12.10 Bingo Night Live **1.15** X-Files: I Want To Believe - ITV Movie Special (T) **1.35** Nightwatch with Steve Scott - Crime (R/T) **2.35 FILM: The Krays** (1990) Biopic starring Billie Whitelaw. (T) **4.35** ITV Nightscreen **5.00** CITV

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.55** T4: T-Mobile Transmission **9.25** On The Beach 2008: Buried Treasures (T) **10.10** Big Brother (R/T) **11.10** Big Brother (R/T) **11.40** Shipwrecked 2008: Battle Of The Islands (R/T) **1.00** Red Bull Air Race 2008 (T) **2.00** Channel 4 Racing From York And Newmarket (T) **4.00** Deal Or No Deal (T) **4.45** Supernanny (T)

5.40 **Gok's Fashion Fix** Another chance to see Thursday's new episode. Gok's been working nine to five to scour the high street for this week's working girl theme. (R/T)

6.40 **Channel 4 News** (T)

7.00 **Krakatoa** Drama-documentary recalling the volcanic eruption of Krakatoa over 100 years ago which resulted in the destruction of the island, situated off the southern tip of Sumatra. Ash clouds from the eruption affected climate globally, while the tsunami it produced was twice the height of that which struck Asia on Boxing Day 2004. The programme also looks at the subsequent scientific efforts to predict such catastrophic events. (R)

9.00 **Big Brother** Today's highlights from the Big Brother house. (T)

10.00 **FILM: Blast from the Past** (1999) A romantic comedy about a naive man who comes out into the world after being in a nuclear fallout shelter for 35 years. Stars Brendan Fraser, Alicia Silverstone and Christopher Walken. (T)

11.55 **4music: Live From Abbey Road** Series featuring performances from some of the best musical talent around, both old and new, all filmed at the legendary Abbey Road Studios in London. (T)

1.00 Big Brother Live **4.25** St. Elsewhere (R/T) **5.15** Countdown (R/T)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** Fifth Gear Short Cuts (T) **10.05** Britain's Strongest Man (R/T) **10.55** Megastructures (R/T) **11.55** Warship (R/T) **12.55 FILM: Samson and Delilah** (1949) Oscar-winning biblical epic starring Hedy Lamarr. (T) **3.20** Football (T) **5.45 FILM: Jason and the Argonauts** (2000) Action adventure starring Todd Armstrong, Nancy Kovack and Gary Raymond. (T)

7.35 **Superstars** Athletes from a range of disciplines compete against each other in a series of sporting challenges. Based on the popular show of the 1970s and 80s, this new series follows four teams captained by Sir Steve Redgrave, Dame Kelly Holmes, Mike Catt and Roger Black. Round one continues as Mike Catt captains his Blue team against Roger Black's Yellows. (R/T)

8.30 **five news and sport** (T)

8.45 **NCIS** Ziva's past comes back to haunt her when she witnesses an assassination by her former Mossad partner. (R/T)

9.45 **CSI: NY** When a paintball player is found shot dead, Flack realises that a dirty cop under his supervision could be to blame. Mac comes face to face with his deceased wife's son, a young man he never got the chance to know. (R/T)

10.45 **Law and Order: Criminal Intent** Goren and Eames track down a jewel thief who murdered her accomplice and discover that their arch-nemesis Nicole Wallace is involved in the case. (R/T)

11.45 **Women Who Kill** Series documenting the harrowing stories of female killers and the men they have cheated and murdered for money. (R/T)

12.15 Quiz Call **4.30** Lemur Island (R/T) **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE

6.00am Dinotopia **7.00** Lion Man **7.30** Lion Man **8.00** Lion Man **8.30** Lion Man **9.00** Zoo Story **9.30** Zoo Story **10.00** Zoo Story **10.30** Zoo Story **11.00** Sea Monster: Search For The Giant Squid **12.00pm** Vroom Vroom **1.00** Don't Forget The Lyrics **2.00** Don't Forget The Lyrics **3.00** Don't Forget The Lyrics **4.00** Malcolm in the Middle **4.30** Malcolm in the Middle **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Gladiators **7.00** Malcolm in the Middle **7.30** Malcolm in the Middle **8.00** The Simpsons **8.30** The Simpsons **9.00** Road Wars **10.00** Road Wars **11.00 FILM:** Footloose **1.05am** Road Wars **1.30** Road Wars **2.20** The Villa **3.15** Mile High **4.10** Caribbean Uncovered **5.00** Bite Size Brainiac **5.10** Guilty!

ITV2

6.00am Planet's Funniest Animals **6.15** Nanny 911 **7.05** Coronation Street Omnibus **9.25** Emmerdale Omnibus **12.15pm** Holiday Showdown **1.20** Holiday Showdown **2.25** Holiday Airport - Orlando **3.30** All Star Family Fortunes **4.10** Planet's Funniest Animals **4.35** Animals Do the Funniest Things **5.40** America's Got Talent **6.55** Gossip Girl **7.55 FILM:** Back to the Future Part III **10.05 FILM:** Die Hard **12.35am** N*E*R*D Live at IndigO2 **1.05 FILM:** The Skulls **3.05** Emmerdale Omnibus **5.30** Teleshopping

BBC3

7.00pm Snog Marry Avoid? **7.30** Snog Marry Avoid? **8.00** Top Gear **9.00 FILM:** Heat **11.45** Family Guy **12.10am** Family Guy **12.30** Touch Me, I'm Karen Taylor **1.00** Britain's Missing Top Model **2.00** Addicted to Boob Jobs **3.00** Snog Marry Avoid? **3.30** Snog Marry Avoid? **4.00** Touch Me, I'm Karen Taylor **4.30** Close

BBC4

7.00pm The Flipside of Dominick Hyde **8.30** Mastermind: Fred Housego **9.00** Arena: Cab Driver **10.00** Top Gear Take Two **10.15** The Knowledge **11.50** Modern Times **12.40am** Jonathan Ross in Search of Steve Ditko **1.40** Arena: Cab Driver **2.40** Perpetual Motion **3.10** Arena: Cab Driver **4.10** Close

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SUNDAY
July 27

BBC1

6.00 Breakfast (T) **9.00** The Andrew Marr Show (T) **10.00** Sunday Life (T) **11.00** Countryfile (T) (Followed by Weather for the Week Ahead) **12.00** BBC News (T) **12.05** Cash in the Attic (T) **12.35** 'Allo 'Allo! (R/T) **1.00** EastEnders (T) **2.55 FILM: The Horse Whisperer** (1998) Romantic drama starring Robert Redford. (T) **5.35** Keeping Up Appearances (R/T) **6.05** Songs of Praise (T) **6.40** Last of the Summer Wine (T)

7.10 **BBC News** (T)
7.35 **Last Choir Standing Results** Myleene Klass and Nick Knowles host the search for Britain's best choir. (T)
8.00 **FILM: War Of The Worlds** (2005) Updated science fiction drama. When merciless aliens attack the Earth, a dock worker fights to get his children to safety. As they find themselves being chased by 100-feet-high tripods through the streets of New York, the alien vessels start to open fire on the retreating crowd, incinerating everything that gets in the way. Stars Tom Cruise, Dakota Fanning and Miranda Otto. (T)
9.50 **BBC News** (T)
10.10 **Commercial Breakdown with Jimmy Carr** Jimmy Carr presents a collection of the funniest, wildest and weirdest television commercials from across the globe. (T)
10.50 **FILM: Muriel's Wedding** (1994) Sparkling comedy about a frumpy girl who equates marriage with success and will go to any lengths to get wed. Stuck in a small provincial town in northern Australia, Muriel spends her days sitting in her bedroom, daydreaming and listening to Abba. Stars Toni Collette. (T)
12.30 Sign Zone: Weatherview (T) **12.35** Ray Mears Goes Walkabout (R/T) **1.35** Holby City (R/T) **2.35** Britain's Lost World (R/T) **3.35** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.00** Something for the Weekend (T) **11.30** Rachel's Favourite Food at Home (T) **12.00** Animal Park (R/T) **1.00** Fred Dibnah's World of Steam, Steel and Stone (R/T) **1.30** Racing from Ascot (T) **3.10** Rugby League Challenge Cup Semi Final (T) **5.30** An Otter in the Family (T) **6.00** Siberia to Sahara: A Snowboarder's Odyssey (T)

7.00 **Dragons' Den** The multi-millionaire Dragon investors are back and at the top of their game. (R/T)
8.00 **Top Gear** In the last show of the current series, Jeremy, Richard and James take on their rivals from the German equivalent of Top Gear, James drives some Japanese sportspeople in a very strange Japanese car, and Richard attacks the test track in a remarkable concept car from Mazda. (T)
9.00 **Long Way Round** Documentary showing the preparation and planning of Ewan McGregor and Charley Boorman's famous motorbike journey. (T)
10.00 **Tribal Wives** Six women each live for a month with six different tribes all over the world. High-flying 38-year-old Andy goes to live with the Mentawai, who live deep in the jungle on a remote island off the coast of Indonesia, and whose lives are dominated by the spirit world. (T)
11.00 **FILM: Where the Truth Lies** (2005) Mystery thriller. In the 1950s, Lanny Morris and Vince Collins are the most beloved entertainers in America. They are at the top of their game; wealthy, powerful and enormously popular, when something terrible happens. Stars Kevin Bacon. (T)
12.40 Joins BBC News (T) **3.35** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** CITV: Jim Jam and Sunny (T) **9.40** Captain Mack (T) **9.55** Captain Mack (T) **10.10** Finger Tips (R/T) **10.30** Art Attack (R/T) **10.55** Horrid Henry (R/T) **11.10** Coronation Street Omnibus (T) **1.20** Planet's Funniest Animals (T) **1.50** ITV News and Weather (T) **2.00** Regional News and Weather **2.10 FILM: The Alamo** (2004) Classic western starring John Wayne, Richard Widmark and Laurence Harvey. (T) **5.00** Robbie Coltrane: B-Road Britain (R/T) **6.00** The Way We Were (T) **6.25** Regional News and Weather **6.40** ITV News and Weather (T)

7.00 **Heartbeat (New)** Joe and Carol join forces when their concerns for the welfare of a young ballerina grow, and David helps out at the local paper in an unexpected way. (T)
8.00 **Midsomer Murders (New)** Jean Wildacre, a grandmother and magician's assistant, drops dead during a stage show, poisoned by a deadly tropical frog. Barnaby and Jones investigate the secretive world of Midsomer's Magic Circle - a group of friends who once formed a cult together. (T)
10.00 **ITV News and Weather** A round-up of the latest news headlines plus a national weather forecast. (T)
10.15 **All New TV's Naughtiest Blunders** Neil Morrissey introduces another selection of outrageous out-takes from the small screen. (T)
11.30 **A Match Made in Heaven** Series going behind the scenes at three of the most popular religious dating agencies to expose the reality of modern-day dating for Britain's young Muslims, Jews and Christians. (T)

12.00 Vicars' Wives (R/T) **12.30** 60 Minute Makeover (R/T) **1.25** Vanessa's Real Lives (R/T) **2.15** Fat Chance (R/T) **2.40** Fat Chance (R/T) **3.05** Moving Day (R/T) **3.30** Moving Day (R/T) **3.55** ITV Nightscreen **5.00** CITV

FOUR

6.00 The Treacle People (R) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Transworld Sport (T) **7.55** British Superbike Championship (R/T) **8.50** T4: The Nokia Green Room (R/T) **9.25** Movie Special (R/T) **10.00** Hollyoaks Omnibus (R/T) **12.30** Shipwrecked 2008: The Reunion Finale (T) **1.40** Big Brother's Little Brother (T) **2.40** Big Brother's Diary Room Uncut (T) **3.45** The Simpsons (R/T) **4.15** The Simpsons (R/T) **4.45** Time Team (R/T) **5.45** Scrapheap Challenge (T) **6.45** Channel 4 News (T)

7.00 **Car Bomb** Ex-CIA operative Robert Baer charts the evolution of the car bomb, the simplest but most deadly of all insurgent weapons. Using access only available to a former intelligence officer, Baer interviews ex-members of the IRA, the Cosa Nostra and student radicals to find out just how serious a threat the car bomb is, and whether it can be defeated. (T)
8.00 **Queen Camilla** Despite being acknowledged in public as never before, little is known about Camilla Parker-Bowles, companion to the Prince of Wales. This programme looks at the inside story of Charles and Camilla's relationship, as friends and former staff break their silence. (R/T)
9.00 **Big Brother** Today's highlights from the Big Brother house. (T)
10.00 **FILM: Cabin Fever** (2002) When a group of teenagers rent a cabin in the woods for a bit of R&R, they get more then they bargained for. When their peace is interrupted by a sick hermit, a grisly fight for survival begins. Horror starring Rider Strong. (T)
11.45 **The Charlotte Church Show** Charlotte hosts a mix of celebrity guests, hidden camera stunts, comedy sketches and top music acts. (R/T)

12.35 Back To You (T) **1.05** Big Brother Live **4.25** Car Bomb (R/T) **5.25** Countdown (R/T)

FIVE

6.00 Milkshake! **10.00** The Gadget Show (R/T) **11.00** Monster Moves (R/T) **12.00** Ice Road Truckers (R/T) **1.00** Zoo Days (R/T) **1.30 FILM: Simon Birch** (1998) Emotional drama starring Ian Michael Smith, Joseph Mazello and Ashley Judd. (T) **3.35 FILM: Excess Baggage** (1997) Quirky comedy starring Alicia Silverstone, Benicio Del Toro and Christopher Walken. (T) **5.25** five news and sport (T)

5.45 **FILM: Stealth** (2005) Action thriller in the Top Gun mould, complete with jet plane heroics. The US Navy's plans to develop an unmanned fighter are thrown into turmoil when the aircraft's onboard computer assumes independent control and embarks on its own mission. Stars Jamie Foxx, Josh Lucas and Jessica Biel. (T)
8.00 **Riddle of the Romanovs: Revealed** Historical documentary probing one of the 20th century's most enduring mysteries. In 1918, Nicholas II of Russia and his family were executed by the Bolsheviks. Rumours that some of his children may have survived gained ground when investigators discovered that two bodies were missing from the family's grave. (R/T)
9.00 **Most Shocking Celebrity Moments of the 90s** Entertaining countdown of the 70 most stunning moments from a decade of outrageous behaviour, including Michael Jackson's wedding to Lisa Marie Presley; Charles and Camilla's secret tape; Glenn Hoddle's sacking as England manager; and Madonna's first venture into publishing. (T)

12.00 Banged Up (R/T) **1.00** Major League Baseball **4.20** Ironman Triathlon: South Africa **5.10** Wildlife SOS (R/T) **5.35** Wildlife SOS (R/T)

SATELLITE

SKY ONE
6.00am Hour of Power **7.00** Pokémon Advanced **7.30** Pokémon Advanced **8.00** Vroom Vroom **9.00** Brainiac: Science Abuse **10.00** Brainiac's Test Tube Baby **11.00** WWE - Experience **12.00pm** Gladiators **1.00** Futurama **1.30** Futurama **2.00** Killer Squid **3.00** Don't Forget The Lyrics **4.00** Futurama **4.30** Futurama **5.00** Futurama **5.30** The Simpsons **6.00** Gladiators **7.00** Don't Forget The Lyrics **8.00** The Simpsons **8.30** The Simpsons **9.00 FILM:** Footloose **11.05** Gladiators **12.05am** Road Wars **1.05** Street Wars **2.00** The Villa **2.55** Mile High **3.50** Caribbean Uncovered **4.45** America's Dumbest Criminals **5.10** Guilty!

ITV2
6.00am Heartthrobs: Gone Bad **6.30** Vernon Kay's Gameshow Marathon **7.35** Nanny 911 **8.25** Pushing Daisies **9.25** America's Got Talent **10.40** Gossip Girl **11.40 FILM:** Back to the Future Part III **1.50pm** Emmerdale Omnibus **4.35** Coronation Street Omnibus **7.00** America's Got Talent **8.15** Gossip Girl **9.00 FILM:** Die Hard **11.35 FILM:** Love Actually **2.05am** Teleshopping **5.05** ITV2 Nightscreen

BBC3
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Greek **8.40** Greek Uncovered **9.00** Sasha: Beauty Queen at 11 **10.00** Family Guy **10.25** Family Guy **10.45** Trexx and Flipside **11.15** Touch Me, I'm Karen Taylor **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Two Pints of Lager and a Packet of Crisps **12.45** Sasha: Beauty Queen at 11 **1.45** Trexx and Flipside **2.15** Touch Me, I'm Karen Taylor **2.45** Two Pints of Lager and a Packet of Crisps **3.15** Two Pints of Lager and a Packet of Crisps **3.40** Make My Body Younger **4.40** Close

BBC4
7.00pm Coal House **7.30** Proms on Four 2008: Messiaen **9.15** Frank Hurley: The Man who Made History **10.15** The Worst Journey in the World **11.15** Respect Yourself: The Stax Records Story **1.10am** Stax Volt Tour Of Norway 1967 **2.10** Proms on Four 2008: Messiaen **3.55** Close

MKLIFE | TELEVISION

MONDAY
July 28

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Escape to the Country (R/T) (Followed by BBC News: Weather) **11.00** Homes under the Hammer (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Step Up to the Plate (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)
7.30 **After You've Gone** Sitcom about a jack-of-all-trades. Following a hospital visit, Jimmy reveals feelings no-one knew he had - least of all Jimmy. (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** Dawn's world unravels after Jake's disappearance. (T)
8.30 **Panorama** Current affairs programme presented by Jeremy Vine. (T)
9.00 **New Tricks** Gerry meets his heroes, the 70s rock band Bad Faith, when the team investigate the death of it's lead guitarist. (T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather** (T)
10.33 **BBC Weather** (T)
10.35 **River Police** Series following the work of the Thames River Police. (T)
11.05 **FILM: Frida** (2002) Biopic of the bold and controversial life of artist Frida Kahlo. Set in Mexico City, this visually evocative film traces her lifelong, tempestuous relationship with her mentor, along with her illicit affairs with Trotsky and various women. Stars Salma Hayek, Alfred Molina and Geoffrey Rush. (T)

1.00 Weatherview (T) **1.05** Sign Zone: Cars, Cops and Criminals (R/T) **2.05** Olympic Dreams (R/T) **2.50** Britain's Lost World (R/T) **3.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.20 FILM: The Island on Bird Street** (1997) Drama starring Patrick Bergin, Jacob Rasmussen and Jack Warden. (T) **1.00** Out Of The Blue (T) **1.25** Coast (T) **1.30** Living in the Sun (R/T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (T) **3.45** Flog It! (T) **4.30** Eating with the Enemy (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Battle of the Brains **(New)** (T) **6.30** Eggheads (R/T)

7.00 **Made in England** Artists, writers and musicians explore England and explain what their corner of the country meansto them. Credited with transforming the face of contemporary jazz, Courtney Pine leaves the hustle and bustle of inner city London to take on the challenge of composing a piece of music inspired by one of the holiest sites in England, Holy Island in Northumberland. (T)
7.30 **Return to... Castaway** In the days before Big Brother, 36 complete strangers volunteered to live self sufficiently on an island off the coast of Scotland for a year in a BBC experiment. You can imagine what happened next. (T)
8.00 **University Challenge** Jeremy Paxman asks the questions. (T)
8.30 **Chinese Food Made Easy** Ching-He Huang, the new star of Chinese cooking, continues her mission to bring fresh, easy and healthy Chinese food to the UK. (T)
9.00 **Dragons' Den** The multi-millionaire Dragon investors are back and at the top of their game. (T)
10.00 **Would I Lie to You?** Comedy panel show hosted by Angus Deayton. (T)
10.30 **Newsnight** (T)
11.20 **Tribal Wives** Six women each live for a month with six different tribes all over the world. (R/T)

12.20 Ellery Queen (T) **1.10** Joins BBC News (T) **3.50** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Inspector Morse (R/T) **5.00** Golden Balls (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** David plots how to get another story out of Rodney. (T)
7.30 **Coronation Street** Fiz spurns John's attempts at a reconciliation. (T)
8.00 **Holiday Homes Hard Sell: Tonight** In an undercover investigation, Jonathan Maitland explores the marketing of homes abroad and meets British buyers who fear they will lose their hard-earned cash. (T)
8.30 **Coronation Street** Harry tries to get rid of Clarissa so he can have Liz. Ken is inspired to revisit his novel. Prem challenges Dev to seize the day. (T)
9.00 **Police, Camera, Action** Alastair Stewart takes a look at the in-car gadgets that obsess drivers, and the industry's race to satisfy their demand for new and improved products. (T)
10.00 **News at Ten and Weather** (T)
10.40 **FILM: Jaws** (1975) Steven Spielberg's scary chiller about a coastal community plagued by a killer shark. With the summer tourist season at hand, the mayor is keen to keep the first attack hushed up. Stars Roy Scheider, Robert Shaw and Richard Dreyfuss. (R/T)

1.00 Wright Across America (T) **1.50** British Touring Car Championship Highlights (T) **2.40** Hack Misty Blue. (T) (Followed By ITV News Headlines) **3.30** Loose Women (R) **4.20** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Big Brother's Little Brother (R/T) **8.00** Big Brother (R/T) **9.00** Friends (R/T) **9.30** Friends (R/T) **9.55** ER (R/T) **10.55** Without a Trace (R/T) **11.45** Grudge Match (R) **12.00** News at Noon (T) **12.30** The Class (T) **12.55** Will & Grace (R/T) **1.20** Will & Grace (R) **1.45** Desperate Housewives (R/T) **2.35** Desperate Housewives (R/T) **3.30** A Place by the Sea (T) **4.30** Come Dine with Me (R/T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **Dispatches: Sandwiches Unwrapped** Alex Thompson leads an investigation into the British sandwich industry, revealing what really goes into the nation's most popular lunchtime food. (T)
9.00 **Can't Read, Can't Write** Three-part documentary series revealing the reality of Britain's adult literacy crisis, as nine illiterate adults enrol on a six month reading course in a bid to change their lives. (T)
10.00 **Big Brother** Today's highlights from the Big Brother house. (T)
11.05 **Walliams And Lucas: New Heroes Of Comedy** A profile of David Walliams and Matt Lucas, two of the most successful comedians of the modern age. The programme charts the start of their friendship after a chance meeting at the National Youth Theatre, years of obscurity and failure, and the critical and commercial success of the duo's Little Britain television series. (R/T)

12.10 4music: Pussycat Dolls: Video Exclusive **12.15** 4music: Adele: 20 (R/T) **12.50** Big Brother Live **2.50 FILM: Re-Animator** (1985) Comedy horror starring Jeffrey Combs, Bruce Abbott and Barbara Crampton. (T) **4.20** St. Elsewhere (R) **5.10** Richard & Judy (R)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home (T) **3.05** five news update (T) **3.10 FILM: Flood: A River's Rampage** (1997) Disaster drama starring Richard Thomas, Kate Vernon and Nigel Bennett. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)
7.30 **How Do They Do It?** Series examining the feats of science and engineering behind everyday life. (R/T) (Followed by five news update)
8.00 **The Gadget Show** Consumer technology show presented by Jason Bradbury, Suzi Perry, Jon Bentley and Dallas Campbell. (T)
9.00 **Banged Up** (T)
10.00 **CCTV Cities** Donal visits Blackburn, where the latest in field-surveillance technology combines with round-the-clock CCTV monitoring to help police zero in on criminals during the festive season. (T)
11.05 **FILM: Hang 'Em High** (1968) Wild West revenge tale in which a cowboy hunts down the vigilantes who tried to hang him after mistaking him for a murderer. Left for dead by the lynch mob, he is rescued by a passing lawman and made a deputy marshal by a local judge, who sends him out to bring the men in. Stars Clint Eastwood. (T)

1.15 NASCAR: Sprint Cup **1.45** USPGA Golf Tour **2.35** NHRA Drag Racing **4.00** Rolex Grand Am (R) **4.40** V8 Supercars **5.10** Wildlife SOS (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE
6.00am The Dog Whisperer **7.00** Brainiac: Science Abuse **8.00** Lion Man **8.30** Lion Man **9.00** Malcolm in the Middle **9.30** Malcolm in the Middle **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Stargate SG-1 **3.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Gladiators **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Night Cops **10.00** Road Wars **11.00** Inside: The Prison Code **12.00am** Street Wars **1.00** Championship Gaming **2.15** Road Wars **2.40** Stargate Atlantis **3.30** Las Vegas **4.20** Rescue Me **5.10** Guilty!

ITV2
6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Gossip Girl **9.00 FILM:** Love Actually **11.40** Latitude 2008 **12.40am** Coronation Street **1.10** Coronation Street **1.40** iTunes Festival 2008 **2.05 FILM:** Dante's Peak **3.45** Teleshopping **5.45** ITV2 Nightscreen

BBC3
7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** Trexx and Flipside **8.30** Snog Marry Avoid? **9.00** When Beauty Goes Wrong **10.00** EastEnders **10.30** The Mighty Boosh **11.00** Family Guy **11.25** Family Guy **11.50** When Beauty Goes Wrong **12.45am** Snog Marry Avoid? **1.15** Trexx and Flipside **1.45** The Mighty Boosh **2.15** Make My Body Younger **3.15** Addicted to Boob Jobs **4.15** Doctor Who Confidential **4.30** Close

BBC4
7.00pm World News Today **7.30** Proms 2008: Beethoven and Elliott Carter **9.15** The Lost World **10.30** The Lost World **11.45** Travellers' Century **12.45am** Arena: Cab Driver **1.45** Proms 2008: Beethoven and Elliott Carter **3.30** Travellers' Century **4.15** Close

TUESDAY
July 29

BBC1

6.00 Breakfast (T) **9.15** Heir Hunters (T) **10.00** Escape to the Country (R/T) (Followed by BBC News; Weather) **11.00** Homes under the Hammer (R/T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Step Up to the Plate (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** Adrian Chiles and Christine Bleakley present a magazine series. (T)

7.30 **EastEnders** Roxy and Sean's bombshell throws the Slater household into chaos. Shirley resolves to teach Phil a lesson. (T)

7.57 **BBC News and Regional News**

8.00 **Holby City** As the previous day's events leave question marks over Abra's competence, he spirals even further out of control. (T)

9.00 **Bonekickers** The looting of Babylonian relics from the Iraq war starts a trail to the team's doorstep and intertwines with the destiny of the Middle East. (T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather** (T)

10.33 **BBC Weather** (T)

10.35 **Olympic Dreams** Four-part series looking at what it takes to succeed in the world of elite sport. (T)

11.20 **FILM: Deceived** (1991) Tense thriller about a woman who exposes a web of deceit and murder following her husband's mysterious death. Stars Goldie Hawn, John Heard and Ashley Peldon. (T)

1.05 Weatherview (T) **1.10** Sign Zone: Springwatch Spectacular (R/T) **2.10** Jimmy Doherty's Farming Heroes (R/T) **3.10** Britain's Lost World (R/T) **3.40** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **11.20 FILM: Blackbeard the Pirate** (1952) Swashbuckling adventure starring Robert Newton, Richard Egan and Linda Darnell. (T) **1.00** Out Of The Blue (T) **1.25** Coast: Coastal Erosion (R/T) **1.30** Living in the Sun (R/T) **2.30** Castle in the Country (T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (T) **4.30** Eating with the Enemy (T) **5.15** Cash in the Celebrity Attic (T) **6.00** Battle of the Brains (T) **6.30** Eggheads (R/T)

7.00 **Unknown Africa: Angola** Saba Douglas-Hamilton travels to Angola, a country affected by one of the worst civil wars in history, to see what wildlife has survived. (R/T)

7.30 **Return to... Castaway** In the days before Big Brother, 36 complete strangers volunteered to live self sufficiently on an island off the coast of Scotland for a year in a BBC experiment. You can imagine what happened next. (T)

8.00 **Dr Alice Roberts: Don't Die Young** (T)

8.30 **Dr Alice Roberts: Don't Die Young** (T)

9.00 **Jimmy Doherty's Farming Heroes** Jimmy Doherty visits the North of England, where farmers are fighting back after some tough years. (T)

10.00 **The Culture Show** Andrew Graham Dixon visits Florence for a rare foray into the Vasari Corridor, home to an extraordinary collection of self-portraits by the greatest artists from the 16th century to the present day. (T)

10.30 **Newsnight** (T)

11.20 **Jonathan Ross in Search of Steve Ditko** Documentary in which Jonathan Ross tries to track down and interview one of his heroes, the reclusive 80-year-old American comic book artist Steve Ditko, creator of Spider-Man. (R/T)

12.20 Joins BBC News (T) **3.40** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** Dickinson's Real Deal (R/T) **3.00** Daily Cooks Challenge (T) (Followed by Local Weather) **4.00** Inspector Morse (R/T) **5.00** Golden Balls (R/T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale: Risky Business** Anna is rattled to learn that Carl and Lexi are back on. (T)

8.00 **Send In The Dogs** An examination of the work of the British Transport Police, who make thousands of miles of railways and tube lines safe for commuters. (T)

9.00 **Doc Martin** Doc Martin's parents, Christopher and Margaret, make an unexpected visit to Cornwall to stay with their son - but they haven't spoken for seven years, and the true nature of their visit is revealed when Martin takes them to see Aunt Joan, Christopher's sister. (R/T)

10.00 **News at Ten and Weather** A round-up of the day's news, a national weather forecast and the latest news and weather in your region. (T)

10.40 **Kingdom** There's still no word from Peter's missing brother Simon so Peter happily takes on the role of surrogate father to Daniel. (R/T)

11.40 **Frank Skinner's Tough Gig** Frank Skinner goes to a new-age retreat in Dorset, where meditation, group hugs and tantric sex are the order of the day. (R/T)

12.10 Bingo Night Live **1.15** Hack (T) (Followed By ITV News Headlines) **2.05** Loose Women (R) **2.55** The Jeremy Kyle Show (R/T) **3.45** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **7.00** Everybody Loves Raymond (R/T) **7.25** Big Brother's Little Brother (T) **7.55** Big Brother (R/T) **8.55** Friends (R/T) **9.30** Friends (R/T) **9.55** ER (R/T) **10.50** Without a Trace (R/T) **11.45** Grudge Match (R) **12.00** News at Noon (T) **12.30** The Class (T) **1.00** Desperate Housewives (R/T) **2.00** Channel 4 Racing From Glorious Goodwood (T) **4.30** Come Dine with Me (R/T) **5.00** Richard & Judy (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** Series of short films exploring some of the greatest archives in the world, the buildings that house them, and what entices people to them. A trip to the Imperial War Museum. (T)

8.00 **10 Years Younger** Nicky Hambleton-Jones catches up on one of her favourite transformations. Following major weight loss, Nerys McGarry was left with folds of sagging skin. Nicky and the team were able to transform Nerys into a confident swimsuit wearer. (T)

9.00 **Gordon Ramsay's F Word** In the restaurant Gordon takes on the challenge of cooking one of Janet's veal calves for 50 vegetarians who want to try meat again. Gordon also goes sky-fishing for puffin off the cliffs of Iceland and returns to Rangers Football Club to teach them how to cook a poached chicken. (T)

10.00 **Big Brother** Today's highlights from the Big Brother house. (T)

11.05 **Reaper** Sam pursues a thrill-seeking pair of escaped souls who engineer car crashes in a bid to keep their relationship fresh. (T)

12.05 The Avon Tyres British GT Championship (T) **12.35** KOTV (T) **1.00** Bullrun: Cops, Cars And Superstars (R/T) **1.30** Big Brother Live **4.20** Red Bull Air Race 2008 (R/T) **5.20** FIVB Beach Volleyball (T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (R/T) **11.30** Put Your Money Where Your House Is (R/T) **12.00** Monkey Life (R/T) **12.30** five news (T) **12.45** House (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** I Own Britain's Best Home (T) **3.05** five news update (T) **3.10 FILM: Just Desserts** (2004) Drama starring Lauren Holly. (T) **5.00** Five News with Natasha Kaplinsky (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Wild Animal ER (T)

7.00 **Five News with Natasha Kaplinsky** National and international news anchored by Natasha Kaplinsky. (T)

7.30 **Extraordinary Animals** Documentary series profiling remarkable animals from across the globe. (T) (Followed by five news update)

8.00 **Neanderthal: Revealed** Historical documentary examining efforts to crack the Neanderthal genome. (T)

9.00 **CSI: Crime Scene Investigation** Las Vegas-based forensic drama. With Grissom away on sabbatical, the team is joined by a new CSI, Michael Keppler, who assists them on a case involving four unidentified women murdered over a span of 30 years. (R/T)

10.00 **CSI: NY** Danny and Lindsay investigate a real-life Amityville horror when a family is killed in an apparent case of murder-suicide. (R/T)

11.00 **Law and Order: Special Victims Unit** When the gay poster boy for a sexual re-education group is found murdered, the prime suspect is a midwestern reverend who has been sending the victim hate mail and death threats. (R/T)

12.00 The FBI Files (R/T) **1.00** Great Wales Run **1.50** European Drag Racing **2.15** Race and Rally UK **2.40** V8 Supercars **3.30** FIM World Motocross Championship **4.20** NHRA Drag Racing **5.10** Wildlife SOS (R/T) **5.35** Neighbours (R/T)

SATELLITE

SKY ONE

6.00am The Dog Whisperer **7.00** Brainiac: Science Abuse **8.00** Lion Man **8.30** Lion Man **9.00** Malcolm in the Middle **9.30** Malcolm in the Middle **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Relic Hunter **1.00** Las Vegas **2.00** Stargate SG-1 **3.00** Stargate SG-1 **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Road Wars **9.00** Road Wars **10.00** Street Wars **11.00** Street Warriors **12.35am** Road Wars **1.05** Championship Gaming **2.25** Stargate Atlantis **3.15** Las Vegas **4.10** Bite Size Brainiac **4.20** Rescue Me **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** iTunes Festival 2008 **7.30** The Office: An American Workplace **8.00** Streetmate **9.00 FILM:** Dante's Peak **11.00** iTunes Festival 2008 **11.30 FILM:** Outbreak **2.10am** Teleshopping **5.10** ITV2 Nightscreen

BBC3

7.00pm Doctor Who **7.45** Doctor Who Confidential **8.00** The Real Hustle **8.30** The Real Hustle **9.00** Britain's Missing Top Model: The Final **10.00** EastEnders **10.30** Summer Heights High **11.00** Family Guy **11.25** Family Guy **11.50** Britain's Missing Top Model: The Final **12.50am** When Beauty Goes Wrong **1.45** The Real Hustle **2.15** The Real Hustle **2.45** Snog Marry Avoid? **3.15** Shopping Is My Life **4.15** Doctor Who Confidential **4.30** Close

BBC4

7.00pm World News Today **7.30** Pop Go the Sixties **7.35** Batman **8.00** Voyages of Discovery **9.00** The Great British Holiday **10.00** The Armstrong and Miller Show **10.30** Heist **11.40** The Thirties in Colour **12.40am** The Great British Holiday **1.40** Heist **2.50** Voyages of Discovery **3.50** Close

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Includes ● Coach travel throughout ● Return ferry/Eurotunnel crossings ● 4 nights' accommodation at a good standard hotel in the Black Forest ● German buffet breakfasts ● Three-course Gala Dinner on New Year's Eve ● A visit to Strasbourg ● The services of a Tour Manager

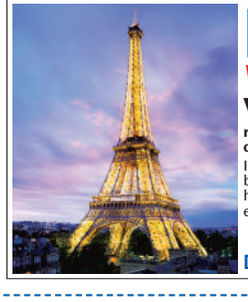
Departs 29 December 2008 from £239.00

THE BIRMINGHAM TATTOO NATIONAL INDOOR ARENA, BIRMINGHAM

Here's your chance to enjoy an unforgettable evening at the 20th Birmingham Tattoo in the National Indoor Arena, Birmingham. With massed bands, exciting displays and a spectacular grand finale it's a truly memorable show with something for everyone!

Includes ● Coach travel throughout ● 1 night's bed and English breakfast accommodation in a good hotel in the Midlands area such as the Novotel, Coventry ● A seat for the Birmingham Tattoo (upgrades available) ● A visit to Stratford on Avon ● The services of a Tour Manager

Departs 29 November 2008 from £85.00



PARIS & VERSAILLES VIA EUROTUNNEL

Visit the vibrant French capital in the Autumn with an included visit to Versailles, home to the most stunning Palace (with its fabulously just-restored Hall of Mirrors) and Gardens and experience the travel sensation of our time.

Includes ● Return coach travel ● Return Channel Tunnel crossings ● 2 nights' bed and continental breakfast accommodation at a two/three-star Paris area hotel ● Central Paris coach transfer on day two ● A Versailles excursion ● The services of a Tour Manager

Departs 7 November 2008 from £109.00

For a brochure - tick box(es) - ☐ Disney Bonfire Spectacular (PDI) ☐ New Year in the Black Forest (BFY) ☐ Birmingham Tattoo (BTI) ☐ Paris & Versailles (PVF)

Complete and send this coupon to: Newmarket Holidays, **FREEPOST** KT2720, Worcester Park KT4 8BR **(NO STAMP REQUIRED)**.

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MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

DEALS
Any Pizza, Any Size
£6.99
(Collection only)

BUY 1 GET 1 FREE
OR GET 10% OFF YOUR SINGLE PIZZA
on delivery or collection
buy any pizza and get a second upto the same size and value. (Not in conjunction with any other offer)
Only on large and extra large pizzas

PARTY DEAL
2 XL Pizzas + Spare Ribs + Wedges + Garlic Bread + Drink
£17.99

MEAL FOR TWO
Large pizza, Chicken Wings or Potato Wedges plus a bottle of drink
£10.99

MEAL FOR ONE
Regular pizza, Garlic bread or Potato Wedges plus can of drink
£6.99

	Regular 9" 6 Slices	Large 12" 8 Slices	Extra Large 15" 12 Slices
The Original Suitable for vegetarians *Cheese & Tomato or Cheese & Garlic*	5.99	7.99	9.99
Hawaiian Dream *Ham & Pineapple*	7.99	9.99	12.99
Farmhouse Classic *Ham & Mushrooms*			

SPECIALITY PIZZAS

Meat Feast *Spicy Pork, Ham, Pepperoni, Smoky Sausage*	8.99	11.99	13.99
Vegetarian Delight™ *Mushrooms, Green Peppers, Onions, Sweetcorn*			
All In One™ *Pepperoni, Mushrooms, Green Peppers, Onion, Sweetcorn, Ham, Spicy Pork*			
Smoky Barbeque *Barbeque Chicken, Smoky Sausage, Red Onion, Sweetcorn, Barbeque Sauce*			
Pepperoni Lovers™ *Double Pepperoni, mushroom, onion*			
Coriander Tandoori Chicken Extremely Hot! *Balti Chicken, Green Chillies, Garlic Sauce, Fresh Coriander, Red Onion*			
Mexican Heatwave Very Hot! *'Double' Spicy Pork, Onion, Jalapeno Peppers, Red Peppers, Chilli Powder*			
Vegetarian Volcano Very Hot! *Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce*			
Oriental Express *Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn*			
The Tuscan *Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning*			
New **Chicken BBQ Sizzler** *Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce*			
New **Lamb Donor Pizza** *Lamb Donor, red onion, red & green peppers, garlic sauce*			
New **Chicken Donor Pizza** *Chicken Donor, red onion, red & green peppers, garlic sauce*			

SIDE ORDERS

	Single price	Double up
Delicious Dips (Ideal for dipping crusts) BBQ, Sour Cream, Sweet Chilli or Garlic & Herb	25p	
Oven Baked Chips New Tasty low fat chips baked in our hot pizza ovens	99p	
Garlic Knots 6 delicious knots of dough brushed with garlic butter	1.49	2.25
Coleslaw	1.49	2.25
Garlic Bread	1.75	2.49
Garlic Bread with Cheese	1.95	2.75
Potato Wedges Choice of dips	2.49	3.75
Chicken Wings 8 pieces - BBQ or spicy Peri Peri New	2.99	4.50
Chicken Nuggets 8 chunks of Chicken breast coated in breadcrumbs with choice of dip	2.99	4.50
BBQ Spare Ribs New Juicy rack of ribs marinated in a delicious BBQ sauce	3.99	
Wings 'n' Wedges Combo 6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips	3.99	5.99
Kids Deal New 6" pan pizza with up to 2 toppings, garlic bread, can of Coke	2.99	
10 Large Onion Rings	1.99	

CREATE YOUR OWN PIZZA WITH THESE EXTRA TOPPINGS
85p each (Regular) £1.00 each (Large) £1.20 each (Extra Large)

Anchovies • Bacon • Balti Chicken • Barbeque Chicken • Chinese Chicken • Ham • Pepperoni • Salami • Italian Sausage • Smoky Sausage • Spicy Beef • Spicy Pork • Prawns • Tuna • Black Olives • Cheese • Green Chilli Peppers • Green Peppers • Jalapeno Peppers • Mushrooms • Onion • Red Onion • Red Peppers • Pineapple • Sweetcorn • Sweet & Sour Sauce • Barbeque Sauce • Garlic Sauce

Minimum delivery order £7.99

Chef's Corner

158 Queensway, Bletchley
Mon-Sun 12pm-10.30pm

01908 632236
Cash or credit card only

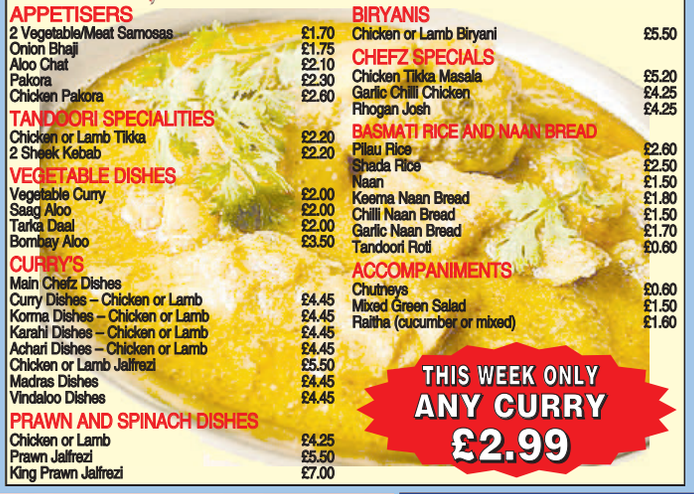
FREE DELIVERY (WITHIN SPECIFIED AREA)

DRINKS & DESSERTS

Coke, Diet Coke, Fanta, Sprite, Dr Pepper - 330ml can	65p	
Coke, Diet Coke, Fanta - 1.25 litre bottle	1.79	
Banoffee Pie - per slice	2.19	3.29
Tennessee Toffee Cream Pie - per slice	2.19	3.29
Ben & Jerrys Ice Cream - 500ml	4.19	

Piece of cake™, Phish Food®, Caramel Chew Chew™, Chocolate Fudge Brownie, Cookie Dough, Chocolate Therapy, New Fair Trade Vanilla

Chefz 01908 56 76 76



APPETISERS

2 Vegetable/Meat Samosas	£1.70
Onion Bhaji	£1.75
Aloo Chat	£2.10
Pakora	£2.30
Chicken Pakora	£2.60

TANDOORI SPECIALITIES

Chicken or Lamb Tikka	£2.20
2 Sheek Kebab	£2.20

VEGETABLE DISHES

Vegetable Curry	£2.00
Saag Aloo	£2.00
Tarka Daal	£2.00
Bombay Aloo	£3.50

CURRY'S

Main Chefz Dishes	
Curry Dishes – Chicken or Lamb	£4.45
Korma Dishes – Chicken or Lamb	£4.45
Karahi Dishes – Chicken or Lamb	£4.45
Achari Dishes – Chicken or Lamb	£4.45
Chicken or Lamb Jalfrezi	£5.50
Madras Dishes	£4.45
Vindaloo Dishes	£4.45

PRAWN AND SPINACH DISHES

Chicken or Lamb	£4.25
Prawn Jalfrezi	£5.50
King Prawn Jalfrezi	£7.00

BIRYANIS

Chicken or Lamb Biryani	£5.50

CHEFZ SPECIALS

Chicken Tikka Masala	£5.20
Garlic Chilli Chicken	£4.25
Rhogan Josh	£4.25

BASMATI RICE AND NAAN BREAD

Pilau Rice	£2.60
Shada Rice	£2.50
Naan	£1.50
Keema Naan Bread	£1.80
Chilli Naan Bread	£1.50
Garlic Naan Bread	£1.70
Tandoori Roti	£0.60

ACCOMPANIMENTS

Chutneys	£0.60
Mixed Green Salad	£1.50
Raitha (cucumber or mixed)	£1.60

THIS WEEK ONLY ANY CURRY £2.99

KEBAB HUT
RESTAURANT AND TAKEAWAY
GOOD FOOD AWARD 2007

KEBABS	Small	Large	Meal
Doner (pitta)	£3.50	£4.20	£3.99
Lamb Shish	£3.50	£4.20	£3.99
Chicken Doner	£3.90	£4.90	£4.49
Chicken Tikka	£3.90	£4.90	£4.49
Lamb Tikka	£3.90	£4.90	£4.49
Mix Kebab	£4.50	£6.00	£5.50
Family Kebab (serves 4-5) (d/meat, c/doner meat, 3 shish, 8pc c/tikka, 8pc l/tikka, salad, sauces, 3 naan or 4 pitta, 3 cans)			£13.50

BIRYANI

Plain / Chicken / Lamb /Veggie	£4.50
Biryani Meal Deal (any biryani & can)	£5.00

BURGERS

Chicken / Fish / Veggie / Bean / ¼	£2.50
Burger Meals (excl. ½)	£3.49

CHICKEN

1pc meal (1pc, 2 wings, chips, can)	£2.50
2pc meal (2pc, chips, can)	£2.60
3pc meal (3pc, 3 wings, chips, can)	£3.99
Party Pack (6pc, 3 chips, 3 cans)	£8.50
Family Pack (8pc, 4 chips, 3 cans)	£9.99
Spicy Wing Bucket (25 wings, 4 chips, 3 cans)	£9.99
Mega Bucket (10pc, 6 wings, doner meat, 4 chips, 3 cans)	£14.99

CURRIES

Chicken / Lamb / Veggie	£3.50
Roti	£0.50
Naan	£1.00

8 CHICKEN NUGGETS FREE !!!!
with all orders over £14.00 (subject to availability)

We now cater for parties too, contact for details;
01908 222224

Deliveries available 5pm - 12am, 7 days a week
Opening hours: Mon to Sat 12pm-12am, Sun 1pm-12am
3 Stratford Road, Wolverton, Milton Keynes. MK12 5LJ.

Pizza Tonight!

01908 56 76 76

BUY 1 - GET 1 FREE
Please see offers for details. We use only HALAL toppings and all our ingredients are FRESHLY prepared daily.

Thick crust or thin crust	Medium 10" Round only 4 pieces	Large 13" Round only 8 pieces	X-Large Round only 10 pieces
Cheese and Tomato - *Cheese and tomato*	£6.49	£8.49	£9.99
Tuna Treat - *Tuna, red onion & Jalapenos or chillies*			
Kashmiri - *Chilli, chicken tikka, pineapple and red onions*			
Pepperoni Feast - *Double pepperoni, double cheese*	£7.99	£9.99	£11.99
Hot Chicken - *Grilled chicken, mushrooms, sweetcorn, jalapenos*	£8.99	£10.99	£13.99
NEW! BBQ Chicken - *BBQ grilled chicken, peppers, mushrooms and onions*			
Chicken Supreme - *Chicken, mushrooms, green peppers & red onions*			
Vegetarian (V) - *onions, peppers, tomatoes*			
Beefeater - *beef, pepperoni, onions*			
HOT Triple Chilli Feast - *Jalapenos, chilli & peppers with beef or chicken*			
Hawaiian Special - *Ham, pineapple and sweetcorn*			
Farmhouse Special - *Ham, onions and mushrooms*			
NEW! Full English - *Fried mushrooms, fried onions & fried tomatoes, ham, beef*			
NEW! Chefz Desi Style - *Donor, beef, chicken, onions, peppers & chillies*			
Veggie Special (hot) - *onions, mixed peppers, tomatoes, mushrooms, jalapenos, chillies, sweetcorn*			

THIS WEEK ONLY ANY 13" PIZZA FROM SET MENU £5.99

Chicken Bucket Deal - *8 pieces chicken, 4 chips*	£8.99
Kiddies Meal - *4 Chicken Nuggets or 1pc chicken (leg), 1 chips, apple pie, 1 still drink*	£2.50

Café Ganges

FINEST INDIAN AND THAI CUISINE

All day
Thai & Indian Buffet
Every Sunday 1pm-10pm.

Eat as much as you like from various selected dishes and salads.

Full a la carte menu available
Restaurant + Take Away
Fully licensed + Air conditioned
Free home delivery
Minimum order £12.50 within 5 mile radius
10% discount on collected orders over £15

47 Aylesbury Street
Fenny Stratford,
Bletchley, Milton Keynes
Tel: 01908 376333
or 01908 376332
www.cafegangesfenny.com

Open 7 days a week
Sat 12-2pm &
5.30pm-11.30pm
Sun 1pm-11pm

Ganges Night
Every Wednesday
6pm-11.30pm

5 Course meal
Only £9.95pp

4 Starters, 5 Main Dishes, 2 Side Dishes
Rice, Nann, Salad
Adult £8.50pp
Children £4.50pp

'The only restaurant outside CMK to serve Thai and Indian Cuisine!

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

PAPA LUIGI Dial-a-Pizza! EST'83

PICK 'n' MIX PIZZA!

FREE DELIVERY
TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" STANDARD	12" STANDARD	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
CHEESE & TOMATO BAS plus ANY 2 DIFFERENT TOPPINGS	9.50	10.50	12.00	15.00
CHEESE & TOMATO BAS plus ANY 4 DIFFERENT TOPPINGS	9.80	11.00	13.00	16.00
CHEESE & TOMATO BAS plus ANY 8 DIFFERENT TOPPINGS	10.30	12.00	14.00	17.00

ADDITIONAL TOPPINGS £1

MEAL DEALS

Chicken Burger & Chips	3.95
1/2 Pound Beefburger & Chips	3.95
2 Pieces Chicken & Chips	3.50
3 Pieces Chicken & Chips	4.50
4 Pieces Chicken & Chips	5.50
Extra Piece of Chicken	1.00
Steak (8oz Sirloin) with Chips, Mushrooms & Salad	8.00
Large Doner Kebab	4.50
Small Doner Kebab	3.50

PIZZA MENU

ADDITIONAL TOPPINGS £1

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" Standard	12" Standard	12" Deep Pan Mega	Extra Lg 15" Standard
1. PAPA LUIGI SPECIAL Tomato, Cheese, Ham, Mushrooms, Salami, Peppers, Olives, Anchovies	9.80	11.00	13.00	16.00
2. MILANESE Tomato, Cheese, Ham, Mushrooms	9.50	10.50	12.00	15.00
3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
12. TEXAN BBQ Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	9.80	11.00	13.00	16.00

SIDE ORDERS

French Fries	1.20
Coleslaw	1.40
Garlic Bread	1.50
Garlic Bread with Mozzarella Topping	2.50
Prawn Cocktail	2.70
Garlic Mushrooms	1.70
Salad	1.50
Chicken Dippers (6pcs)	3.00
Combo Chicken Dipper (6pcs) Potato Wedges & 3 Dips	4.90
Potato Wedges	2.00
Dips BBQ, Honey & Mustard, Garlic & Herb	0.35
Potato Skins & Dips 2 Potato Skins filled with Mozzarella & BBQ Dip	3.00
BBQ Chicken Wings (6pcs) & Dip	3.50
Hot Chicken Wings (6pcs) & Dip	3.50
Onion Rings (10pcs)	2.00
NEW BBQ Spare Ribs	4.50

DESERTS

Cheesecake	1.50
Gateaux	1.50
Ice Cream Ben & Jerry's ask for flavours	3.95
Chocolate Fudge Cake	1.50

DRINKS

Coke/Diet Coke Pepsi Orange Fanta	1.95
Coke/Orange/Lemonade cans	0.60

*BUY ONE - GET ONE FREE!

NOTE: No other discounts apply with this promotion & prices are subject to change without notice BUY ONE PIZZA & GET ONE PIZZA (of same value) FREE

'Delivered to your door!' Milton Keynes 01908 313355
Sun to Thurs 11.30am - 12.30am
Fri to Sat 11.30am - 2.30am

Eastern Paradise

MK's first Balti House
Golden Award Winner 2004, 2005, 2006 & 2007
Fully Licenced Indian Restaurant & Take-away

FREE HOME DELIVERY
Within Milton Keynes area. Minimum order £10.00
(20% Discount on collected orders over £12.00)

BANQUET NIGHT
Sunday & Thursday Evenings
5 Course Meal Served.
Only £8.95 per head.

SUNDAY BUFFET
Noon - 5.00pm Only £7.99 per head
Children under 10 - Half Price!

KASHMIR NIGHT
Every Wednesday 5 Course Meal
and a glass of wine only £9.95 per head

Starters:
King Prawn Butterfly £3.95
Reshmi Kebab £2.95
Somosa. £2.50
Onion Bhajee. £2.50
Chicken/Lamb Tikka £2.50
Aloo Chat. £2.50
Kakuli Kebab £2.50
Garlic Mushrooms. £2.50
Eastern Promise for 2- mixtures of chicken/lamb tikka and sheek kebab, lightly spiced and stir fried with onions and green peppers. £6.95

Chefs Recommendations:
Gost Kofta Special. £6.95
Chicken/Lamb Korai £5.95
Achari Chicken or Lamb. £6.95
Chicken/Lamb Tikka Rehun. £5.95
Chicken/Lamb Tikka Jalfrezi. £5.95
Tandoori King Prawn Korai £9.95
Chukla Tandoori King prawn £9.95
Chefs Special Thali for 2- Mixture of tandoori chicken, sheek kebab, chicken tikka massala, lamb rogan, chana massala, naan bread & pilau rice £11.95

House Specialities:
Tawa Gosht £7.95
Duck Special. £7.95
King Prawn Begun. £7.95
Chicken/Lamb Rezalla. £7.95
Chicken Zalfrani £7.95
Jhinga Jhole £9.95

Seafood Specialities:
Salmon Achari. £8.95
Ayr Bhuna. £8.95
Tuna Massala £8.95
Salmon Ki Bhuna. £8.95

Traditional dishes also available starting at £4.95. Veg dishes starting at £3.95.

OPEN 7 DAYS A WEEK
Lunch: Midday - 2pm. Everyday.
Mon - Thurs: 5.30-11.30pm & Fri - Sat: 5.30-Midnight
Sun: Midday-5pm & 5.30-11.00pm
01908 312969 / 225765
8 Church Street, Wolverton, Milton Keynes MK12 5JN

Pan Pizza Company

BUY 1 GET 1 FREE!
Can't eat 2? We will deduct £2 off from 10", £3 off 12" and £4 off 16"
Free 1.5 ltr soft drink on orders over £16

PIZZAS	10" Deep Pan	12" Deep Pan	16" Deep Pan
Margarita-Cheese & Tomato	£7.50	£9.50	£13.95
Hawaiian-Cheese, Tomato, Ham, Mushrooms & Pineapple Pepperoni-Cheese, Tomato & Pepperoni Vegetarian-Cheese, Tomato, Mushrooms, Olives, Onion, Sweetcorn, Peppers & Pineapple Seafood-Cheese, Tomato, Tuna, Prawns & Anchovies	£9.50	£11.50	£15.95
Chicken Kiev Pizza-Cheese, Tomato, Mushrooms, Chicken & Garlic Butter Bolognese-Cheese, Tomato, Bolognese, Onion, Peppers Hot & Spicy-Cheese, Tomato, Pepperoni, Spicy Beef, Chilli, Onion & Peppers Meat Feast-Cheese, Tomato, Pepperoni, Spicy Beef, Salami, Chicken & Ham Chicken Tikka-Cheese, Tomato, Chicken Tikka & Peppers Kebab Pizza-Cheese, Tomato, Doner Kebab & Peppers	£11.50	£12.95	£17.95
Create Your Own Pizza Extra Toppings	75p	95p	£1.15

MEGA GRILL PACK
LARGE DONNER KEBAB, LARGE SHISH & CHICKEN KEBAB, 4 X PITTA BREADS & 2 FRIES, 2 SAUCES & COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

GRILL PACK
LARGE DONER KEBAB SHISH KEBAB CHICKEN KEBAB 3X PITTA BREAD COLESLAW FRESH SALAD
£10.95

MEGA PIZZA PACK
16" PIZZA OF CHOICE, GARLIC BREAD, ONION RINGS, COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

PIZZA PACK
12" PIZZA OF CHOICE, GARLIC BREAD, COLESLAW, 1.5 LT BOTTLE OF POP
£10.95
Opening Times: Friday & Saturday 4.30pm to 2.30am; Sunday - Thursday 4.30pm to Midnight

Garlic Bread	£2.00	BBQ Ribs	£3.50
Garlic Bread & Cheese	£2.50	Meat & Chips	£3.50
Doner Kebab	£4.20	Chicken & Chips	£3.20
Shish Kebab	£4.95	Chicken Nuggets & Chips	£3.50
Chicken Kebab	£4.95	Garlic Mushrooms & Dips	£2.00
House Special Kebab	£5.95	French Fries	£1.00
	1/4lb / 1/2lb	Onion Rings	£1.30
Beefburger & Chips	£3.20 / £3.80	Ice Cream 500ml	£3.95
Cheeseburger & Chips	£3.40 / £4.20	Can of Drink	£0.55
Veggie Burger & Chips	£3.20 / £3.80	Bottle of Drink	£1.60
Chicken Burger & Chips	£3.50		
Fresh Salad	£1.50		

MK 320 770
FREE DELIVERY TO MOST MK AREAS
SORRY NO CHEQUES ACCEPTED (MINIMUM ORDER £7.00)

VENICE PIZZA
The Pizza Experts

	med 10"	large 12"	super 16"
MARGHERITA Cheese & tomato	£8.00	£10.00	£14.00
ALL TIME CLASSIC Ham* & Mushroom	£9.00	£11.00	£15.00
HAWAIIAN DREAM Ham* & Pineapple	£9.00	£11.00	£15.00
OLDE ENGLISH Beans & sausage	£9.50	£11.50	£14.50
ALL DAY BREAKFAST Ham* sausage & onion	£9.00	£11.00	£15.00
BEEFEATER spicy beef, mushroom & onion	£11.00	£13.00	£17.00
MEDITERRANEAN Tuna, prawns, fresh tomato, anchovies	£11.00	£13.00	£17.00
PEPPERONI PRAIRIE double pepperoni	£11.00	£13.00	£17.00
WILD WEST BBQ BBQ sauce, BBQ chicken, onion, peppers	£11.00	£13.00	£17.00
MEAT EATER pepperoni, spicy beef, ham* chicken, salami	£11.00	£13.00	£17.00
NEW YORKER salami, pepperoni, sausage, spicy beef	£11.00	£13.00	£17.00
VEGETARIAN mushroom, onion, peppers, sweetcorn, fresh tomato	£11.00	£13.00	£17.00
VEGI FANTASTIC fresh garlic, onion, olives, peppers, aubergine, herbs	£11.00	£13.00	£17.00
ORIENTAL chinese chicken, pineapple, peppers	£11.00	£13.00	£17.00
CHICKEN TIKKA tandoori chicken, mushroom, peppers, sweetcorn	£11.00	£13.00	£17.00
CALZONE ROLLED PIZZA spicy beef, sausage, ham*, mushroom	£11.00	£13.00	£17.00
VENICE SPECIAL pepperoni spicy beef, ham* mushroom, onion, peppers, sweetcorn	£11.00	£13.00	£17.00
AMERICAN HOT pepperoni, onion, chillies, peppers	£10.00	£12.00	£16.00
VEGI MAX HOT mushroom, onion, peppers, jalapenos, sweetcorn	£10.00	£12.00	£16.00
CHICKEN HOT tandoori chicken, mushroom, chillies, peppers	£10.00	£12.00	£16.00

Food rating from MK Council ★★★★

Buy One 16" Get Two 10" FREE upto same value
Buy One Get One FREE upto same value
FREE 1.5 Litre Soft Drink with every order over £16

Side Orders

Garlic Bread (4 pieces)	£1.75
Onion Rings (10 pieces)	£1.80
Garlic Mushrooms & Dip	£2.80
Potato Skins (5 pieces)	£3.00
Potato Wedges	£2.60
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LAMB CHOP	£2.95

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BALTI MIX DELIGHT	£9.95

SET MEALS

SET MEALS FOR ONE PERSON
STARTER: ONION BHAJI MAIN: CHICKEN TIKKA MASALA SIDE DISHES: BOMBAY POTATO, BASMATI PILAU RICE NAN BREAD, PAPPADOM & MINT SAUCE £11.95

SET MEALS FOR TWO PERSON
STARTER: CHICKEN TIKKA, ONION BHAJI MAIN: CHICKEN TIKKA MASALA, LAMB BHUNA SIDE DISHES: BOMBAY POTATO, MUSHROOM BHAJI, 2 BASMATI PILAU RICE, 2 NAN BREAD- 2 PAPPADOM & MINT SAUCE £22.95

VEGETARIAN SET MEALS FOR ONE PERSON
STARTER: VEGETABLE SAMOSA, MAIN: VEGETABLE MASALA, CHANA SAAG, PILAU RICE, NAN BREAD, PAPPADOM & MINT SAUCE £10.95

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DAILYLIFE

WEDNESDAY
FUNNY Faces and Fancy Costumes, Stowe House, Buckingham. Make your own masks inspired by the decorations seen in the magnificent Marble Saloon. Children can also have a go at dressing up as people long ago. A children's house trail will also be available on the day. 1-2pm. Normal admission charges apply. For children five years old and above. Children must be accompanied by a responsible adult at all times. For more information about the events and the house please visit our website: www.shpt.org

THURSDAY
Summer Classics. Hosted by Sir John Dankworth and Dame Cleo Laine at The Rectory Gardens, Wavendon. The Milton Keynes City Orchestra string ensemble will perform a classical programme under the baton of Orchestra Founder and guest conductor Hilary Davan Wetton. Champagne and canapes. Tickets £25, limited availability. For tickets contact Milton Keynes City Orchestra 01908 558311

FRIDAY
BUCKINGHAMSHIRE under 15's v Surrey at Campbell Park Pavilion. All Day.

SATURDAY
ROCK and Blues - Kiss Me Judas. The Prince Albert, Bradwell Village. A lively evening of rock and blues with local band Kiss Me Judas.

ROCKING Horse Nights: Cloud 9, Stony Stratford
Every last Saturday of the month. Cloud 9, play anything from 50s classics to current chart songs including Elvis, Beatles, Stones, The Police, Santana, Clapton, Spencer Davis, T Rex, Otis Redding, Booker T & The MG's, Van Morrison, Travis, Oasis, Coldplay, Zutons, Kaiser Chiefs and more. Entry is free. Starts 9pm. Phone 567082 for more info.

ROMAN Day. Join The Parks Trust for a fascinating trip through time. Parking at City Discovery Centre and the museum. Bancroft 11am-4pm. Price £2.50.

SUNDAY
CHARITABLE People Hair Beauty Workshop. Ramada Encore Hotel, CMK. Charitable People is proud to present this event on behalf of the MK ADHD Family Support Group. Join us for this fantastic workshop. There will be demonstrations of styling and hair care techniques, advice on choosing the right products as well as opportunities for you to ask any questions. Price £8
Web site: www.charitablepeople.co.uk/hair-beauty-workshop-milton-keynes.html
E-mail: info@charitablepeople.co.uk

LIQUOR & Polka, Woughton Leisure Centre. Live rock band in the theatre at lunchtime (1pm). Free entry, families welcome.
Web site: www.woughtoncentre.co.uk
Email: woughton@ukonline.co.uk

ST James the Great, Hanslope
Hanslope. Open Day. Church will be open from 11am to 5pm on Saturday with ploughman's lunches, apple pie, tea and cakes. On Sunday from 2pm to 5pm with cream teas. The tower will be open both afternoons from 2pm to 5pm affording spectacular views of the surrounding countryside. Craft, charity, local history, plants, cakes and raffle stalls.
E-mail: diane@gordonsite.demon.co.uk

SALLY Morgan, Milton Keynes Theatre. The psychic to the stars presents her first ever UK tour. All who meet Sally are astounded by her spookily accurate readings – a show not to be missed!
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■ Publicise your event free in the DAILY LIFE column

e-mail: david.gale@mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

SUMMERFESTIVAL

Black Kids

See summer out in style – hit the Last Days Festival at Stowe

SEE out your summer in style with tickets to the coolest new festival on the circuit.

The Last Days of Summer Festival featuring Supergrass, Athlete, Fun Lovin' Criminals, Young Knives, Black Kids, The Rascals, Royworld and a special appearance from a Britpop legend, takes place at Stowe House on Monday, August 25.

MK NEWS is the official media partner.

Event spokesman Ciaran Kennedy said: "The Last Days of Summer Festival is one of the music calendar's coolest new dates which brings together, on one stage for one day, a brilliant, international line-up to one of the most beautiful parts of the country.

"This is the first time Stowe House has agreed to stage this type of event and we've worked hard to deliver a line-up you'd normally only see at the really big festivals.

"The Last Days of Summer will allow friends to sit and chill out, grab a beer and sandwich at the bar and food village and enjoy for the last time in 2008, a superb British festival."

Tickets, priced at £39.50 plus booking fee, are available from www.seetickets.com or by calling 0871 220 0260.

The event car park will open from 10.30am, gates open at 12pm, performances start at 1.30pm and the event finishes at 11pm.

Set-times and further information will be posted closer to the event.

Reggie Youngblood, the lead singer of Black Kids has gleefully compared his band to the legends of 80s pop.

The front man said: "There are some very rockist tendencies on the album and we do tend to have our heavy moments," he told BBC News, "but the pop tends to outweigh the rock when it's all said and done. I'm fine with the description of being cheesy pop – there are so many cheesy pop songs I love and adore. I guess I don't think of them as cheesy, I just think of them as wonderful." He added: "Like Spandau Ballet's 'Gold' (a hit in 1983) - that probably doesn't hold up too good any more - or Prefab Sprout's 'King Of Rock 'N' Roll' (from 1988) - that probably doesn't hold up either. But I love, love, love those songs."

■ For the latest news and festival details visit: www.thelastdaysofsummer.com

TASTELIFE

LA HIND
502 Elder Gate, Station Square, CMK
01908 675948
Review by Rob Gibson

LA HIND restaurant is something of a veteran among the city's restaurants.

The setting for this Indian is an unusual one, in the corner of Station Square, but a huge sign makes it impossible to miss.

While new enterprises spring up around the city centre, La Hind draws on its winning formula to ensure that its fans keep coming back.

There is nothing flashy or modern about the interior of a restaurant built six years ago and this is exactly what some people look for in a bona fide curry house.

The seating area is large and uncomplicated and the service is prompt and friendly.

To start I opted for the onion bhajis (£3.95) and my partner chose the king prawn butterfly (£5.95), a delicious whole king sized prawn, marinated in spices, shallow fried with breadcrumbs.

The menu is extensive and includes a good variety of fish, chicken, lamb dishes alongside various set menus.

After flicking between the La Hind Special - chicken cooked in a thick spicy sauce - and the tikka massala (£7.50), I went for the latter.

The sauce was tangy and offered the gentle kick that my palette can cope with.

The dish had plenty of meat and enough sauce to soak into a soft, mouthwatering peshwari naan (£2.75).

My partner went for the chicken balti (£7.50), a medium spiced dish served with roughly chopped onions, spices and herbs.

This main was beautifully presented and went down very well with a glass of Cobra beer.

Our meal began at 7pm, when only a few diners occupied the restaurant, but soon the restaurant was bustling with waiters and busy tables of happy customers enjoying a Saturday night curry.

The service was very efficient, we were never kept waiting more than 10 minutes, and our waiter was quick to attend to our needs, although he was rather upset when we turned down his recommendation for the rose wine.

Overall the meal was very satisfying and ticked all the boxes.

While I enjoyed a coffee, my partner tried the lemon and lime zing from the dessert menu, which resembled a lemon cheese cake and seemed to score five stars.

It's easy to see why this restaurant has picked up top awards from the Milton Keynes Curry Club.

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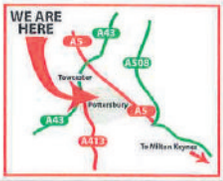

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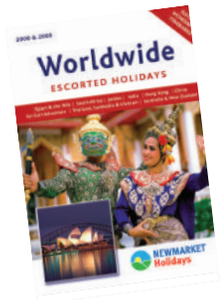

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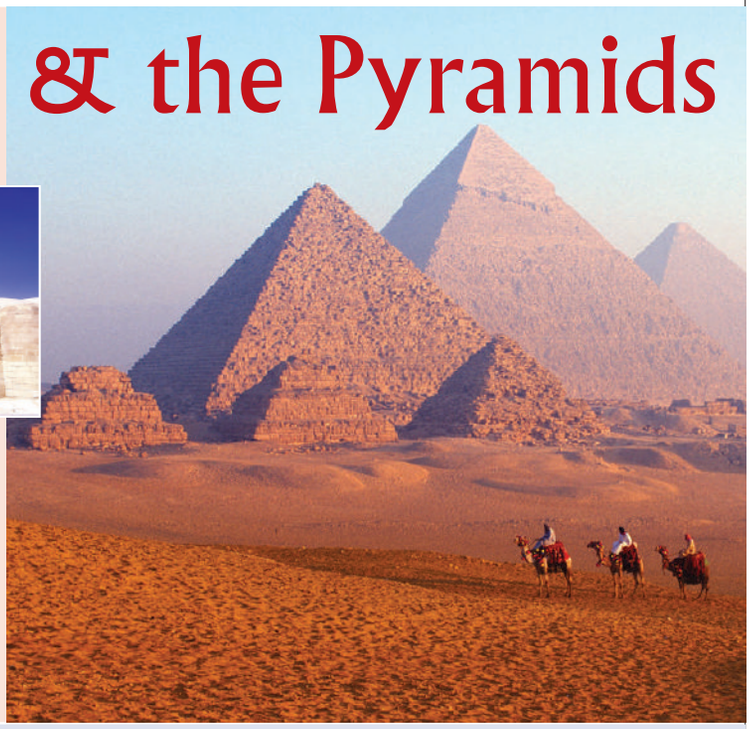

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MKBUSINESS

Paperwork load a weighty matter for smaller firms

THE Forum of Private Business (FPB) is highlighting research showing that the credit crunch is likely to get worse for small businesses before it gets better.

Research carried out by the Small Enterprise Research Team (SERT) indicates that the sales expectations of small firms have dropped to a six-year low.

The percentage of respondents expecting an increase in sales fell from almost 35 per cent in the first quarter of 2003 to near nil in the same period of 2008.

The survey revealed that 88 per cent of small business believe the Government does not understand them well enough to regulate effectively. In addition, 61 per cent of small businesses are spending longer on complying with regulations,with the majority believing legislation to be unclear and complicated.

Phil McCabe, the FPB's spokesperson said: "It is clear from this SERT research that small firms are feeling vulnerable and less optimistic about the future.

"The research also highlights the growing feeling among smaller businesses that the endless amount of paperwork they have to process is a significant barrier to growth."

The FPB is urging the Government to better support small firms as the credit crunch begins to bite by removing this burden of red tape.

The SERT reported that 61% of small firms spend on average 5.4 hours on paperwork. This figure almost doubles to 9.7 hours when the business-owner is a sole trader. In its 2007 Cost of Compliance survey, the FPB found that its members spend on average 14 hours per month trawling through specifically health and safety red tape.

New lawyers and estate agents join carnival fun

LEGAL eagles came face to face with some shire horses at their official opening.

Ralley Solicitors and Equine Lawyers and its associated estate agency Real Estate in One (REIO) officially opened on Saturday, July 5.

The firm is based in Silver Street, Newport Pagnell

The opening coincided with the town's carnival.

Ralley solicitors float was an 1890s Victorian omnibus drawn by shire horses Macey and Scott, and their float was awarded second prize in the carnival.

The firm's senior partner David Ralley said: "We will be able to look after clients with a wide range of legal problems here in Newport, Milton Keynes and Buckinghamshire".

For more information, or a chat with one of the partners call 01908 211234.

MKBUSINESSBRIEFS

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Lorraine Cookham has been newly appointed as Destination Milton Keynes' conference desk and tourism services manager – and she's your direct personal contact for business and leisure enquiries relating to the Milton Keynes area.

Call her on 01908 677020 or e-mail: business@destinationmiltonkeynes.co.uk.

Gloom on economy

ALMOST two thirds of Milton Keynes businesses believe that a downturn in the UK economy would have a negative impact on their business, but a quarter of those anticipating worsening conditions do not have a business plan that would prepare them to ride out a downturn.

The research from Business Link also found that 59 per cent of small and medium sized businesses interviewed for the quarterly South East Business Monitor expect economic conditions in the UK to get worse over the next year.

Business Link's Deborah Wharton said: "We work with more than 25,000 businesses and entrepreneurs in the region and our experience shows that growing companies are much more likely to take time out to plan for all eventualities. Those who plan should be better equipped to weather a storm."

Leaders relaunched

MILTON Keynes Business Leaders Partnership (MKBLP) has been relaunched as a limited company with a new board of directors.

The new organisation is to be chaired by Philip Smith (chairman of the IOD in MK) who led the planning team and who takes over from founder of MKBL, Peter Muir.

Other board directors will be Graham Anderson, Martin Banham-Hall, Chris Clarke, Robert Goodman, Stewart Hildred and Rita Spada.

Mr Smith said: "We need to re-establish Business Leaders as the key strategic business voice in MK and now we have a structure and credibility on which to expand our base.

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Stress at work hits new levels

ARE you stressed and anxious at work? Well research shows that you are not alone.

According to anxiety expert Charles Linden we are on the verge of a new anxiety pandemic.

Charles Linden and his team of specialists have treated more than 100,000 clients worldwide to overcome stress and anxiety including panic attacks, Obsessive Compulsive Disorder (OCD) and phobias over the last ten years.

He said: "I say 'new' to emphasise that we were already in a pandemic, but this enormous increase can only be interpreted as a new level of anxiety like a new strain.

"Stress, depression or anxiety are one of the largest contributors to the overall estimated annual days lost from work related ill-health.

"So, just imagine what will happen when the 200 per cent increase in page hits and enquiries we are experiencing hits business and commerce."

Work journey got into gear 25 years ago

A QUARTER-OF-A-CENTURY ago may have been memorable for 'superbrat' John McEnroe swearing and cursing his way to victory at Wimbledon, Roland Rat making his debut on Breakfast TV and 'clunk-clicking' becoming the law for drivers and passengers in the front seats of cars.

But 1983 was equally memorable for one employee of express delivery giant TNT as it marked the beginning of a 25-year career journey.

TNT Milton Keynes office manager Elaine Boscott has clocked up 25 years of service with the country's leading business-to-business express delivery experts and received due recognition from the company at a Long Service Awards ceremony.

Elaine works for TNT at the company's depot based at Northfield Drive.

She received an engraved gold watch, a bottle of Champagne, and a gold pen from Gerry Ginty, chairman of TNT UK and Tom Bell, managing director of TNT Express Services at a special dinner to celebrate the achievement.

Tom said: "Thank you for your efforts and for everything you have done to make this wonderful company what it is today. I wish you every success in the future."

Twentyfive of the best: Elaine Boscott

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NNEB or NVQ level 3 qualifications an advantage.

Post 1: 12.5 hours per week term time only 9:00 – 11:30 (fixed term until July 09)

We need a caring person to support a Nursery child who has language and communication difficulties.

Post 2: EITHER 18.75 hours per week 11:15 – 3:00 OR 17.50 hours per week 9:00 – 12:30 (term time only; fixed term until July 09)

We need a special person to lead children in lunchtime play (you will be supported by our team of MDS). In the teaching session you will work with children in group settings and assist with general welfare work throughout the school.

The Willows School and Early Years Centre offers a friendly, caring environment for both staff and pupils.

Please either call into the Pebbles Children's Centre (on-site) for an application pack 01908 240556 or write to/email the school office.

The closing date for applications is Wednesday 27th August and interviews will be held on Wednesday 3rd September.

This school is committed to safeguarding children and applicants will be required to have an enhanced CRB check.

MKNEWS
Local news EVERY DAY of the week
www.mk-news.co.uk

MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

quest employment

Recruitment Sales Consultant

Attractive Salary + Comm + Benefits

Quest Employment are looking to offer a smart sales driven individual an excellent opportunity to join our expanding Luton town based office. The role will include cold calling / telesales / face to face presentations along with total customer service satisfaction.

If you have a passion and drive for sales experience is not necessary.

So if you looking for a challenge and you have the personality and drive to offer please send your C.V to:

ashley.smith@questemployment.co.uk
www.questemployment.co.uk

We urgently need
DRIVERS HGV1, 11 & 7.5TONNE WAGON & DRAG
Roll on Roll of
Work from now until Christmas
Morning, Afternoon and Night Shift Available
Tel: 01234 840644 01908 631515/309637
e-mail:Sharon@dandp.uk.com
Opening hours 8.30 to 5.30 Mon to Fri
Sat 26th July 9a.m. to 1p.m.

BETTERWARE DISTRIBUTORS required. £40-£80 per week part time.No costs. Flex hours. 08451255000 For management vacancies 0121 693 2677

STUCK IN A DEAD END JOB?
The average salary in IT is £38k

@dvent

We train you to acquire valuable skills & IT industry qualifications. 97% of students trained by Advent have been offered jobs.

0800 138 1419 For a free brochure (quote ref: MKN)

SAI LOGISTICS LTD

Due to rapid expansion of our forwarding and logistics business we require the following:

LGV CATEGORY C DRIVERS

Mon-Fri, hours approx 6am-3pm but must be flexible when required.
Multi-drop work using 17 ton tail lift vehicles.
Must be reliable, responsible & presentable with good customer service skills.
Expected start date of 1st Sept, checkable references will be required.

Please apply in writing (and include salary expectation) to:

Louise Heathorn - Operations Director
SAI Logistics Ltd
Maidstone Rd
Kingston
Milton Keynes
MK10 0BD

Due to time constraints only successful applicants will receive a reply by Monday 11th August 2008.

Lomack Health

Group Support Workers

We have two residential homes for people with Learning Disability. We are now looking for several first-class support workers to join our team. Experience of LD is essential but we provide first-class training. Drivers preferred. Full or part time applications considered. To discuss informally please call

Margaret on 01234-844034

Successful candidate will be required to apply for an Enhanced CRB
Lomack Health is an Equal Opportunities Employer

St. Andrews Care Homes

Require Night Care Assistants

Based at Westlands in Olney or Danecroft in Wilstead, this post is for an individual with an interest in working with elderly people in a person centred environment. Experience and an NVQ 2 in care is preferred but training will be provided.

For more information and an application pack please contact: Mrs S Dibley on 01234 333870 during office hours or by e mail at admin@standrewscarehomes.co.uk

Closing date for receipt of completed applications is 4th August 2008

This post is subject to Criminal Records Bureau Disclosure.

Milton Keynes COLLEGE

Due to continuing growth we now have the following opportunities:

Lecturer: Psychology (Sixth Form) – (with the ability to teach other subjects an advantage)
Hours: Full & Part Time hours available
Salary: £16,976 - £30,700, pro rata, per annum

Support Engineer: IT Services x 2 posts
Hours: Full Time
Salary: £15,000 - £25,000, per annum

Closing date for the above positions: Friday 8th August 2008

For further information and an application pack, please log on to www.mkcollege.ac.uk or contact the recruitment answer phone on **(01908) 684327** or e-mail recruitment@mkcollege.ac.uk

Benefits of working for Milton Keynes College

- Training and development
- Excellent Pension and Holiday Package
- Friendly/Working Environment
- Childcare Vouchers

Milton Keynes College is student focussed, positive about change, and values diversity. Our success is due to our staff, culture and belief in working in partnership with others.

We want to develop a more diverse workforce and positively welcome applications from all sections of the community.

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults, therefore all positions require a Criminal Records Bureau check (CRB).

Working Towards
Investors in Diversity
www.iiduk.org

THE Phat PASTY CO.

The Phat Pasty Co is a fun & funky business delivering high quality traditional Cornish pasties, homemade soups, sandwiches baguettes and more to offices & businesses in MK.

Phat Van Team Member

Working from our new operation in Linford Wood, you will be preparing food with our team before driving a Phat Van on a daily round.

F/T 7am - 3pm. Mon – Fri. £6.75/hr

Full clean driving licence, over 25 & fun personality.

Franchisee

Already established Phat Van in Bedford.
Want to work for yourself with a proven business?
Investment £22.5K Returns £30K+

Paul Clark a.k.a. The Phat Controller
07775 764 454 www.phatpasty.com

RUDDY
JOINERY & FIT-OUT SPECIALISTS

We are a long established bespoke Joinery and Fit Out Company with a large manufacturing base in Flitwick.

We require in our worshop:

Sprayers

Also required:

Experienced Bench Joiners

Qualified to NVQ2 Level.

Good rates of pay for both positions and Travelling negotiable.

Ruddy Joinery Ltd., Enterprise Way, Flitwick, Beds.

Please ring 01525 716603 for an application form.

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theplacetobe

At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Local Authority Designated Officer (LADO)

£40,101 - £47,235 pro rata Ref: 50017054/MKN
30 hours per week

In this statutory role, you will develop and manage structures and processes to deal with allegations made against those who work with children. You'll also provide information and advice to colleagues and partners. Highly skilled in allegations management, you will have professional experience of child protection work.

For informal enquiries please contact Jo Hooper, Interim Assistant Director Safeguarding & Quality, on 01908 254307.

Bereavement Services Co-ordinator

£23,749 - £28,172 + casual car user allowance Ref: 50017055/MKN

Reporting to the Crematorium Registrar, you will be responsible for the day-to-day management of the cemetery and burial service. Able to work occasional weekends and bank holidays, you will bring excellent technical knowledge of legislation and good practice and experience of attending and supervising burials in an official capacity.

For informal enquiries please contact Angela Abbott on 01908 568112.

Closing date: 15 August 2008. Interview date: 8 September 2008.

Senior Clerk to Governors

£20,099 - £24,545 Ref: 50012342/MKN
Full-time

You will lead and support a team of Clerks to Governors and develop service delivery to school governing bodies. An effective line manager and communicator, you will have excellent interpersonal skills and be able to produce clear and concise minutes. This role will require you to work an average of two evenings a week during term time.

For informal enquiries please contact Sue English on 01908 253211.

Clerk to Governors

£17,154 - £20,736 pro rata Ref: 50013410/MKN
10 hours per week, term time only

You will attend and clerk school governing body meetings and provide advice and information to governing bodies on school governance. You will have good listening skills and be able to produce clear and concise minutes.A flexible approach is required as you will be required to attend meetings during evenings as well as during the day.

For informal enquiries please contact Sue English on 01908 253211.

Administrative Assistant - Bookstart Project

£15,153 - £17,781 pro rata Ref: 50017005/MKN
16 hours per week

Working mostly mornings in term time, you will promote the Bookstart Project to families, pre-schools and nurseries throughout the Milton Keynes area while delivering an effective administrative and clerical service. An excellent communicator and team player, able to work independently, you will have administrative experience and good IT skills. You will be CRB checked.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk
Call us 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

Closing date unless otherwise stated: 8 August 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

It's ability, not disability that counts

MILTON KEYNES COUNCIL

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mouchel business services

Mouchel Group is a fast growing company that employs around 11,000 people and delivers a range of services to various clients throughout the country, both in the public and private sector. Mouchel Business Services, a division of Mouchel Group, has recently formed an exciting new partnership with Milton Keynes Council where we believe we can deliver real outcomes for the client and their community.

Assessment Officer

£20,000 - £25,000 **Ref: HN0400**

You will support the financial assessment of clients receiving services in the community and in residential and nursing care and provide welfare benefits advice to clients, their families and social workers. Skilled in dealing with people, you will have experience of undertaking financial assessments, a good understanding of the welfare benefits system, good computing and analytical skills and a methodical and detail-focused approach.

Planning and Resources Administrator

£17,500 - £21,000 **Ref: HL0402**

A customer-focused team player, you will provide secretarial and administrative support to the Assistant Director for School Planning & Development. Ideally qualified to NVQ level 2 or equivalent, you will have experience of dealing with purchase orders, diary management, and minute taking together with excellent knowledge of Microsoft Office.

For an application form, email: jobs@milton-keynes.gov.uk Call us 01908 253344 or 253462 (24 hour answerphone). Please quote appropriate reference.

Closing date: 8 August 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

Transforming Services Together with
Milton Keynes Council

MKS

Technical Sales Staff Required

M.K. Services is a leading supplier of marine survey products and has the following vacancy:

Technical Sales Executive: to promote our extensive range of marine products and services. This position would suit an experienced technical sales person and will involve extensive travel throughout the U.K. providing advice and support to our customers. The successful candidate will need to be self-motivated and able to work independently.

This role offers a unique and challenging opportunity to work in the marine technology sector and candidates with experience of, or an interest in, environmental sciences, underwater surveying or oceanography are particularly welcome.

If you would like to discuss this position prior to applying please contact Mrs Diane Kirby on 01525 382333 or e-mail diane.kirby@mkservices.co.uk or apply direct to: Human Resources MK Services, 24 Eden Way, Pages Industrial park, Leighton Buzzard, Beds LU7 4TZ enclosing a full C.V. and salary expectations

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DIAL HOUSE HOME CARE

Home Carers are required to work with our Clients in Bedford and surrounding areas.

Available shifts are 7am to 11am and 4pm to 10pm Monday to Friday and alternate Weekends.

Full training is provided along with good rates of pay. A car and mobile phone are essential

For further information contact
Mike Buckingham on 01234 402444
during normal office hours.

Dial House Home Care is an Equal Opportunities Employer
All staff are subject to CRB Disclosures

THE BEDFORD SWAN HOTEL

An elegant, Grade II listed, 113 bedroom, Luxury Town Centre, Riverside Hotel has

Two Full Time Vacancies

Night Porter +
Experienced General Maintenance Person

to work in our busy hotel working a 5 day week including some weekends.
We are offering a highly competitive salary with pension contribution and staff discount schemes to the suitable applicants.
Please send your letter of application, together with a full CV to:
Mr. Stuart Saunders, Operations Manager,
THE BEDFORD SWAN HOTEL
The Embankment, Bedford MK40 1RW
Tel: 01234 346565
e-mail: Accounts@bedfordswanhotel.co.uk

FINANCIAL CONTROLLER

Urgently required
Must be able to use Sage, complete month end reports, P&L, balance sheet and trial balance.
Hours 9am - 2pm Monday to Friday.

TRANSPORT OPERATOR

Urgently required
To work in expanding transport company. Must be experienced scheduler, from artics down to 7.5 ton vehicles.
Please send CV to
K P Couriers Ltd, Ampthill Road, Bedford MK42 9JN
Previous applicants need not reapply.

BOOKKEEPER / FINANCIAL ADMINISTRATOR

To join a long established medical devices company based in Milton Keynes and report to the General Manager. Part time may be considered. £15000 - £17000 plus Pension, Life Assurance and Private Medical schemes. Must have experience in Bookkeeping and Sage Line 50. Excellent IT skills. Duties include financial administration as well as back office tasks.
No Agencies please.
Fax 01908 646 030
(F.A.O Mrs. Angie Daglish)
Email info@charter-kontron.co.uk

EXPERIENCED 7.5 TONNE DRIVERS/FITTERS FOR NEW BIGGLESWADE DISTRIBUTION OPERATION

We will shortly be opening our new distribution operation at Biggleswade and will be looking to recruit XX Drivers/Fitters

The role involves the daily delivery and installation of flat pack and bespoke furniture direct to customer premises.

Applicants for the role, which involves driving a 7.5 Tonne van, must have the following experience and background:

- **Substantial driving experience with no more than 6 points on your licence.**
- **Good joinery skills or experience of flat pack assembly.**
- **Clean cut image and positive and friendly personality.**

The rates of pay and remuneration for the role are excellent, with full training being given to all successful applicants. Applicants for the role should telephone 0151 728 500 to arrange a local interview quoting Ref BO 049 or alternatively e-mail katej@drivingedge.com

- Excellent Pay Package
- Immediate Start
- 24 days Holiday Pay (rising to 28 from Apr. 09)
- Excellent Conditions

For a local interview call Gerry on 0151 728 5000
Lines open 7 days per week 06.00 – 22.00. Quote Ref BO 049

MKNEWS

Lansdowne Care Services

Residential / Day Care for People with Learning Disabilities

We are a well established care provider in Bedfordshire since 1985 operating 3 residential homes and 3 day care centres offering a wide range of services to meet individual needs.

A rare vacancy has arisen for a

Full Time Home Manager

(to become Registered with the Commission for Social Care Inspection)

Are you enthusiastic, motivated & professional with experience of managing teams? Then why not apply to manage "The Leys" – an 8 bed residential care home in Sharnbrook?

As a member of our Management Team you will be responsible for your department and you will also have the opportunity to share ideas and support with other Managers.

NVQ Level 4 in Care and Registered Managers Award required (or a commitment to work towards the qualifications)

Application Pack – Tel: 01234 342626
For informal chat please ask for Anne Bustin

Subject to CRB & POVA *Equal Opportunities Employer*

St John's School

Foundation Special School, Bedford Road, Kempston, Bedford MK42 8AA.
Tel: 01234 345565 Fax: 01234 327734
Email: stjohnsspecial@schools.bedfordshire.gov.uk
Headteacher: Ron Babbage BA (Hons) P.G.C.E. MEd

Vacancies For September 2008

St John's School provides special education for children and young people with severe, profound and multiple learning difficulties, aged two to nineteen.

LEARNING SUPPORT ASSISTANTS

Permanent posts • Rate of pay: £7.60 per hour.

As a team member your role is to support teaching staff and pupils in a wide range of activities during the school day. The hours are 32.5 per week, term time only, plus 5 training days. Previous applicants are welcome to apply again.
Closing date for these posts : 28th July 2008 at 12 noon.
LSA interviews will be held 18th August 2008

Cleaner Temporary in the first instance.

To obtain information or an application pack for the above posts, please contact Di Widdows, School Business Manager.

St. John's School is committed to safeguarding and promoting the welfare of children and/or vulnerable adults and expects all staff and volunteers to share this commitment. Working towards equality.

St John's School
Achieving Together

Roade School DCSF Sports College
Stratford Road, Roade, Northampton NN7 2LP
Tel: 01604 862125 Fax: 01604 863912
E-mail: roadeschool@btconnect.com
Web Site: www.roadeschool.northants.sch.uk
Headteacher: Ross Parkinson MA
Roade School is a successful rural school with specialist Sports status. The school is an 11 - 18 Comprehensive of 1230 pupils with 211 in Post 16

PHYSICAL EDUCATION ASSISTANT REQUIRED

Position available for 30 hours (times to be agreed), term time only (38 weeks a year)
NJC Scale 1 Point 4, Actual Salary: £7,638

We are seeking to appoint an Assistant to join the Physical Education Department. The post provides opportunities for working with primary and secondary students through the Partnership Development Programme and PE Department. Duties would include general administration and organising equipment and resources, assisting in PE lessons and extra curricular clubs, and supporting our School Sports Partnership in primary schools.

TEACHER OF ENGLISH

TMS (0.2)

We require an enthusiastic English Teacher for 1 day a week to join a lively, effective and supportive team. The successful candidate will teach across Key Stages 3 and 4. Start date would be as soon as possible.

We are committed to safeguarding and promoting the welfare of children. All offers of employment are subject to the successful candidate undertaking identity and enhanced Criminal Record Checks.

Roade School seeks to meet general and special duties of the disability equality scheme. We are an equal opportunities employer and welcome applications from all sectors of the community.

Only applications on the standard school application form will be accepted and this, along with further details, are available from Mrs Angie Duckett, Personnel and Payroll Officer.

For both positions:

Closing Date: Thursday 14 August 08

Interview Date: w/c 1 September 2008

ADMINISTRATOR

Alpha Converting designs and manufactures winding equipment for the converting industry. The position involves a wide range of tasks from placement of purchase orders to invoice processing on our database, alongside general office duties. Must be experienced with MS Word and Excel. Book keeping experience desirable. You will be organised, self motivated and able to quickly understand the different processes.
We are a flexible efficient and quality orientated company and expect any applicants to have the same attitude and to be committed to the success of the company. 30-35 hours/week. £7.50 to £8.50 per hour.

Alpha converting

Please apply in writing or by email to:
Simon King
Alpha Converting
5 Darlington Close
Sandy, Beds SG19 1RW
simon@alpha-converting.co.uk

Over 139,000 people in Milton Keynes read MKNEWS every week
MAKE SURE OUR READERS SEE YOUR ADVERT...
Call 01908 242490 or email advertising@mk-news.co.uk

Abbey Corrugated

Abbey Corrugated manufacture corrugated sheetboard at their plant in Blunham and at AbbeyBoard in Kettering.

We pride ourselves on our service to our customers. We are currently seeking two people to continue the excellent improvements we have made in this area.

Customer Service Executive

This internal role based at our busy Blunham office, involves managing the administration for your own customer base, controlling aspects from order entry, to ensuring delivery is met.

The candidate needs

- IT skills.
- Attention to detail.
- To learn and understand technical information relating to our product range.
- To continually assess their tasks and reprioritise their workload
- Flexible approach, good communication skills, teamplayer
- Professional telephone manner.

Sample Co-ordinator/Lab Support

This is a new position and would suit someone wanting to start their career within a major manufacturing company based at Blunham in Beds.

This role will be physically demanding, handling large sheets of cardboard and operating a forklift, although part of a team, you will be working alone for some aspects of the role.

All skills are as the above position, plus an interest in laboratory testing. Full training will be given.

Please send your CV, specifying which role you are applying for, and salary expectations to judith.dunn@abbey.dssp.com.

Closing date 29th July 2008

No agencies please

Cranfield UNIVERSITY

A place for learning, an opportunity for development.

Finance Department

Payroll Clerk

£17,323 - £19,309 per annum

We are seeking an enthusiastic and conscientious person to assist with the running of our five monthly paid and five weekly paid payrolls at the University and its subsidiary companies.

You will be numerate and computer literate with experience of payroll. You will be interacting with people at all levels, both internally and externally, so good communication skills are essential. You will be a highly organised team player with attention to detail and the ability to work under pressure to meet deadlines.

For an informal discussion about the position please contact Keith Owen, Payroll Manager, on +44 (0)1234 754052.

Application forms and further details are available from the Human Resources Department, Cranfield University, Cranfield, Bedford MK43 0AL.

E: hr@cranfield.ac.uk W: www.cranfield.ac.uk/hr

Alternatively, telephone our 24 hour Recruitment Line on +44 (0)1234 750111 ext 2000, quoting reference number C/8094A.

Closing date for receipt of applications: 31 July 2008.

Interviews to be held week commencing: 4 August 2008.

The benefits of working for us include a generous holiday entitlement, a final salaried pension scheme, on-site nursery and fitness centre, family-friendly policies, a range of staff discounts, as well as an attractive and vibrant working environment.

www.cranfield.ac.uk *Valuing People*

MK RECRUITMENT

TO ADVERTISE YOUR VACANCY • CALL 01908 242490 • FAX 01908 689550 • EMAIL classified@mk-news.co.uk • ADVERTISING DEADLINE - TUESDAY 5.00PM

ADMINISTRATOR
(Salary circa £20,000 pa)

Expanding Bedford based commercial property consultancy with major national clients requires a full-time Administrator.

The successful candidate will be flexible, with at least 5 years all-round office experience. Knowledge and understanding of property accounting procedures would be an advantage but advanced knowledge of spreadsheets using Excel is essential.

Apply in writing, enclosing CV to:
Louise Eddington
Profile Consultancy Ltd
7 Goldington Road
Bedford MK40 3JY
www.profileconsultancy.co.uk

Part of Schneider Electric we are a Market Leading Motion Control Manufacturer requiring a :-

Applications Engineer

It would be favourable to be or have experience of :-

- Supporting Motion Control Products
- Programming Motion Controllers using IEC 61131
- Electrical Control Panel Design
- A Motivated Team Player
- Have the desire to Automate Machines

In return we offer a Market leading package and excellent prospects

Please apply in writing to HR Manager

BERGER LAHR

Blackhill Drive
Wolverton Mill
Milton Keynes MK12 5TS
www.berger-lahr.com

Everyone wants to work CLOSER TO HOME...

...Advertise your vacancy in the only newspaper that is given to 3,000 commuters at MK railway station every Wednesday morning.

MKNEWS Advertising in the MKNEWS works and is cost effective.

01908 242490 www.mk-news.co.uk advertising@mk-news.co.uk

PART TIME SKILLED BOOKKEEPER REQUIRED

Knowledge of Sage
Flexible hours
Please apply to
Mr Smith,
12 & 13 Cauldwell Walk Ind Est,
Bedford,
MK42 9DT

Frost Conservatories Ltd

Require a, thorough and highly effective **Management Assistant**, must be flexible, experienced and a good organizer to become a central figure in a team that designs and builds custom hardwood conservatories and orangeries. Applicants must be skilled in all office administration, excellent computer skills, proficient in Microsoft Excel, purchase and stock control, have a good level of financial monitoring and have good interpersonal skills.

Please send C.V and covering letter to:
Frost Conservatories Ltd,
The Old Forge, Tempsford, Sandy, Beds SG19 2AG
Closing Date for applications Wednesday 30th July 2008

Lomack Health Group

Occupational Health Adviser

We provide a variety of medical and healthcare services to both the public and private sectors. We now need to recruit an experienced Occupational Health Advisor who will also undertake some duties within our private general practice clinic.

Candidates should be registered nurses with a post-graduate qualification in OH and a minimum of two years relevant experience.

We can offer flexible days / hours, a competitive salary and an opportunity to grow with the business. For an informal chat please call Margaret Vasper on **01234-844034.**

Lomack Health is an Equal Opportunities Employer

Tag:

We're an international design and production agency dedicated to helping clients and agencies create, manage and deliver their brand message across the world. We require the following skilled operators to join our successful team working on a growing account:

Artworkers (day and evening/night shifts)
Monday-Friday | Salary based on experience

Freelance Artworkers
Salary based on experience

All roles are based on-site for a key client located in central Milton Keynes:

Applicants must have the following skills/experience:

- sound working knowledge of InDesign, Photoshop and Illustrator
- hardworking, reliable and able to work autonomously
- ability to offer creative solutions
- able to work effectively under pressure
- highly motivated and enthusiastic

Experience in corporate advertising including leaflets, brochures, direct mail and financial reports is essential, and any applicants must have a current portfolio to reflect their ability.

If you enjoy working in a fast paced team environment this could be the position for you. Applications, salary expectation and current CV should be marked for the attention of **Barry Walsh** and emailed to **recruitment@tagworldwide.com**.

Landscape Services Direct Ltd

require an

EXPERIENCED FENCING/ LANDSCAPING FOREMAN

Driving licence & experience essential.
Please call 01908 867020 or email: leelsd@aol.com

Lomack Health Recruitment

Agency Support Workers

More experienced and reliable support workers needed urgently for assignments in the Bedford area

To find out more please call Rash on **01234-844034**

Successful candidates will need to apply for a CRB Disclosure.

Lomack Health is an Equal Opportunities Employer

LOCKHEED MARTIN

We never forget who we're working for™

Due to increased growth Lockheed Martin UK INSYS Ltd in Ampthill are now recruiting for the following Production Roles:

IPT Senior Production Engineer (Machining Discipline) - 044\033

In this role you will:

- Mentor Engineers and Technicians with regards to manufacturing processes and lean techniques.
- Implementing new technologies and processes within the machining and assembly production area for a diverse range of products.
- Manage the resolution of major technical machining & assembly production problems via cross functional teams.

The successful candidates will have comprehensive, current knowledge and understanding of CNC machining Techniques including Turning, Milling and Grinding.

Production Support Engineering Team Leader– 044\032

The ideal candidate will:

- Have good communication and leadership skills and can demonstrate where interaction between different managerial levels has occurred.
- Have an understanding of problem solving / route cause analysis tools and techniques and can give examples of when they have been used to achieve the required results.
- Have an understanding of various manufacturing processes and technologies.

Machining Production Technician – 035\047

We are recruiting for a workshop based technician who can be utilised to trouble shoot problems that arise, a link between the shop floor and manufacturing / production engineers.

The role will:

- Provide first line of support for the shop floor, to act as a conduit between the shop floor and engineering if they are unable to solve the problem.
- Be the initial point of contact for maintenance dept when trouble shooting machine problems

All positions come with a competitive salary, pension scheme and other benefits associated with a successful organisation..

Applicants should email their CV to: CV.FC-INSYS@LMCO.COM quoting the relevant vacancy reference number, send to the address below **before Friday 25th July 2008** or contact the HR Department on **01525 843552.**

Visit our web site at **www.lockheedmartin.co.uk** for further details of these and our other vacancies

Lockheed Martin UK INSYS Limited, Reddings Wood, Ampthill, Bedford MK45 2HD

MKCVO

promoting and supporting the voluntary and community sector

ChangeUp | capacity builders

FUNDED

MKCVO exists to support the development of an effective voluntary and community sector in Milton Keynes. We promote the principle and practice of voluntary and community activity to facilitate the development of diverse, strong communities and to enhance the quality of life.

Outreach Officer

£24,545 - £26,067 (pay award pending)
Fixed term contract to 31st March 2011

We are seeking an exceptional person to help deliver key elements of a project that includes a programme of outreach visits to voluntary groups, liaising with colleagues in the voluntary and public sector and coordinating training programmes to meet emerging needs. If you have a lively interest in voluntary and community activity, experience of project management and an ability to communicate confidently in writing and face to face, this could be the job for you.

Please note we do not accept CVs

To view the job description and download an application pack go to: www.mkcvo.co.uk

Alternatively, email: general@mkcvo.co.uk
Or telephone 01908 661623

MKCVO welcomes applications from suitable candidates regardless of age, gender, disability, faith, ethnicity or sexual orientation.

Closing date: noon 4th August 2008
Interviews: 8th August 2008

Charity No: 1092047 & Company No: 4279401

TEACHERS

Secondary & Primary
(all subjects)
Required for September start

KEEP EDUCATION
01582 721510
info@keepeducation.com

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baxterstorey

Baxterstorey Tongwell

The successful team members will have our company values of Care, Enthusiasm, Loyalty, Creativity and Fun

Kitchen Assistant/Front of House Assistant

7.00am-3.30pm

Kitchen Porter

11.230-3.30pm

You should have great customer care skills, give attention to detail, be reliable and smart. The kitchen assistant should have experience of sandwich making and salad preparation and ideally have hygiene training.

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Tel: 01908 624720 • Fax: 01908 624785 (11-19yrs—roll: 820)
Web: www.leon-school.org

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- Support the marketing of the Leisure Centre
- Ensure continuous improvement and upkeep of all resources and facilities
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This varied and active role is an important element to our continually successful service. If you have a genuine passion for community involvement and sport we would like to hear from you today!

"Leon School & Sports College are on the verge of some really exciting developments. This is a wonderful opportunity for a gifted and talented individual"

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To apply please e-mail: jvanders@leon.milton-keynes.sch.uk
enclosing your CV and letter of application
for the attention of Simon Viccars, Headteacher
For further information please contact Jo Vandermeulen on 07932 249003
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You will lead, strategically plan, manage and co-ordinate the commissioning and contracting processes and service improvement for Leisure and Cultural Services, which include two charitable Trusts. The first trust is Active Luton which provide leisure services that include healthy living, recreational, sport and leisure activities and the second is the Luton Cultural Services Trust, which provides cultural, educational, statutory library provision and art development functions.

You will need to build effective working relationships with both Trusts to ensure effective commissioning of services and that needs are being met in line with corporate objectives and also monitor the performance of both of them and highlight any concerns with the respective Trusts on behalf of the Council.

You will have substantial experience of both commissioning and monitoring services, with financial skills essential. You will also have in-depth knowledge of leisure and cultural services initiatives and strategies which promote health and fitness and/or engage communities in cultural activities and current government initiatives as it relates to Leisure and Culture.

Closing date: 4 August 2008. ***Ref: 08/1210.***

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The Council is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff to share this commitment.

We value equality because quality services need the best people - from the whole community.

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The successful applicant must be well organised, an excellent communicator and should have good IT skills including the Microsoft Office suite. HACCP knowledge and previous experience in a similar role is essential.

If you feel you have the skills and experience necessary to succeed in this role, please email your CV with covering letter including salary expectation to: human.resources@parripak.co.uk

Closing date for applications is Monday 28th July 2008.

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Job Share – Mornings – 20¾ hours per week
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Temporary Contract until 30th March 2009
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This is a demanding role and will require a high level of commitment to manage the variety of visitors and enquiries received at the Council offices.

To be successful, you must have significant experience in a similar environment, be well presented, self-motivated and have a flexible approach to your work with a strong customer service ethic.

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Training and support will be provided to help you realise your potential and you will be encouraged to use your initiative to resolve enquiries.

A full driving licence is required as you may be expected to work occasionally at the Citizone Points of Presence in Ampthill and Biggleswade.

You will be expected to adhere to the Customer Services Dress Code for which a one off payment will be made.

For further details and an application pack please contact the HR Team, Priory House, Monks Walk, Chicksands, Shefford, Beds SG17 5TQ. Alternatively, telephone 01462 611022 for the 24 hour job line, or e-mail recruitment@midbeds.gov.uk or the details can be downloaded from our website www.midbeds.gov.uk Please quote reference 3966.

Previous applicants need not apply.

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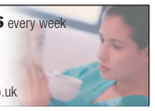

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To apply please send your CV with covering handwritten letter to: L. J. Geary, Miss H.E. Fox & A.C. Sanderson @ The Corn Barn, Spring Lane, Stagsden, Bedford MK43 8SE.

Closing date: 15th August 2008.

For more information call 01234 824901.

Please note you'll be employed by an Agent of NFU Mutual and not by NFU Mutual directly.

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NHS Trust
Huntingdon, Cambs

Operations & Training Manager

(Sterile Services)

Full time – 37.5 hours per week

Provisional Band 6* – £23,458 – £31,779 per annum (D.O.E)

Sterile Services is the backbone of the hospital. It is responsible for providing sterile supplies and clinical items to the operating theatres, wards and clinics. The future plans for Hinchingbrooke sterile services include a project to fully refurbish the department infrastructure and commission state of the art processing equipment.

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For further details and an application form please visit our website at www.pilgrims-school.info. Alternatively you can telephone 01234 369555 to request an application form.

Closing date for applications is Monday 28th July (noon)

Interviews will be held on Thursday 31st July.

Pilgrims School operates a safer recruitment policy.

Pilgrims School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.

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St Thomas More Catholic Upper School
Tyne Crescent, Bedford, MK41 7UL

FINANCE MANAGER

Maternity Cover to commence September 2008

We are seeking to appoint an experienced enthusiastic and committed person to lead our busy finance office. You will be responsible for 2 finance assistants and work directly with the Bursar and Headteacher. Experience of financial management is essential. Knowledge of SIMS FMS an advantage but not essential.

Salary Scale 4 21 – 28 £18,430 - £22,845 (37 Hours per week Full Time)

Closing date 31st July 2008

St Thomas More School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undertake child protection screening.

Application forms can be downloaded from our website www.st-thomasmore.org.uk alternatively contact the Finance Office 01234 400222, option 3.

Forms to be returned to Kelly Jeeves at the above address or email kjeeves@stm.beds.sch.uk

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Closing date: 29th July 2008

For more information contact:
Stuart Norris, EBME Manager, EBME Department, Bedford Hospital NHS Trust, Kempston Road, Bedford MK42 9DJ
Or call: 01234 355122 ex. 5957.

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Health, Safety, Environment and Facilities Manager

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Job reference: R06

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You must be a skilled communicator with a positive can-do attitude and an ability to work strategically, to deliver on time and on budget, working with managers across the organisation to inform and influence them in decisions.

You will also be responsible for managing the Facilities Team to ensure they deliver a good quality, value for money service. Experience of Health, Safety and Environment with a relevant qualification is desirable.

Closing date: Noon on Friday 1 August 2008.

Supported Housing Officer

Salary: £21, 951 - £24,799 pa + Car Allowance **Job reference: NC42**

Our Supported Housing Team is looking for a Housing Officer to provide a tenancy support service to a range of Supported Housing clients, who may be living in Registered Care Homes for the Learning Disabled, or others with a variety of differing needs living in schemes or independently.

You will work with residents and Support Providers to ensure residents are able to manage tenancies or licences, advising on tenancy and environmental matters, and ensuring services provided by partner agencies are being delivered.

You will work in partnership with other agencies helping to create a safe environment which helps even the most vulnerable of our customers to develop their potential to have choices about their lives and for as many as possible to become active members of the community.

You may have a background in working with vulnerable clients, with a real interest in social housing, possess excellent communication and negotiation skills and a strong commitment to customer care.

Closing date: Noon on Monday 4 August 2008.

Employment Support Coordinator

Salary: £20,203 - £22,127 pa, 30 hours per week **Job reference: NC40**

Working in a busy Community Development team you will provide 'outreach' employment support to address the needs of all 'working age' clients, particularly focusing on people with work-limiting illness, low skills or refugee status and/or those living in deprived areas.

You will develop interventions to encourage engagement in learning to improve employability and create a pathway to employment, providing one to one information, advice and guidance to help them into employment and/or training and provide tailored support throughout the entire process.

You will be required to communicate confidently with people at all levels, both internally and externally, demonstrate your ability to work facilitatively and pro-actively with a range of communities and have a commitment to community development principles.

Closing date: Noon on Monday 11 August 2008.

Maintenance Tradesperson

Salary: £17,205 - £19,579 pa **Job reference: NC38**

We are looking for an enthusiastic and practical person to join our Maintenance Team, to provide a highly responsive minor repairs service. The variety of small repair work involves minor decoration, wall tiling, plaster repairs, paving and gardening. This will also involve acting as day-to-day liaison with a number of our external clients undertaking similar work.

Ideally you will have minor repairs experience or a trade background, would like to develop surveyor skills, and enjoy working with a wide variety of people.

Closing date: Noon on Friday 1 August 2008.

Please apply to www.bpha.org.uk/vacancies, email jobs@bpha.org.uk or call 01234 221238, quoting the relevant job reference number.

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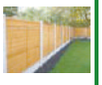

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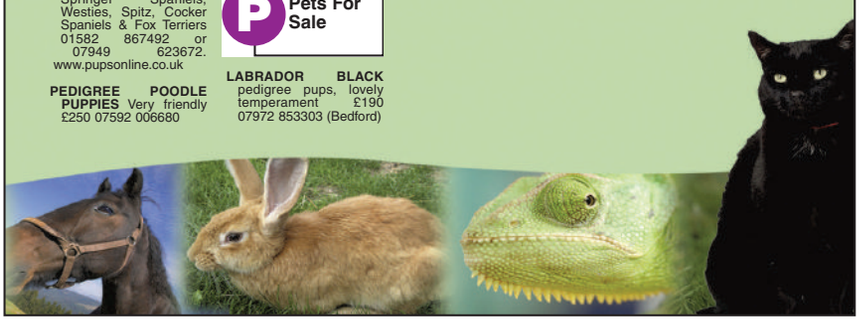

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MK MOTORING

Transmission revamp

THE Carrera 4 models might not have the design purity of the rear-wheel-drive 911s but when it comes to ability, their all-wheel-drive transmissions give tangible benefits.

The classic Porsche 911 shape remains untouched but beneath the surface beats the heart of a hyper-modern performance car.

The Carrera 4 and Carrera 4S models have been moved closer in technological terms to the all-conquering 911 Turbo, a move which should boost their profile.

Prior to the arrival of the latest 911, the Carrera 4 derivatives featured an all-wheel-drive system that distributed its power via a viscose multi-plate clutch.

Today's models get the more advanced PTM Porsche Traction Management system that was developed for and previously only available on the 911 Turbo.

The system, which has been modified for use in the Carrera 4 models, uses an electronically controlled multi-plate clutch and features a mechanical limited-slip differential on the rear axle.

It's designed to feed optimum amounts engine torque to each wheel in any situation enhancing traction and stability in the process.

With the Carrera 4 using a 3.6-litre 345bhp flat-six and Carrera 4S powered by a 385bhp version of the same engine, there's plenty of power for the PTM to dole out.

The engine still sits way out at the back of the 911 and nowadays it's a DFI unit featuring Porsche's Direct Fuel Injection system, utilising a sophisticated engine management computer and high pressure injectors to fire a fuel and air mixture directly into the combustion chamber.

The results are said to include a more efficient combustion cycle, superior engine response and more power.

The other major technological innovation on the latest 911 is the PDK gearbox, a conventional seven-speed manual gearbox automated by a hydraulic control mechanism which is divided into two separate units.

There's one clutch looking after the even gears and one taking care of the odd ones. It means that the clutches can work in unison, producing super fast shifting marshalled by buttons mounted on the steering wheel. Each gearchange is around 60 per cent more rapid that that of a conventional automatic transmission.

911 Carrera 4 customers can choose the coupe or convertible bodystyles with the drop top typically adding £7,000, roughly the same amount needed to go from a Carrera 4 to a Carrera 4S. The options list is bulging with desirable extras and it's perfectly possible to stoke up the asking price for your car to something way in excess of the list values.

Perhaps the Carrera 4 and Carrera 4S don't show the Porsche 911 in its purest form but their advanced all-wheel drive transmissions give real world benefits that many 911 customers will be happy to pay extra for. The 911 is a car built on its heritage but the technology in the latest models clearly demonstrates how it's also teetering on the cutting edge.

The PTM 4x4 system, DFI direct injection engine technology and the optional PDK double clutch gearbox make the 911 Carrera 4 and the 4S a technological tour de force that is a match for any rival. Combined with the automotive institution that is the 911 brand, it all makes a compelling argument in favour of 911 ownership.

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Jaguar X Type 2.0 Diesel SE Saloon 2005 (54) Reg
One owner 58,000 Miles F/S/History Ebony black with black Leather Interior, air conditioning, cruise control, electric windows, electric mirrors, electric seats, Rear parking sensors, CD 6, excellent condition. 12 months MOT, 12 months warranty 2/3 years optional. **£8,995**

Jaguar X Type 2.0 Diesel SE Euro 4) saloon 2004 (04) Reg.
One owner 82,000 Miles, F/S/History, Topez Metallic with, Cream leather interior, air conditioning, electric windows, electric mirrors, alloys, CD6, cruise control, rain sensor wipers, M/F/S wheel, rear parking sensors, Excellent condition. 12 months MOT, 12 months warranty 2/3 years optional. **£6,995**

Ford Focus 1.8 TDCI Ghia 5dr hatchback 2003 (03) Reg.
2 Owners 79,000 miles and F/S/H. Ice blue metallic with grey interior. Air conditioning, electric windows, electric mirrors, central locking, alloy wheels. Excellent condition, 12 months MOT, 12 months Warranty 2/3 years optional. **£4,495**

Vauxhall Corsa 1.7 Diesel Club 5dr Hatchback 2002 (52) Reg
2 Owners with 40,000 miles and F/S/H, Spearmint blue metallic with grey interior electric windows, power steering, radio cassette, remote central locking. Excellent condition 12 months MOT and 12 months Warranty 2/3 years optional. **£3,995**

Citroen Berlingo Enterprise 1.9 Diesel 2004 (54) Reg.
2 Owners 33,000 Miles with F/S/History, white with grey interior, electric windows, CD player, electric mirrors. Ply lined, remote central locking. Excellent Condition. Light use only. 12 months MOT, 12 months warranty. **£3995**

SALOONS & HATCHBACKS

Mazda 6 1.8 Saloon 2004 (04) Reg.
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Vauxhall Omega 2.0 GLS Automatic 2000 (W) Reg.
44,000 Miles with F/S/H. Dark red with grey interior, air conditioning, electric windows, electric mirrors, CD player, remote central locking, alloy wheels, excellent condition with 12 months MOT and 12 months warranty 2/3 years warranty optional. **£2995**

Ford Mondeo 2.0 Zetec 5dr HATCH 2001 (Y) reg (NEW SHAPE).
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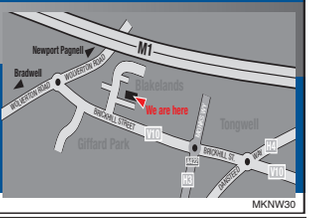

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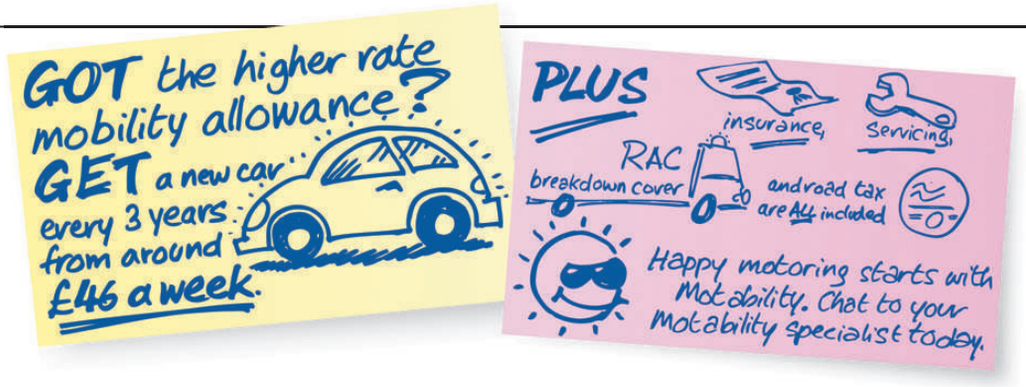

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Service Manager Simon Fernandez

Service Manager Simon Fernandez said, "There are no Mercedes-Benz service and workshop facilities to match ours in the Milton Keynes area. Having the best working environment means we retain the very best technicians and administrators, who receive continuous training and enjoy their role in this flagship business. The people who work here are key to the commercial success we have enjoyed since moving to Kingston. We have easy access and plenty of parking spaces, a state of the art workshop based on motor racing design and efficiency, which is a great confidence boost for our customers, who can see the work being carried out on our twenty three tech ramps and work stations and dedicated MOT bay.

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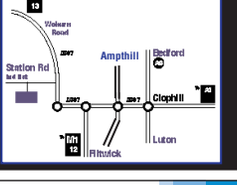

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WIDOW, young looking/feeling 72, GSOH, loves gardening, walking, meals in/out, easy to please, seeks genuine male. **Tel No: 0911 374 0222 Box No: 328388**

YOUNG 60's female, blonde hair, blue eyes, 5ft 6ins, medium build, warm, loving, GSOH, N/S, seeks sincere, loving male, 50-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 327532**

HEAD strong, Amazonia lady, 40's, seeks slender, passive/aggressive male who wont get in the way. Likes cats, dislikes spears. **Tel No: 0911 374 0222 Box No: 327416**

MELANIE 44, single mum, easy-going, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 318410**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0911 374 0222 Box No: 248208**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 305342**

ATTRACTIVE lady 49, warm, loving, likes nights out, cuddles, seeks kind, loving male for happy relationship. **Tel No: 0911 374 0222 Box No: 263451**

SEXY black lady, seeks male, any age for romance. **Tel No: 0911 374 0222 Box No: 263846**

ATTRACTIVE lady, 49, blonde hair, blue eyes, medium build, genuine, affectionate, GSOH, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 251238**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0911 374 0222 Box No: 233352**

BUBBLY young 47yr old attractive single mum, Mediterranean looking, seeks sincere, loving, handsome female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 325698**

40'S female, slim, fair hair, blue eyes, GSOH, likes motor bikes, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 317168**

SENSUAL slender single mum seeks a real man to show her what he's made of. **Tel No: 0911 374 0222 Box No: 323416**

GENTLEMAN partner required to escort attractive, bubbly female to formal ball, young 54yr old could lead to friendship or more. **Tel No: 0911 374 0222 Box No: 260545**

GORGEOUS fun loving, caring female seeks genuine male for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 323426**

EASYGOING 40 something, only admit to being 37, no dependants, looking to try new things. **Tel No: 0911 374 0222 Box No: 221747**

WIDOW, late 60's, 5ft 5ins, slim, fit, romantic, tactile, loving, likes theatre, walks, countryside, wildlife, rugby, seeks loving man for genuine relationship. **Tel No: 0911 374 0222 Box No: 325306**

LONELY widow still got what it takes WLTM mature male to warm those lonely nights. **Tel No: 0911 374 0222 Box No: 323428**

FEMALE, 25, lively, talkative, confident, likes gigs, meals out, pubs, days out, seeks male, 24-32 for friendship. **Tel No: 0911 374 0222 Box No: 322268**

CURVY brunette, big brown eyes, fun, easygoing, seeks similar male to share intimate times with. **Box No: 0911 374 0222 Box no: 323430**

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ATTRACTIVE female, black/African origin, tall, genuine, fun, seeks male, 38-55 for love and friendship. **Tel No: 0911 374 0222 Box No: 322144**

LOVELY lively lady long blonde hair, green eyes WLTM tall male for fun, friendship and more. **Tel No: 0911 374 0222 Box No: 323446**

CHRISTIAN female, 47, single mum, size 10, blonde hair, green eyes, likes meals out, theatre, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 326460**

WIDOW 60, young outlook, size 10-12, 4ft 11ins, dark hair, N/S, OHAC, seeks male for friendship. **Tel No: 0911 374 0222 Box No: 325488**

LADY, early 60's, tall, smart, semi retired, own car, likes cooking, gardening, seeks tall, kind gent for companionship, outings, possible relationship. **Tel No: 0911 374 0222 Box No: 323968**

FEMALE, seeks honest, caring, genuine male, 50-60's for LTR. **Tel No: 0911 374 0222 Box No: 318510**

WIDOW, slim, seeks gent, 60-70's for friendship, holidays, maybe more. **Tel No: 0911 374 0222 Box No: 313616**

CUDDLY 46yr old female, brown hair, blue eyes, genuine, affectionate, loving, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 313104**

HONEST, caring, attractive female, 37, black, 5ft 2ins, likes nights in/out, seeks similar male, 37-45 for LTR. **Tel No: 0911 374 0222 Box No: 320296**

54YR old lady, likes simple things, seeks loving, caring male, 50-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 315380**

FEMALE, young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 314752**

MIKHAILA 43, 5ft 7ins, brown hair/eyes, buxom, likes reading, films, animals, seeks male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 313036**

ATTRACTIVE, dizzy blonde, early 40's, seeks funny, romantic, caring male, 36-47 to make her laugh. **Tel No: 0911 374 0222 Box No: 243260**

ATTRACTIVE, independent female, 55, blonde, 5ft 8ins, caring, kind, seeks genuine male for friendship/relationship. **Tel No: 0911 374 0222 Box No: 308182**

70'S widow, lonely, medium build, likes cooking, gardening, holidays, nights out, seeks gent in his 70's with car to share life with. **Tel No: 0911 374 0222 Box No: 306492**

FABULOUS, caring, sincere widow, 58, seeks tall, romantic gentleman to share the good times. **Tel No: 0911 374 0222 Box No: 305346**

PAULA 63, widow, likes socialising, walks, rugby, seeks similar aged, N/S male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 293840**

MADDIE 40's, attractive, seeks nice, genuine male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 290710**

ATTRACTIVE 42yr old blonde female, likes keep fit, interior design, meals out, seeks attractive, slim male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263661**

FEMALE, late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312602**

SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0911 374 0222 Box No: 311450**

38YR old fun loving Leo, likes meals out, cinema, travel, walks, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310774**

ATTRACTIVE, genuine, 40yr old lady, voluptuous, GSOH, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 263026**

FRIENDLY female, 25, busty, likes pubs, meals out, cinema, seeks guy for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 258664**

5FT 7ins cuddly female, 31, seeks caring, honest male. **Tel No: 0911 374 0222 Box No: 258132**

ATTRACTIVE, independent female, 42, 5ft 10ins, caring, kind, WLTM genuine male for friendship/relationship. **Tel No: 0911 374 0222 Box No: 254088**

24YR old easygoing female, seeks male with similar interests. **Tel No: 0911 374 0222 Box No: 237939**

FEMALE 46, N/S, attractive, seeks genuine, honest male up to 52 to enjoy life with. **Tel No: 0911 374 0222 Box No: 299302**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298158**

42YR old black female, divorced, 5ft 8ins, seeks outgoing, caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 295650**

HELEN 38, blonde hair, blue eyes, nice smile, varied interests, seeks male, 30-50 to share good times with. **Tel No: 0911 374 0222 Box No: 295212**

21YR old female, seeks male for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 293312**

36YR old strawberry blonde, likes music, gym, socialising, nights in, seeks male for cuddles, maybe more. **Tel No: 0911 374 0222 Box No: 236973**

45YR old female, 5ft 6ins, slim, blonde hair, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 236248**

ATTRACTIVE single Chinese lady, 41, seeks genuine male, 38-48, for genuine friendship and LTR. **Tel No: 0911 374 0222 Box No: 236066**

NEW THIS WEEK!

JULIA 60's, petite, N/S, widow, seeks N/S gent, 60-70 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 252166**

43YR old slim female, dark hair/eyes, seeks gent for meals out and fun times. **Tel No: 0911 374 0222 Box No: 248669**

ATTRACTIVE 69yr old widow, 5ft 5ins, plump, attractive, well spoken, likes most things, seeks male for companionship. **Tel No: 0911 374 0222 Box No: 309882**

40YR old nice lady, N/S, GSOH, likes pubs, meals out, seeks genuine, kind, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 309610**

PROFESSIONAL lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male for LTR. **Tel No: 0911 374 0222 Box No: 308434**

HONEST, sincere, romantic 43yr old female, GSOH, attractive, 5ft 6ins, blonde hair, size 16, seeks similar male for LTR. **Tel No: 0911 374 0222 Box No: 307180**

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 306952**

35YR old single mum, black, seeks male, 43-47 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 302078**

FEMALE, seeks presentable male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246355**

KIND, sweet 22yr old lass who enjoys drinking, socialising and having a good time, seeks similar guy! **Tel No: 0911 374 0222 Box No: 243778**

22 year old girl with GSOH, enjoys drinking, socialising, nights in and having a laugh, seeks similar. **Tel No: 0911 374 0222 Box No: 243540**

SHY female, 41, seeks honest, sincere male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 242037**

53YR old female, professional, likes cinema, meals out, holidays, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 239217**

45YR old bubbly, cuddly female, seeks male, 40-58 to cuddle up with. **Tel No: 0911 374 0222 Box No: 238588**

43YR old, blonde, blue eyes, looking for someone to cuddle up with. **Tel No: 0911 374 0222 Box No: 235633**

SARAH 45, black, professional, curvy, likes countryside, cinema, theatre, travel, seeks sincere, mature male for LTR. **Tel No: 0911 374 0222 Box No: 288410**

ATTRACTIVE, petite, 61yr old female, likes pubs, cinema, walks, seeks caring male, 55-65 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 288282**

25YR old African female, 5ft 3ins, likes meals out, music, travel, seeks similar male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 287210**

YOUNG 42yr old, loves long walks, talks, seeks caring, sentimental man to share life's ups and downs. **Tel No: 0911 374 0222 Box No: 234166**

BLUE eyed blonde, 49, medium build, likes walking, reading, holidays, nights in/out, WLTM caring, honest, loyal male for friendship/LTR. **Tel No: 0911 374 0222 Box No: 231949**

LADY 60, enjoys music, country walks, theatre, dining out, holidays, seeks male, 60-65 who would be happy to share life's pleasures. **Tel No: 0911 374 0222 Box No: 231935**

27YR old female, caring, nice smile, genuine, loving, GSOH, seeks kind, genuine, honest male who is fun to be with, 25-35. **Tel No: 0911 374 0222 Box No: 230726**

CAROL 47, attractive, slim, GSOH, likes good food/wine, nights in/out, seeks attractive male, 40-50 with similar interests. **Tel No: 0911 374 0222 Box No: 286336**

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ATTRACTIVE Asian female, 26, single mum, likes nights in/out, shopping, seeks genuine male for love and commitment. **Tel No: 0911 374 0222 Box No: 284192**

MATURE, black female, 48, seeks intelligent, mature English gent for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 282880**

single men

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MALE 40, GSOH, 6ft 2ins, caring, fun, seeks female for relationship. **Tel No: 0911 374 0222 Box No: 328732**

MATURE ladies, do you want a Toyboy? 34yr old male seeks slim lady, 40-55. **Tel No: 0911 374 0222 Box No: 328436**

WIDOWER, seeks female, 55-60 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 327264**

ROD 65, N/S, 6ft, brown eyes, OHAC, likes gardening, football, walks, theatre, meals out, holidays, seeks N/S lady, 60 plus for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 307532**

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. **Tel No: 0911 374 0222 Box No: 285436**

DIVORCED male, 50, slim, N/S, likes music, countryside, travel, seeks down to earth female, 25-45 for friendship/LTR. **Tel No: 0911 374 0222 Box No: 324710**

36YR old male, 6ft, open, honest, reliable, pert time dad, seeks similar female for loving relationship. **Tel No: 0911 374 0222 Box No: 322836**

MALE 57, smoker, seeks female companion for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 322458**

ADAM 33, single dad, likes nights in/out, music, pubs, clubs, seeks female, 25-40 for love and romance. **Tel No: 0911 374 0222 Box No: 322226**

MALE 40, 5ft 9ins, medium build, blue eyes, blond hair, genuine, trustworthy, seeks female, 30-48 for romance and TLC. **Tel No: 0911 374 0222 Box No: 321490**

EASYGOING male, down to earth, 59, romantic, 5ft 8ins, slim, attractive, seeks similar female. **Tel No: 0911 374 0222 Box No: 320964**

47YR old male, 5ft 10ins, medium build, likes countryside, walks, coast, seeks honest female up to 50 for fun and friendship, maybe more. **Tel No: 0911 374 0222 Box No: 320712**

MALE, no ties, likes holidays, conversation, seeks attractive, presentable, caring lady to enjoy life with. **Tel No: 0911 374 0222 Box No: 320520**

PAUL 36, 5ft 9ins, large build, attractive, likes pubs, walks, seeks older female, 35-60 for fun times. **Tel No: 0911 374 0222 Box No: 320368**

MALE, 6ft 2ins, GSOH, shy, seeks happy, honest female, 38-48 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 320336**

TERRY 27, likes nights out, socialising, pubs, walks, cycling, seeks similar female. **Tel No: 0911 374 0222 Box No: 320260**

STEVE 33, likes music, gigs, cinema, sports, days out, travel, seeks female with similar interests for good times. **Tel No: 0911 374 0222 Box No: 317872**

MALE 55, 5ft 8ins, smoker, honest, caring, trustworthy, solvent, likes nights in/out, holidays, seeks female 40-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316934**

MALE, 5ft 7ins, medium build, brown hair/eyes, likes pubs, meals out, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316830**

MALE 42, seeks adventurous, curvy, uninhibited female for discreet fun times. **Tel No: 0911 374 0222 Box No: 316818**

ANDY 48, faithful, honest, romantic, passionate, seeks soul mate. **Tel No: 0911 374 0222 Box No: 316464**

DIVORCED dad, 48, honest, romantic, passionate, likes camping, motor bikes, rallies, meals out, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 314194**

MALE 40, tall, slim, romantic, likes cosy nights in/out, seeks female, any age to enjoy life and what the world has to offer. **Tel No: 0911 374 0222 Box No: 311066**

47YR old biker, divorced, faithful, honest, romantic, passionate, likes nights in/out, cuddles, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310588**

ATTRACTIVE male nurse, 38, 6ft 1ins, strong, medium build, honest, loving, seeks family minded female for LTR. Age/build unimportant. **Tel No: 0911 374 0222 Box No: 309930**

MALE 56, smoker, seeks companion for outings and possible LTR. Someone homely who enjoys the simple things. **Tel No: 0911 374 0222 Box No: 308344**

BEN 39, 5ft 11ins, brown eyes, self employed, seeks female/soul mate. **Tel No: 0911 374 0222 Box No: 305564**

MARK 48, widow, 6ft 4ins, likes reading, walks, music, seeks female, 38-48 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304310**

HANDSOME, divorced, 6ft male, 60, medium build, GSOH, N/S, easygoing, seeks female, 45-60 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 259351**

59YR old male, divorced, solvent, retired, likes gardening, walks, nights in, seeks honest female of similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 258030**

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36YR old black male, 6ft, good looking, professional, seeks female for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 254456**

FED up single dad, OHAC, slim, 5ft 11ins, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 251807**

ATTRACTIVE, 45yr old male, 5ft 9ins, seeks gorgeous female, 35-45 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246937**

MALE 39, 5ft 11ins, blue eyes, handsome, kind, considerate, seeks female for love and romance. Single mum welcome. **Tel No: 0911 374 0222 Box No: 245223**

RICK 26, N/S, likes nights out, pubs, seeks female no strings fun times. **Tel No: 0911 374 0222 Box No: 325302**

MALE 38, likes outdoor life, seeks country girl, 29-43. **Tel No: 0911 374 0222 Box No: 325016**

YOUNG looking 26yr old male, spontaneous, likes meals out, music, computers, painting, seeks outgoing female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 323524**

48YR old solvent, professional male, 5ft 9ins, fit, likes sports, clubs, theatre, seeks professional, slim female, 30-50 with similar interests. **Tel No: 0911 374 0222 Box No: 322556**

MARK 27, brown hair, green eyes, slim, likes pubs, clubs, seeks female, 20-30 with similar interests. **Tel No: 0911 374 0222 Box No: 322516**

MICHAEL 34, new to area, seeks special female, 20-40 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 321474**

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Striker Lita sparks crowd

MK DONS 1
READING 2
Pre-season friendly
stadiummk, Saturday, July 19

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

ROBERTO Di Matteo's reign at MK Dons began with a pre-season defeat to Championship side Reading.

Stephen Hunt's 65th minute strike proved the difference as Reading handed the Dons a 2-1 defeat at stadiummk.

Jimmy Kebe had given the visitors an early lead in the match but it took just six minutes for the Dons to level through youngster Sam Baldock.

Di Matteo and the Dons faithful would have taken plenty of positives from the game, not least the indication that last year's League Two champions are looking to play that on-the-floor style that proved so successful under Paul Ince.

One name that stood out on the team sheet was that of trialist Florian Strum who was given a start by Di Matteo, summer signing Peter Leven got his first start in Dons colours while Sam Baldock partnered Aaron Wilbraham upfront.

Although there were hints of no football for eleven weeks, MK Dons began their pre-season schedule in a promising fashion.

The big-man small-man combination was working well up front with the first chance falling to Baldock on the fifth minute.

His low strike from the edge of the box dragged wide of the right post but moments later a through ball from Wilbraham opened another route.

Above: The new manager surveys his charges
Right: The biggest cheer of the day was reserved for fans' favourite Paul Mitchell

Reading scored first in an explosive break ended with Kebe firing home.

The Dons hit back through Baldock, an academy product who has shown plenty of promise at youth level in the past two years, he got the better of Ingimarsson as he cut inside the centre-back and fired into the net for the leveller.

Feisty Reading striker Lita added a little spark to the friendly when he chased after Sean O'Hanlon and appeared to charge into the defender.

Despite cries from the Cowshed for a red, which arguably would have been given in a competitive match, referee Phil Gibbs cautioned the player.

Royals manager Steve Coppell had seen enough and substituted Lita before the matter was made worse.

The loudest cheer of the day didn't come for a goal, or a sublime peice of skill, it was the scene of Paul Mitchell gracing the turf at stadiummk.

It was the first time the midfielder had featured for the first team since the career-threatening leg break he suffered 17 months ago.

It wasn't the reintroduction to football that Mitchell would have wished as just four minutes later the Dons were once again trailing in the game.

Hunt took advantage of a shaky looking Dons defence and squeezed his shot beyond the despairing Nathan Abbey.

TEAMS

MK DONS: Abbey, Regan, Stirling, O'Hanlon (Howell 45), Lewington (Morgan 45), Navarro (Mitchell 61), Leven (King 74), Johnson (Dobson 45), Strum, Wilbraham, Baldock (Chicksen 61).
READING: Federici, Rosenior, Shorey (Kelly 74), Karacan, Duberry (Pearce 61), Ingimarsson, Kebe, Lita (Doyle 40 (Hunt 55)), Long, Harper, Convey.

Ex-boss Ince sniffing at transfer-listed Andrews

SPECULATION is mounting that former Dons boss Paul Ince is close to taking Keith Andrews to the Premier League.

Ince is reportedly hoping to push through the controversial move for his former player and captain Andrews.

He believes that the 27-year-old Dubliner would work well at the premiership club.

MK Dons have slapped a £2million price tag on Andrews and on Saturday the Dons confirmed Andrews has been made available for transfer.

A club statement read: "Milton Keynes Dons can today confirm that club captain Keith Andrews has been made available for transfer.

"In order to prevent the intense speculation of recent weeds jeopardising the start of our season, we feel it both in the club's and Keith's interests to settle this unhelpful situation.

"Keith is a player we value extremely highly and remain committed to retaining, but we maintain our policy of not standing in the way of an individual's professional development.

"Despite widespread reports linking him with many clubs, we have received no formal offers for Keith.

"This action has been mutually agreed by the manager and the chairman."

Andrews still has a year left on his contract.

Ace of hearts

■ THE Dons are being linked to Hearts striker Calum Elliot.

The 21-year-old has travelled to England for talks with Dons manager Roberto Di Matteo.

The Scotland Under-21 forward came through the youth ranks at Hearts before making his debut in September 2004.

He had a loan spell with Motherwell during the 2006/07 season and has been in and out of the Hearts side since returning to club.

Elliot has scored 10 goals in 77 appearances for Hearts.

PREVIEW

WATFORD
PRE-SEASON FRIENDLY
Wednesday, July 30
stadiummk K.O 7.45pm

THE third pre-season game at stadiummk sees the Dons pitched against Championship side Watford.

Watford chairman Graham Simpson recently said he is willing to step aside if a buyer can be found for the club.

The Hornets have confirmed that discussions with potential new owners have ended after receiving an approach in April.

The game should see Watford feature former Chelsea left-back Jon Harley after impressing during a pre-season trial.

The 29-year-old turned down a new contract at Burnley in the summer after a three-year spell at Turf Moor.

Watford have been linked to Dons captain Keith Andrews in recent weeks.

The Dons will be looking for a good performance as the league opener against Leicester looms.

VIEW FROM THE MOOCAMP

TICKETS for MK Dons' opening game of the season at Leicester City are now on sale from the Dons Box Office at stadiummk.

An initial allocation of 500 tickets are available which are now on general sale priced at Adults £23, Seniors £21, students £15; 12-15-year-olds - £10; 8-11-year-olds - £5; Under 8s - £3.

Disabled tickets are charged at standard rates. Carers for the disabled will receive complimentary tickets.

Tickets will be on sale until 5pm on August 6 and thereafter from the Walkers Stadium on the day of the game. Supporters can either purchase their tickets in person from the Box Office or over the phone on 01908 622900.

THE Dons have signed midfielder Florian Strum.

Strum played for the Dons in Saturday's 2-1 home defeat to Reading while on trial and the 26-year-old impressed the new boss so much he has been signed on a free from Austrian side SC Vaduz.

YOU can be forgiven for thinking there was something a little different about stadiummk.

The hallowed turf has been widened paving the way for stylish, expansive football for the new season.

The welcome change to the pitch came at the request of manager Roberto Di Matteo.

It means the width of the pitch at stadiummk will increase from 68 metres to 70m, much to the delight of attacking wingers.

Head groundsman Joe Aylett said: "I had a chat with the Gaffer last week and he wants to play a nice, wide game. I believe he wants to get the boys really fit and that extra yard either side will make a difference.

"I believe we're going to be playing a similar passing game to last season which means it will have to be a nice short pitch, watered before the game and at half-time.

"The Gaffer wants a short, fast playing surface so I think the fans can be excited by the football coming up for them this year."

AN unusual figure towered above the rest of the Dons staff at training last week.

Former Chelsea hitman Tore Andre Flo joined the players for some pre-season training on Tuesday and Wednesday.

The 6ft 4ins Norwegian was invited by his old friend Roberto Di Matteo to work on his fitness ahead of the London Masters tournament at Wembley Arena at the weekend.

Rumours that Di Matteo is ready to sign the 35-year-old free agent were denied by the club.

FIXTURES 2008-09

August
9 Leicester A
12 Norwich (CC) H
16 Northampton H
23 Huddersfield A
30 Swindon H

September
6 Yeovil H
13 Oldham A
20 Colchester A
27 Peterborough H

October
4 Millwall A
11 Carlisle H
18 Crewe A
21 Stockport H
25 Cheltenham H
28 Leyton Orient A

November
1 Tranmere H
15 Hartlepool A
22 Walsall A
25 Hereford H

December
6 Scunthorpe H
12 Brighton A
20 Leeds H
26 Bristol Rovers A
28 Southend H

January
3 Peterborough A
10 Colchester H
17 Carlisle A
24 Millwall H
27 Leyton Orient H
31 Cheltenham A

February
3 Stockport A
7 Crewe H
14 Hartlepool H
21 Tranmere A
28 Leicester H

March
3 Northampton A
7 Swindon A
10 Huddersfield H
14 Oldham H
21 Yeovil A
28 Leeds A

April
4 Brighton H
10 Southend A
13 Bristol Rovers H
18 Scunthorpe A
25 Walsall H

May
2 Hereford A

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MKSPORT

One-under-par Poulter bags Open second

BY ROB GIBSON
rob.gibson@mk-news.co.uk

IAN Poulter enjoyed an unforgettable weekend as he claimed second place at the Open Championship.

The Woburn golfer stormed up the leader board on the final day at Royal Birkdale, finishing one under par on Sunday to cap a superb tournament.

Poulter's final round score of 69 put him on seven-over-par for the Championship and piled on the pressure for the remaining candidates.

But Poulter was not to be the only come back king, as Padraig Harrington shrugged off a serious wrist injury to successfully defend the Claret Jug.

The Irishman played a stunning back nine, including two birdies and a spectacular eagle at the 17th, to record a three-over-par total of 283.

Earlier, veteran Greg Norman, 53, surprised everyone with a come back of his own but fell away with a series of bogeys at the death.

Thirty-two-year-old Poulter held the clubhouse lead briefly and could now make the Europe Ryder Cup team at Kentucky in September.

He started Sunday in ninth place, six strokes behind Norman, but as the blustery conditions took their toll on a tough course the rest of the field began leaking shots.

Despite bogeys on two of the first three holes, Poulter managed not to drop any more shots, with birdies on the 9th, 11th before sinking a 20-foot putt on the 16th.

He took the lead with another 20-foot putt in front of the clubhouse for par.

Poulter said: "There is plenty more in me and I know I can go better.

"I don't think I've enjoyed a week as much as I have this one. It was kind of a rollercoaster. I did not get off to the best start but then I steadied ship and started to hit a lot of greens in regulation. I would have taken one under par before I went out."

Poulter bagged £450,000 in prize money and is now seventh in the European Ryder Cup World points list.

He said: "I hope that this will springboard me on for a massive push before the Ryder Cup side is picked," added Poulter. Hats off to Padraig – winning back-to-back Opens is very impressive and that shot he hit into 17th was awesome."

In seven previous Open Championships, Poulter's best finish was eleventh and his previous best at a major was ninth at the PGA Championship in 2006.

A delighted Ian Poulter celebrates with caddy Terry Mundy

ATHLETICS

Pickering picked at last

CRAIG Pickering will run in the men's 100 metres at the Beijing Olympics.

The Milton Keynes runner was finally confirmed as one of three Team GB sprinters after a five day wait.

The British Olympic Associaition named the majority of the track and field team that will head the hunt for medals on Monday, but only named one sprinter - Simeon Williams.

It was a decision taken while drugs cheat Dwain Chambers waited for the ruling on his high court appearance.

Chambers challenged a by-law by the BOA which prevents him from taking part in the Olympics, but his bid failed.

The BOA were then free to name two further competitiors – who are Pickering and Tyrone Edgar.

The two came third and fourth in the Olympic trials respectively, behind Williams and Chambers.

They have both recorded the Olympic standard this season.

Pickering, 21, was already named in the men's 4x100m but it was the solo event that he was desperate to take part in.

He joins Greg Rutherford, Gail Emms, and Nathan Robertson as representatives from Milton Keynes to be at the Beijing Olympics, which start in 19 days.

F1 RACING

Unlucky 13th for Coulthard as Webber fails to finish

THE German Grand Prix may have been one for Lewis Hamilton to remember but it was certainly one to forget for Red Bull.

The MK-based team saw David Coulthard finish in thirteenth place and Mark Webber have his first mechanical retirement of the season.

Webber, who started the race in eighth on the grid said: "We knew it would be a tight race with the guys that were around us on the grid. I had a good fight with Vettel on the first lap and, as the race unfolded, there wasn't much between the cars. We know the weaknesses of our car here and we'll work on those before the next race. It was my first mechanical retirement this year; we'll have to check what caused it and make sure it doesn't happen again."

■ Sebastian Vettel will take over from Coulthard when he retires next season. The 21-year-old German will replace Coulthard after impressing as part of Red Bull's junior Toro Rosso team this season.

He will partner Australian Mark Webber, whose contract was renewed two weeks ago.

LOCAL CRICKET

MORRANTS FOUR COUNTIES LEAGUE

Division One

NEWPORT Pagnell built on last week's win over a Darren Gough inspired Cublington to beat third placed Aspley Guise by six wickets.

Paul Brady scored a massive 122 no to help his team towards 186 -4 before Aspley were skittled for 184.

Mike Page took 4-18 and Gary Heffornan 3-27.

It was honours even between MK City and Olney Town.

A Ali scored 47 and and Raj Lall 46 as City made 226-9. Olney's Stuart Keeping took 3-25 and Ben Brock 3-48.

Town's Paul Gallyot hit 43 while City's S Ahmed took 5-14 and Ali 4-10.

Eaton Bray beat Cublington by four wickets.

A Ball scored 56 runs as Cublington made 159 -9. Andy Norris took 4-23 and Nick Pearson 3-19 for Bray.

Paul Harris top scored with a 69 no.

Fourth placed New bradwell beat North Crawley by nine wickets. Crawley were skittled for a poor 71 all outwith S Manwar taking 3-8 and Zaheer Khan 3-7.

New Bradwell eased to the win with N Khan hitting 45 no.

Milton Keynes remain rock bottom of the league after losing again, this time to Winslow Town by 99 runs.

Winlsow made 235-3 with Kieran Price scoring 104.MK were all out for 136 with Martin Cross the one shining light hitting 59.

Division Two

OLD Bradwell went to the top of the league after victory by five wickets over Stewkley. Stuart Macmillan scored 34 and Chris Roadknight took 3-22 after Stewkley had been left with a poor 89 all out.

Open University lost by six wickets to Soulbury, with Uni making 134 all out.

Studham beat second placed Elstow by 21 runs despite Elstow's Stuart Robson taking 5 for 6.

Mentmore beat Edlesborough by four wickets and Biddenham beat Aston Clinton by nine wickets.

Division Three

SHENLEY Church End drew with Eggington Foresters after being bowled out for 187. Stuart Hardwick hit 46 and Steve Sidwell made 44.

North Crawley 2nds beat New Bradwell 2nds by 58 runs. Sam Howe made 100 no as Crawley made 232 for 6.

Good bowling from Stewart Phillipson, 3-7, Matt Esh 3-21 and Charlie Gresty 3-22 put paid to Bradwell.

Turvey beat Whitchurch by 95 runs and Caddington beat Milton Bryan by 77 runs.

Division Four

LEADERS MK City 2nds drew with Printers. MK scored 217 for 5 with Printers replying with 175 for 5.

Old Bradwell seconds lost to Willen by 8 wickets.

Harlington drew with Cranfield University, after the uni scored 271 for 7 in their innings. Milton Keynes 2nds lost to Stoke Hammond after Mk were embarrassed to 24 all out.

Division Five

NEWPORT Pagnell 2nds drew with Tring Park 4ths. Newport made 115-8 with Paul Beckitt bowling 3-33.

Wing lost to Milton Bryan 2nds by three wickets.

Olney Town 2nds drew with Little Horwood. Horwood were 135-8 with Jim Williams hitting 35. Olney were 137 all out.

Cublington 2nds beat Stewkley 2nds by five wickets. The home side made 150-7 with Cublington getting 151-5.

Division Six North

NORTH Crawley 3rds lost to Great Brickhill 3rds by 8 wickets. Crawley's Chris Randall top scored with 52. Brickhill's Tom Sibley took 3-35.

Elstow 2nds beat Wolverton Town 3rds by 44 runs. Elstow made 208 for 5 and Wolverton were all out for 164.

Division Six South

WINSLOW Town 2nds lost to Aston Clinton 2nds by four wickets. Winslow were 106 all out and Aston were 108-6

Cublington 3rds lost to Ivinghoe & Pitstone by 58 runs after they scored 166 all out.

CHERWELL LEAGUE

Division 2

MILTON Keynes Park fought hard for a share of the spoils when they entertained Dinton on Saturday.

Electing to bat, Dinton posted a mediocre 167/8 from their 52 overs.

For Park, Ghufran Mohammed once again spearheaded the attack with 3/34 and Mark Roberts bowled an excellent eleven over spell in the middle of the innings, taking 3/19.

In reply Park's Graham Simpson was run out after a mix up with fellow opener James Sprittles.

Ian Smith and Tim Chapman both perished without troubling the scorers to seamer Scott Bowler and Park were 31/3.

Mohammed contributed 26 with the bat as he and Sprittles looked to set up the run chase and Park found themselves needing 100 from the final twenty overs.

But wickets continued to tumble and the runs dried up † Sprittles (35) fell stumped after one attacking shot too many and Stuart Cooper was trapped in front by Scott Bowler (3/35).

Park's tail hung on to force the draw with keeper James Ward having to see out the last four balls of the game after having returned from hospital for treatment for a dislocated finger as Park closed on 114/9.

There was better news on Sunday as Park were victors by 50 runs in the first round of the Bucks Cup at Chalfont St Peter.

NORTHANTS PREMIER LEAGUE

Stony Stratford CC 1st XI
Old Northamptonians CC 1st XI

STONY welcomed Old Northamptonians to Ostlers Lane on Saturday hoping to build on recent improved performances and things started brightly as skipper Dion Ebrahim won the toss and inserted the visitors.

Stony welcomed back senior pro Steve Bellew for this important game and he immediately showed why they have missed him so much this season, as he grabbed 3 early scalps to reduce ON's to 44-3.

The visitors ended up 238 all out.

Reduced to 102-5, skipper Dion Ebrahim was joined by Simon Myatt, with the Stony reply faltering. However Myatt produced an excellent counter attacking innings with a run a ball fifty to give Stony a slim chance of pressing for victory in the closing overs. However, when Myatt fell for 63 and Ebrahim for 56, Stony played for the draw. The innings ended on 201-9 with Stuart Brandom seeing out a tense final over.

On Friday Stony play a Twenty/20 match at Great Brickhill. The fun starts at 6pm.

SPORTSSHORTS

Ice hockey players sought

A RECREATIONAL ice hockey team are searching for players.

MK Hurricanes are looking for experienced players of varying ages and abilities in order to keep their Summer Cup competition hopes alive.

They are a competitive, full contact team who urgently require ex-professionals and ex-junior club members aged 18 and above.

If you are interested give team manager a call on 07742254834.

Firts signing for Lions

MILTON Keynes Lions have announced their first signing of the season, 6ft 4ins American guard/forward, Carl McNally

The 22-year-old joins the Lions from Florida Tech in the United States where he has been playing for former BBL Champion coach, Billy Mims and led his team to a 20-8 record this season as captain.

No top gear for rally pair

MILTON Keynes driver SD Roy finished an eventful Rally Isle of Man at the weekend to claim more points in the British Rally Championship (BRC).

Roy and co-driver Brad Magnus came home 31st overall and fifth in class R2 in their 1800cc MG ZR car, run by M3 Motorsport, in round three.

The drama started on Friday when in service they chose to run on a slick tyre as the conditions were drier only to find that when they reached the other side of the island it was raining.

But after changing back to a wet tyre in the afternoon they had a trouble-free finish to the second leg of the rally.

More bad luck struck on the second stage on the final day when halfway through the test the gearbox broke and Roy could only use third gear.

MKSPORT

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Pickering picked for Olympics
PAGE 67

Wednesday's class shows

MK DONS 1
SHEFFIELD WEDNESDAY 4

BY ROB GIBSON
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ROBERTO Di Matteo has plenty of work ahead of him after MK Dons threw away the lead against Sheffield Wednesday last night.

It took only four minutes for the Dons to go front and the new manager must have been impressed by the finish of his new signing Florian Sturm.

But the Dons went on to gift Wednesday four goals in their second pre-season friendly against Championship opposition.

The Austrian Sturm signed before kick off and was quick to begin repaying the Dons, slipping into the box and collecting a perfect through ball from Aaron Wilbraham before slotting his shot in at the near post.

But the lead only lasted seven minutes, when a mix up between Nathan Abbey and his wall allowed Ettiene Esajas to curl a speculative free kick in at the far post.

Such generous defending at a set piece will lead to an inquisition at the next training session but Di Matteo will be more concerned about what followed.

While bouts of head tennis around the centre circle threatened to dominate the game, Sheffield Wednesday continued to test the Dons with a string of long balls into the channels.

Jude Stirling was put on the spot on a number of occasions by the lively Akpo Sodje.

On 29 minutes Dean Lewington found space on the edge of the box and cracked a fierce left-footed drive onto the angle of the upright, bringing the Cowshed to their feet.

But seconds later, as the half hour approached, Sodje spun Stirling in the box and squared across the edge of the six yard box.

Abbey and Sean O'Hanlon failed to intercept and Deon Burton was left alone at the far post to tuck the ball home.

Worse was to follow as the Jamaican was again handed an open net just moments after the restart.

The Dons back four were caught flat and while Sodje was fractionally offside, the linesman's flag stayed down and he was able to square unselfishly into the path of Burton for his second.

Those lapses overshadowed some bright moments for the Dons, not least some fine interplay down the left wing.

Young Sam Baldock and Wilbraham also linked up well in and around the box but the Dons surely welcomed the half time whistle when it came.

Di Matteo made three changes bringing on Kurt Fox, Adam Chicksen and Samy Sari but it had little effect.

On 53 minutes Jermaine Johnson shrugged off several challenges in the box and curled his shot over the outstretched arm of Abbey.

The remainder of the game saw both sides use their full complement of substitutes but the home crowd grew frustrated as the Dons' midfield and forward line repeatedly conceded possession. Towards the end the play became stretched but the Dons could not find a shot on target, whereas Abbey was forced to make a series of good saves.

Di Matteo will have plenty of time to address any concerns before the start of the season but it will not be an easy week for the players at training and Sturm is unlikely to be the last signing following this display.

MK DONS:Nathan Abbey, Jude Stirling, Carl Regan, Dean Lewington, Sean O'Hanlon (captain), Alan Navarro, Peter Leven, Florian Sturm, Jemal Johnson, Sam Baldock, Aaron Wilbraham. Subs: Luke Howell, Kurt Fox, David King, Adam Chicksen, Craig Dobson, Samy Sari, Mark Wright.

SHEFF WED: Lee Grant, Richard Hinds, Tommy Spurr, Richard Wood (captain), Mark Beevers, Steve Watson, Sean McAllister, James O'Connor, Akpo Sodje, Deon Burton, Ettiene Esajas. Subs: Peter Gilbert, Richard O'Donnell, Marcus Tudgay, Liam McMenamin, Luke Boden, Jermaine Johnson, Rocky Lakaj, Leon Clarke.

Attendance: 3,510

New signing Florian Sturm fires in the Dons early goal against Sheffield Wednesday last night

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